



# BUSHWACK BULLETIN

The BUSHWACK BULLETIN is published quarterly in the months of February, May, August and November by the Susquehanna Appalachian Trail Club, Inc. (SATC) P.O. Box 61001, Harrisburg, PA 17106-1001.

**A HIKING PUBLICATION FOR THE HARRISBURG AREA**

VOLUME 52 – No 3    Web Site: [www.satc-hike.org](http://www.satc-hike.org)    SEPTEMBER 2006 – NOVEMBER 2006

**OUR OBJECTIVES: GROUP HIKING + TRAIL MAINTENANCE + OUTDOOR RECREATION**

## Hiking and Activities Schedule

MEETING PLACE: SOLDIERS AND SAILORS GROVE (NEXT TO STATE LIBRARY) UNLESS OTHERWISE NOTED  
PLEASE CALL THE HIKE LEADER IF YOU DESIRE TO MEET AT AN ALTERNATE SITE  
SEE PAGE 6 FOR GENERAL HIKE INFORMATION AND CODE EXPLANATIONS  
PLEASE CHECK OUR WEBSITE FOR UPDATES (CHANGES, ADDITIONS, DELETIONS) TO THIS SCHEDULE

<u>Dates &amp; Times</u>	<u>Codes</u>	<u>Hikes and Activities</u>
<b>August 31 thru September 4 &amp; September 7 thru September 11</b> Thursday through Monday		<b><u>Mid-Atlantic Crew Scheduled to Work on SATC Trail Section</u></b> Come out and help this group work on our section of the AT. See article on pages 17 and 18 for information on the schedule, meeting places and other information. Please check our web site or contact our Trailmaster at <a href="mailto:athikerjb@aol.com">athikerjb@aol.com</a> , 657-8281 for more current information.
<b>September 7</b> Thursday 6:00 PM	<b>3-C-5</b> 0 hwy miles	<b><u>Full Moon Hike — Clarks Ferry</u></b> Loop hike north on AT to Blue Trail and circle back on AT south. Rocky, hilly. Finish under the light of the full moon (ok to bring flashlight). Bring water and snacks. <b>MEET ONLY</b> at Clarks Ferry Bridge parking area. Leader: Karen Balaban, <a href="mailto:KMBalaban@BalabanLLC.com">KMBalaban@BalabanLLC.com</a> , 232-3708
<b>September 8</b> Friday 10:00 AM	<b>2-B-3</b> 0 hwy miles	<b><u>Wildwood Lake Loop</u></b> <b>MEET ONLY</b> at Wildwood Lake Nature Center parking lot. Bring water and snacks. Optional lunch and stop at outdoor farmers' market. Leader: Janet Eshleman, 774-1318
<b>September 10</b> Sunday 2:00 PM	<b>3-C-3</b> 0 hwy miles	<b><u>Memorial Lake State Park Pre-picnic Hike</u></b> Sneakers hike along the shore of Memorial Lake, then stay for the picnic to honor our work crew. Leader: Karen Balaban, <a href="mailto:KMBalaban@BalabanLLC.com">KMBalaban@BalabanLLC.com</a> , 232-3708
<b>September 10</b> Sunday 4:00 PM		<b><u>Mid-Atlantic Trail Crew Potluck Thank You Picnic</u></b> Memorial Lake State Park Upper Road Picnic Pavilion. See Club Notices on page 15 for details and directions. Please contact Karen Balaban 232-3708 (daytime), <a href="mailto:kmbalaban@balabanllc.com">kmbalaban@balabanllc.com</a> or Shirley McLaren, 526-4777 if you plan to attend.

**NEXT BUSHWACK BULLETIN DEADLINE FOR CONTRIBUTIONS: November 1, 2006**  
Post to Editor - Bushwack Bulletin, S.A.T.C., 5226 Oxford Drive, Mechanicsburg, PA 17055  
Email: [pzinn@comcast.net](mailto:pzinn@comcast.net)    phone: 697-0648

<b><u>September 16</u></b> Saturday 8:00 AM	<b>2-C-11.5</b> 90 hwy miles	<b><u>AT Hike Across PA #13 - PA 443 to PA 645</u></b> Some climbs. All day hike. Bring boots, plenty of water, lunch/snacks. Leaders: Susanne Donmoyer, 545-5308, Cindy Noble
<b><u>September 16</u></b> Saturday 10:00 AM	<b>2-C-6</b> 25 hwy miles	<b><u>15<sup>th</sup> Annual Pete Wilshusen Memorial Hike</u></b> Pete was a geologist, hiker, trail maintainer and author of "Geology of the Appalachian Trail in Pennsylvania." Walk some of the terrain he described, Peter's Mountain from the Rt. 225 trailhead to the Peter's Mountain Shelter, pause for snacks and a brief geology discussion then return to Rt. 225. Bring water, snacks and good footwear. Optional lunch stop. <b>MEET ONLY</b> at Fort Hunter (parking lot on the East side). Leaders: Dick Martin and Thyra Sperry, <a href="mailto:HikeMartin@aol.com">HikeMartin@aol.com</a> ; 258-5261
<b><u>September 17</u></b> Sunday 9:00 AM	<b>1-B-7</b> 45 hwy miles	<b><u>Cold Spring to Lower Yellow Spring Loop Hike</u></b> A slow-paced 7-mile historical hike on relatively flat ground to explore Cold Spring, Lower Yellow Spring and Kitzmiller's Dam area. Bring boots, water, lunch and bug spray. Stream crossings possible along with bushwhacking. <b>MEET ONLY</b> at Hershey Outlets in front of Liz Claiborne Store. Leaders: Brandy Watts, <a href="mailto:Stoney_Valley_History@verizon.net">Stoney_Valley_History@verizon.net</a> , Annette Watts, (717) 838-8392
<b><u>September 21</u></b> Thursday 10:00 AM	<b>2-C-4</b> 10 – 20 hwy miles	<b><u>Perry County Ramble</u></b> Bring hiking boots, water and snacks. Optional lunch stop after hike. <b>MEET ONLY</b> at Duncannon Sled Works on Market Street near the tower. Leader: Barbara Van Horn, <a href="mailto:bvhbarb@pa.net">bvhbarb@pa.net</a> ; 834-6458
<b><u>September 22</u></b> Friday 10:00 AM	<b>2-B-3</b> 0 hwy miles	<b><u>Wildwood Lake Loop</u></b> <b>MEET ONLY</b> at Wildwood Lake Nature Center parking lot. Bring water and snacks. Optional lunch and stoop at outdoor farmers' market. Leader: Janet Eshleman, 774-1318
<b><u>September 23</u></b> Saturday 9:00 AM	<b>7 miles</b> 70 hwy miles	<b><u>Susquehanna River Canoe/Kayak Trip</u></b> Canoe/Kayak in Susquehanna from Safe Harbor Dam. Call leader by Friday, September 22 for more information. Bring lunch/snacks and water. Must provide own canoe/kayak and transportation. <b>MEET ONLY</b> at Sovereign Bank in front of Boscov's at the Camp Hill Mall, Route I5. Leader: Sharon Shellenberger, 249-6575
<b><u>September 23</u></b> Saturday 7:30 PM		<b><u>Walkin' Jim Stoltz's Forever Wild Multimedia Show</u></b> Jim's show combines his live music and poetry with beautiful slides taken on his long wilderness treks. See page 9 for more information. <b>LOCATION:</b> Mechanicsburg Middle School Auditorium next to Upper Allen Elementary School on Rt. 114. Contact: Lorrie Preston, 732-5615, <a href="mailto:GardensNaturally@aol.com">GardensNaturally@aol.com</a>
<b><u>September 24</u></b> Sunday 9:00 AM	<b>1-B-3</b> 14 hwy miles	<b><u>Llama Hike at Governor Stable Park</u></b> Hike with my two llamas "Lewis and Clark". Must register for hike. There will be a \$3.00 cost for picnic lunch, which llamas will pack in. <b>MEET ONLY</b> at Olmsted Plaza, Middletown, Route 230 at the M & T Bank. Leader: John Zerphey, 939-9082
<b><u>September 24</u></b> Sunday 1:30 PM	<b>2-C-8</b> 40 hwy miles	<b><u>Honey Grove Mystery Hike Part 1</u></b> <b>Leashed dogs permitted.</b> Hike in and out on a log road south of Route 850. Bring water, snacks and hiking boots. Easy pace. <b>MEET ONLY</b> at Bank of Landisburg in Landisburg. Leader: Larry Walters, 226-7045

<b><u>September 27</u></b> Wednesday 8:00 AM	<b>2-B-5</b> 160 hwy miles	<b><u>Penn's Cave/Poe Paddy State Park All Day Outing</u></b> We will visit Penn's Cave by boat (\$12), then eat at Poe Paddy State Park. Then we will hike 5 miles on the Mid-State Trail to the Paddy Mountain abandoned railroad tunnel. If time permits, we will explore the Alan Seeger Natural Area. Optional dinner stop on return. <b>MEET ONLY</b> at Dauphin Park and Ride, Route 225 exit off Route 322 above Dauphin. Leaders: Louise Sis, 774-0196, Michele Wright, (814) 883-5521
<b><u>September 30</u></b> Saturday 8:00 AM	<b>2-C-11.2</b> 80 hwy miles	<b><u>AT Hike Across PA #14: PA 645 to PA 183</u></b> Some climbs. All day hike. Bring boots, plenty of water, lunch/snacks. <b>MEET ONLY</b> at the Holiday Inn near Grantville off I-81. Please wear fluorescent orange vest or hat due to hunting season. Leader: John O'Day, <a href="mailto:john.oday@eds.com">john.oday@eds.com</a> , (717) 272-5161
<b><u>October 1</u></b> Sunday 9:00 AM	<b>13.5 miles</b> 20 hwy miles	<b><u>Conodoguinet Creek Canoe/Kayak Trip</u></b> Canoe/kayak from Carlisle (Long's Gap Road Water Plant) to Willow Mill Park. No Portaging. No dams. <b>MEET ONLY</b> at Marshalls Department Store (across from Wal-Mart) at Rt. 114 & Rt. 11, Carlisle Pike. Leaders: Sharon Shellenberger, 249-6575, John & Pat Zinn, 697-0648
<b><u>October 2</u></b> Monday 9:00 AM	<b>2-B-4</b> 54 hwy miles	<b><u>Conewago Trail Hike</u></b> We will do an "out and back" on this shady rail-trail, along the Conewago Creek on the old Cornwall/Lebanon rail line. Bring plenty of water, snacks and boots, sturdy sneakers ok. Optional lunch afterwards at T.J. Rockwells. Rain date: Wednesday, October 4. <b>MEET ONLY</b> at Sovereign Bank in front of Boscov's, Camp Hill Mall. Leader: Lorrie Preston, <a href="mailto:mitandpak@aol.com">mitandpak@aol.com</a> ; 732-5615
<b><u>October 2</u></b> Monday 6:30 PM	<b>Board Meeting</b>	<b><u>SATC Fall Board of Directors Meeting</u></b> Members are welcome. <b>LOCATION:</b> Giant Community Center, 3301 Trindle Road, Camp Hill, 2 <sup>nd</sup> Floor. See Club Notices on page 15 for directions and additional details. Contact: Barb Harvey, 766-7868
<b><u>October 6, 7, 8</u></b> Weekend	<b>KTA Fall Meeting</b>	<b><u>Keystone Trails Association (KTA) Fall Meeting and Hiking Weekend</u></b> Stay in Camp Swatara, Bethel, PA and share meals, a variety of hikes and a Saturday evening program with hikers from all over Pennsylvania. See Club Notices on page 15.
<b><u>October 7</u></b> Saturday 10:00 AM	<b>2-C-4</b> 8 hwy miles	<b><u>Darlington Trail Ramble</u></b> Hike in and out from Miller's Gap Road on the Darlington Trail. Bring lunch, water and good hiking boots. <b>MEET ONLY</b> at Route 114 parking lot near Route 944 Take Rt. 114, Mechanicsburg exit off I-81. Leader: Janet Eshleman, 774-1318
<b><u>October 7</u></b> Saturday 7:30 AM	<b>3-C-8-10</b> 160 hwy miles	<b><u>Jim Thorpe (Glen Onoko Falls, Mt. Pisgah)</u></b> Two short hikes with excellent vistas of the Lehigh Valley Gorge. Spend a leisurely day and enjoy the early fall foliage. Bring water and lunch. Leader: Karen Balaban, <a href="mailto:KMBalaban@BalabanLLC.com">KMBalaban@BalabanLLC.com</a> , 232-3708
<b><u>October 8</u></b> Sunday 1:30 PM	<b>2-C-6</b> 30 hwy miles	<b><u>Laurel Run to Phoenix Bridge</u></b> <b>Leashed dogs permitted.</b> May have stream crossings. Easy terrain. Bring water, snacks and hiking boots. <b>MEET ONLY</b> at Bank of Landisburg in Landisburg. Leader: Larry Walters, 226-7045
<b><u>October 9</u></b> Monday 10:00 AM	<b>2-C-5</b> 70 hwy miles	<b><u>Pole Steeple Rock Columbus Day Hike</u></b> <b>Leashed Dogs permitted.</b> In-and-out hike. Bring boots, water, lunch/snacks. Meet at Sovereign Bank in front of the Camp Hill Boscov's on Route 15. Alternate Meeting Place: Pine Grove Furnace parking area near furnace. Leaders: John & Pat Zinn, 697-0648, <a href="mailto:pzinn@comcast.net">pzinn@comcast.net</a>

<b><u>October 10</u></b> Tuesday 6:30 PM	<b>Fall Meeting for Members and Guests</b>	<b><u>Fall Meeting for Members and Guests</u></b> Following refreshments and a short review of Club activities, we will schedule hikes and activities for December, January and February. <b>LOCATION:</b> Giant Community Center, 3301 Trindle Road, Camp Hill, 2 <sup>nd</sup> Floor. See Club Notices on page 15 for directions and additional details. Contact: Barb Harvey, 766-7868
<b><u>October 14</u></b> Saturday 9:00 AM	<b>2-C-10</b> 110 hwy miles	<b><u>AT Hike Across PA #15: PA 183 to Forge Dam Road</u></b> Part of the SATC series to complete the AT in PA; an all-day hike with moderate climbs/descents. Bring lunch and water; at least 2 quarts per person recommended. Please wear fluorescent orange vest or hat due to hunting season. Leaders: Frank Bohn, 234-5169, Gail Randall, 896-8518
<b><u>October 15</u></b> Sunday 1:30 PM	<b>2-C-4-5</b> 15 hwy miles	<b><u>Boyd Ramble</u></b> Hike in the Boyd Big Tree area on woods roads. Bring snacks and water. Leader: Susanne Donmoyer, 545-5308
<b><u>October 19</u></b> Thursday 10:00 AM	<b>2-C-4</b> 10 – 20 hwy miles	<b><u>Perry County Ramble</u></b> Bring hiking boots, water and snacks. Optional lunch stop after hike. <b>MEET ONLY</b> at Duncannon Sled Works on Market Street near the tower. Leader: Barbara Van Horn, <a href="mailto:bvhbarb@pa.net">bvhbarb@pa.net</a> ; 834-6458
<b><u>October 20</u></b> Friday 10:00 AM	<b>2-B-3</b> 0 hwy miles	<b><u>Wildwood Lake Loop</u></b> <b>MEET ONLY</b> at Wildwood Lake Nature Center parking lot. Bring water and snacks. Optional lunch and outdoor farmer's market. Leader: Janet Eshleman, 774-1318
<b><u>October 22</u></b> Sunday 12:00 PM	<b>2-C-3.5</b> 130 hwy miles	<b><u>Snyder-Middlesworth Natural Area (Snyder County)</u></b> A National Natural Landmark of old-growth hemlocks, white pine, pitch pine and hardwoods. Follow the trail along Swift Run through a steep hollow. Bring water, lunch/snacks. Leader: Karen Balaban, <a href="mailto:KMBalaban@BalabanLLC.com">KMBalaban@BalabanLLC.com</a> , 232-3708
<b><u>October 28</u></b> Saturday 8:00 AM	<b>2-C-8.0</b> 120 hwy miles	<b><u>AT Hike Across PA #16: Forge Dam Road to Port Clinton</u></b> All day hike with climbs and descents. Bring boots, lunch and at least 2-quarts of water. Please wear fluorescent orange vest or hat due to hunting season. Leaders: Bob Doren 763-0667, Gail Randall, 896-8518
<b><u>October 28</u></b> Saturday 1:30 PM	<b>1-A-2.5</b> 0 hwy miles	<b><u>Rockin' Tots Appalachian Trail Treasure Hunt</u></b> Play the Treasure Hunt Game (leave no trace) along the Appalachian Trail at a tot's pace. Please, each tot must be supervised by a responsible adult. Others willing to travel with little children welcome. Bring water and motivational snacks. <b>MEET ONLY</b> at Scott Farm Trail Work Center, Bernheisel Bridge Road at north end of Conodoguinet Creek bridge, Carlisle area (Middlesex Twp.). Leaders: Laurel Fleszar, <a href="mailto:laurel@fleszar.org">laurel@fleszar.org</a> , 583-2093; Kelly and Hannah Barker, 249-6727
<b><u>October 29</u></b> Sunday 1:30 PM	<b>2-C-8</b> 40 hwy miles	<b><u>Honey Grove Mystery Hike Part 2</u></b> <b>Leashed dogs permitted.</b> Hike south of Route 850 on log road in and out. Bring flashlights, water, snacks & boots. <b>MEET ONLY</b> at Bank of Landisburg parking lot. Leader: Larry Walters, 226-7045
<b><u>October 31</u></b> Tuesday 6:00 PM	<b>1-B-7</b> 0 hwy miles	<b><u>Stony Valley Spook Hike</u></b> This year NEW GHOST STORIES!!! A slow-paced 7-mile spook hike to the Rausch Gap Cemetery in the dark, via rail-trail, to hear the tales of haunts along the abandoned Schuylkill & Susquehanna Railroad and surrounds. Remember to bring your flashlights!!! <b>MEET ONLY</b> at the Western rail-trail parking lot on Goldmine Road. Leaders: Brandy Watts, <a href="mailto:Stoney_Valley_History@verizon.net">Stoney_Valley_History@verizon.net</a> , Annette Watts, (717) 838-8392

<b><u>November 5</u></b> Sunday 9:00 AM	<b>1-C-8</b> 0 hwy miles	<b><u>Rausch Gap Rail Ramble</u></b> An 8-mile historical loop hike on relatively flat ground. Hike the rail-trail to Rausch Gap then back to Gold Mine on the Upper rail-trail. In Rausch Gap, the hike will slow to explore the history of the former town. On the way back, a side trip is offered to see the former town of Gold Mine. Expect bushwhacking along with possible stream crossings. <b>MEET ONLY</b> at the rail-trail parking lot on Goldmine Road. Leaders: Brandy Watts, <a href="mailto:Stoney_Valley_History@verizon.net">Stoney_Valley_History@verizon.net</a> , Annette Watts, (717) 838-8392
<b><u>November 8</u></b> Wednesday 10:00 AM	<b>2-B-3</b> 0 hwy miles	<b><u>Wildwood Lake Loop</u></b> <b>MEET ONLY</b> at Wildwood Lake Nature Center. Bring water and snacks. Optional lunch following hike. Leader: Janet Eshleman, 774-1318
<b><u>November 10</u></b> Friday 9:00 AM	<b>2-C-6</b> 130 hwy miles	<b><u>Reading Pagoda Hike</u></b> Hike to the Pagoda (800-foot climb) to view city and visit Pagoda. Bring boots, water, and lunch/snacks. <b>MEET ONLY</b> at Bass Pro, Harrisburg Mall north side. Leaders: John & Pat Zinn, 697-0648, <a href="mailto:pzinn@comcast.net">pzinn@comcast.net</a>
<b><u>November 11</u></b> Saturday 8:00 AM	<b>2-C-6.8</b> 120 hwy miles	<b><u>AT Hike Across PA #17: Port Clinton to Hamburg Reservoir</u></b> Last of this series for 2006. Some climbs/descents. Bring water and lunch. Wear fluorescent vest or hat due to hunting season. Optional stop at Cabela's after hike. Leader: Pete Fleszar, <a href="mailto:peter@fleszar.org">peter@fleszar.org</a> , 583-2093
<b><u>November 12</u></b> Sunday 1:30 PM	<b>2-B-5</b> 100 hwy miles	<b><u>Big Spring State Park Hike</u></b> <b>Leashed dogs permitted.</b> Hike to the unfinished railroad tunnel and then to the hemlocks natural area. <b>MEET ONLY</b> at Bank of Landisburg parking lot. Leader: Larry Walters, 226-7045
<b><u>November 19</u></b> Sunday 1:00 PM	<b>2-C-5-6</b> 20 hwy miles	<b><u>Rt. 850 Loop Hike</u></b> Hike AT from Rt. 850 to the Darlington Trail, Miller's Gap Road and back to AT. Bring water and snacks. Leader: Susanne Donmoyer, 545-5308
<b><u>November 24</u></b> Friday 7:45 AM	<b>3-C-11</b> 210 hwy miles	<b><u>Green Ridge State Forest, MD</u></b> Green Ridge Trail to the Red Trail. Visit historic sites after the hike; walk through a railroad tunnel, children's cemetery, fantastic vista of the C & R/Potomac with dinner at Bill's Place. Bring water, lunch/snacks and camera. Must call leader for meeting place by Tuesday, Nov. 21, 5 pm. Leader: Karen Balaban, <a href="mailto:KMBalaban@BalabanLLC.com">KMBalaban@BalabanLLC.com</a> , 232-3708
<b><u>November 26</u></b> Sunday 1:30 PM	<b>2-B-4</b> 0 hwy miles	<b><u>Bullfrog Valley Loop</u></b> Hike through Shank Park, sneakers okay. Bring water and snacks. <b>MEET ONLY</b> at Bullfrog Valley parking lot, on Bullfrog Valley Road, off of Rt. 322 East. Leader: Susanne Donmoyer, 545-5308
<b><u>November 29</u></b> Wednesday 11:30 AM	<b>1-A-4</b> 180 hwy miles	<b><u>Christmas at Longwood Gardens</u></b> Full day event. Return about 9:30 PM. Arrive at Gardens about 2:00 PM and hike around the beautiful garden trails, followed by a 4:00 PM dinner at the cafeteria. Next, we will tour the Conservatory, where it is always spring. After dark, we will enjoy fountain displays and 420,000 lights before heading home. Eat a solid lunch before meeting in the AM and bring snacks and camera. Water fountains available. Wear comfortable walking shoes/sneakers. Dress for cold weather, if necessary. Admission is \$15 each. If over 15 people, group rate is \$10 each. Bring money for car mileage, admission, dinner and gifts. Call or e-mail hike leader by 11/28. INCLEMENT WEATHER DAY: Monday, December 4. Meet at Boscov's, Camp Hill Mall near Sovereign Bank or 12:00 PM at Wolf Furniture on Lindle Road (Swatara Exit off I-283) Leader: Lorrie Preston, <a href="mailto:mitandpak@aol.com">mitandpak@aol.com</a> , 732-5615
<b><u>December 2</u></b> Saturday 7:00 PM		<b><u>Annual SATC Holiday Party</u></b> Hike from your table to the potluck buffet line. See Club Notices on page 16 for more information.

## **Hike/Work Trip Leaders – Everyone has printed and signed their names on the Signup Sheet. Now where do I send it?**

**Answer: John Zerphey**

**Membership Chair**

**174 Walnut St.**

**Highspire, PA 17034-1125**



## **GENERAL HIKE INFORMATION**

**Note:** At the April 3, 2006 Board Meeting, the Board approved the bold-printed information item 2 below.

- 1. MEETING LOCATION** Unless otherwise noted in the hike schedule, all hikers meet at **Soldiers and Sailors Grove** (entrance to the State Library, access from 7<sup>th</sup> Street) behind the State Capitol Building. Should this area be closed, the alternate meeting site is the parking island in front of the East Gate Office Center on 7<sup>th</sup> Street, near Herr Street. Five additional minutes will be allowed for arrival at the alternate site.
- 2. TRANSPORTATION** The hike leader may determine the amount required to reimburse drivers for rides between the meeting places and trail head. If you ride with someone, please reimburse the driver the amount specified. If the hike leader does not determine this amount, please give the driver **10 cents** times the highway mileage shown in the hike schedule.
- 3. REGISTRATION** All hikers are asked to register with the hike leader at the meeting place or at the trailhead before starting any scheduled hike. Some hikes require advance registration with the hike leader. Please check the schedule for this requirement.
- 4. DOGS PERMITTED ONLY IF NOTED IN THE HIKING AND ACTIVITIES SCHEDULE**
- 5. PACK IN, PACK OUT (LEAVE NOTHING BEHIND)**
- 6. SMOKING GUIDELINES** SATC prefers that hikers refrain from the use of tobacco products during Club activities. Smokers are individually responsible for damage to the forests.

## **CODES FOR THE HIKEs**

**The first number shows the hikers' expected PACE**

- 1 - Leisurely: nature or historical walk; frequent stops for observation
- 2 - Moderate: steady, 1 to 2 miles per hour (mph)
- 3 - Brisk: steady, 2 to 3 mph
- 4 - Fast: 3 to 4 mph; very short breaks; an anaerobic workout

**The letter (second code) explains the general TERRAIN**

- A - Solid pavement/sidewalk
- B - Soft ground/sand/carriage trails; nearly level; few rocks or obstructions (roots)
- C - Some rocks/roots/obstructions; climbs and descents totaling up to 1000 feet possible
- D - Steep hills, rocks/roots/obstructions likely; frequent climbs and descents with a total of more than 1000 feet
- E - Extremely difficult; some or all of these features possible or likely: rough footing (rocks, roots); unbridged stream crossings; non-technical rock climbing/scrambling; boulder fields; bushwhacking; individual climbs and descents over 1000 vertical feet.

**The second number (third code) shows the HIKING MILES.**

**Highway (hwy) miles are the number of roundtrip driving miles from the meeting place to and from the hiking area including spotting cars.**



**Hike the entire length of the Appalachian Trail in Pennsylvania. We completed the first eleven sections for a total of 100.6 miles. Everyone is welcome to join Hike Leaders Susanne Donmoyer and Cindy Noble on Saturday, September 16 as this series continues.  
Happy AT hiking.**

### **AT Hiking Schedule through November:**

September 16	PA 443 to PA 645 – 11.5 miles
September 30	PA 645 to PA 183 – 11.2 miles
October 14	PA 183 to Forge Dam Road – 10.0 miles
October 28	Forge Dam Road to Port Clinton – 8.0 miles
November 11	Port Clinton to Hamburg Reservoir– 6.8 miles

**See Hiking and Activities Schedule for starting times, meeting places, etc.**

**After the November 11<sup>th</sup> hike, the AT Hikes Across Pennsylvania series will be suspended until March 2007.**

### **Hike Make-Up List for AT Section Hikers and Others**

A list of names has been organized for those involved in hiking the AT series across Pennsylvania with the SATC. The list is for the purpose of finding a hiking partner or group of hikers that can join you in making up a specific section of the AT at your convenience. It is NOT being sponsored or organized by the SATC and is for networking only, within our group of hikers.

Other hikers, that are not involved in the AT section hikes, have also asked to be on a list in order to be in contact with other hikers that may be available to join them on the trail for personal hikes that are not arranged by the SATC.

When you are arranging to make up an AT section or set up a hike of your own, you can either send out a blanket e-mail to everyone on the list and see who responds, or you can contact just specific people on the list. Arrangements and responsibilities from that point are up to the individual hikers.

If you would like to receive e-mails from hikers looking for hiking buddies or if you need to make up some hikes and are looking for partners to join you, please send your name, e-mail address, phone number and the AT section numbers of the hikes you have missed to:

Lorrie Preston, [mitandpak@aol.com](mailto:mitandpak@aol.com)

### **Barb Van Horn says** **“Will you walk with me?”**

Barb invites you to be part of her 75-mile walk through Perry County to celebrate her 75<sup>th</sup> birthday and to raise funds for Habitat for Humanity. Please consider joining her for parts of her walk that began in June and will continue “as long as it takes”. If you wish to join her on any of these hikes, please give her a call at 1-717-834-6458.

# **FROM THE PRESIDENT**

**Dear SATC Members,**

*As persons who enjoy nature and wish to preserve our forest and historical sites, we need to take some action. Marijuana is being grown in our national forest in California. Graffiti is destroying pictographs. Archeology sites are being vandalized. Why is this happening? The funding for law enforcement officers have been cut to the point that the nation forests, monuments and parks can no longer be protected. Write to your senators and representatives to eliminate the pork (such as the bridge to nowhere in Alaska) and restore funding to preserve our national heritages. We should give something to the next generation other than a huge national debt.*

*In view of the recent news, it has become more imperative than ever to conserve energy. Walk if the destination is within a couple of miles. Ride your bicycle and ride the bus whenever possible. Dry your clothes on a line outside. Keep the thermostat for the AC at 78 degrees or higher and the thermostat for the heater at 68 degrees or lower. Make your next vehicle one that gets at least 30 miles to the gallon in the city and 40 on the highways. Conserving energy is something we in America need to do. Our club should be a leader in this!*

**Happy Trails,  
Barb Harvey**

## **NEW MEMBERS** Compiled by Ilse Heine of the SATC

***Please join us in welcoming these 27 new members:***

Vittal Balasubramanian	Middletown	Jacqueline Lord	Harrisburg
J. Michael Barlup	Mechanicsburg	Joe Manning	Carlisle
Carol Brandt	Carlisle	Rick Martin	Mechanicsburg
Susan Brittain	Carlisle	Kim McDonald	Newville
Ed Boito	Harrisburg	Cindy Noble	Lewisberry
Bonnie Connell	Middletown	Amy Nielsen	Camp Hill
Bonita Denner	Pasadena	Dinesh Rathore	Bryn Mawr
Greg Howe	Gettysburg	Marcel Roach	Harrisburg
Jeff & Linda Johns	Hummelstown	Erica Shellenberger	Mifflintown
Susan Johnson	Lake Harmony	Richard Skeirik	Kennett Square
Melanie Jones	Carlisle	Harriet Steele	Camp Hill
Paula Kostick	Mechanicsburg	Gary & Karen Ulrich	Mechanicsburg
		Darlene Wong	

## **Where to send address, name, phone number and email changes**

The Club maintains a directory that includes your name, address, phone number(s), and email address. If the information changed or is not correct please email the correct information to Ilse Heine at [Ilse@paonline.com](mailto:Ilse@paonline.com) or phone her at 838-4550. You are not required to have any or all of this information posted in the Directory, but please be sure what is in there is correct. Also, our Club Secretary, Dick Martin, needs your correct email address in order to email information about Club activities that are not included in the Bushwack and to email an electronic version of the Bushwack Bulletin. Please email updates to your email address to [hikemartin@aol.com](mailto:hikemartin@aol.com) or call him at 258-5261.



## **TAKE A VIRTUAL HIKE WITH WALKIN' JIM STOLTZ**

So you say you haven't gotten around to hiking the Pacific Crest Trail yet? Not the Continental Divide either? How about the deep canyons of Utah? You've decided you'll never see those places in your lifetime? Well, fear not, because Walkin' Jim Stoltz of Big Sky, Montana has hiked all those places and many more, with over 26,000 miles of wilderness hiking to his credit, and he's coming to town to share these special places with us.

At Jim's ***Forever Wild - 2006 MULTIMEDIA CONCERT***, he'll be singing and telling stories of his experiences hiking in America's wilderness. He'll share many of his highlights on the trail with stunning dual photographic images projected on the big screen - all timed to fade in and out with his music. You are guaranteed to feel like you've been to these places yourself when the evening is over. And all from comfortable stadium seating! And the price is right...it's free admission! This concert is one of 100 free concerts Walkin' Jim is performing across our 50 states this year in celebration of 20 years of performing ***Forever Wild*** concerts across America. He will also be encouraging all of us to be involved in speaking up for the wild places and the environment. Come be a part of this one-of-a-kind national tour, and visit over 25 displays in the lobby belonging to local environmental and outdoor recreation-focused groups, including the SATC. Jim's CDs and books will be for sale.



**Saturday, September 23, 2006 7:30 PM**  
**Free Admission / Doors and Displays Open at 6:30**  
**First-come, First Seated**

**Mechanicsburg Middle School**  
**1750 S. Market St (Rte 114) Mechanicsburg**

**More Info: [www.foreverwild.info](http://www.foreverwild.info)**  
**Local: 717-732-5615 or [GardensNaturally@aol.com](mailto:GardensNaturally@aol.com)**

Hosted by Appalachian Audubon Society and Co-sponsored by Appalachian Trail Conservancy, Bluebird Society of PA, Canoe Club of Greater Harrisburg, Capital Area Greenbelt Assoc., Gov. Pinchot Group of the Sierra Club, Kick 'n Gliders Nordic Ski Club, Manada Conservancy, Nature Conservancy in PA, PA Parks & Forests Foundation, Physicians for Social Responsibility - Harrisburg/Hershey Chapter, Stony Valley Coalition, & Susquehanna River Trail Assoc., Inc

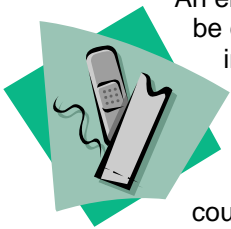
Photo by Lorrie Preston

**Jennifer Shaffer and Mike Barlup pick berries during AT hike on Peter's Mountain**

Photo by Bob Preston

**There is nothing more heavenly than ice cream at 3Bs after a hike.**  
**Clockwise from left: Bill Slabonik, John Zinn, Mike Barlup, Bob Doren, Lorrie Preston and Pat Zinn**

## **Wilderness First Aid Course – November 4<sup>th</sup> and 5<sup>th</sup>, 2006 in Harrisburg**



An eighteen-hour class in Wilderness First Aid, a program of the Wilderness Safety Council, will again be conducted in Harrisburg, PA. The course includes classroom study, hands-on practice, and results in a two-year certification. The cost is \$160. Registration is on a first-come, first-serve basis. For additional information phone (703) 836-8905 or visit <http://wfa.net>. SATC will reimburse  $\frac{3}{4}$ <sup>th</sup> of the course expenses for two “hike leader” members. **Please check with the Board Treasurer, Rick Sis, to check if approved funding is still available for this course.** Please register with the Wilderness Safety Council, take the course, and then submit proof of course completion and course cost to the Board Treasurer. If you have any questions, regarding the reimbursement procedure, please contact Rick at 774-0196.



**To our May, June and July trail work crew volunteers:** Tim Bachmann, Jeff Buehler, Jack Bushey, Lee Casher, Carolyn Jones, Gary LaBelle, Perry Ligon, Nathan Ligon, Jackie Lord, Tom Scully, Lisa Seiders, Bill Slabonik, Daryl Stahl, Jason Tonkovic, Park Trullinger, Jane Webster, Will Webster and Jeff Willard

**To our trail maintainers:** Gary Alleman, Tim Bachmann, Jack Bushey, Susanne Donmoyer, Peter Fleszar, Marty Gromulat, Barb & Sam Harvey, Dave Hrobuchak, Gary LaBelle, John Lenahan, Debbie Mabry, Pat Markovic, Joshua McKinney, Charles Paul, Bill Slabonik, Park Trullinger, Will & Jane Webster, Jeff Willard, John & Pat Zinn, and our Trailmaster, Jeff Buehler.

**To our June, July and August hike leaders:** Frank Bohn, Lee Casher, Krista Cessna, Susanne Donmoyer, Bob Doren, Janet Eshleman, Peter Fleszar, Jim Foster, Carolyn Jones, Lorrie Preston, Lisa Seiders, Louise & Rick Sis, Daryl Stahl, John Stein, Barbara Van Horn, Brandy & Annette Watts and Pat & John Zinn.

**To our June, July, and August AT across Pennsylvania hike leaders:** Frank Bohn, Bob Doren, Jim Foster, Lorrie Preston, Lisa Seiders and Pat & John Zinn.

**To** Krista Cessna and Peter Fleszar for organizing the Finger Lakes Weekend in July.

**To** Lisa Seiders for her hiking and health presentation at our July Members and Guests' Meeting and to Karen Balaban for organizing the Club picnic and for making the barbeque.

**To** Dick Martin, Jim Foster, Don Muth, and Fred Cox for agreeing to be on the newly-created Finance Committee and to Bob Doren for agreeing to chair it.

**To** Bill Slabonik for volunteering to be our Shelter Committee Chairperson.

And **thanks** to all of the officers and board members, members serving on committees and members who have been performing regular duties and special projects.

**A five-foot black snake visits AT hikers on our August 12 hike**

Photo by Lorrie Preston

**Caretaker Needed at Scott Farm**

A Caretaker is needed at the Mid-Atlantic Crew Headquarters otherwise known as Scott Farm on Bernheisel Bridge Road in Middlesex Township. For more information, please contact the Mid-Atlantic Regional Office in Boiling Springs at 258-5771.



**Our Treasury, June 30, 2006  
As Reported by Richard Sis, SATC Treasurer**

Checking Account		\$ 1,489.13
Money Market		1,790.20
Vanguard Fund		11,485.03
Sovereign Certificate #1		2,611.46
Sovereign Certificate #2		<u>3,379.92</u>
TOTAL UNRESTRICTED		\$20,755.74
Land Preservation-Restricted		\$ <u>3,132.31</u>
TOTAL ALL FUNDS		\$23,888.05

Note: In July, 2006, the Board withdrew \$10,000 from the Vanguard Fund and invested the funds in a 5%+ certificate of deposit through Smith Barney.

**Financial Audit for the period April 1, 2004 to March 31, 2005**

**By John Zinn, SATC Auditor**

Written financial or Treasurer's reports were completed during this time period. There were no material differences between the source documentation tested and the amounts reported on the financial reports. Source documentation to support payment of the Club's expenses was readily available and was used only for the conduct of the Club's business. The Land Preservation Account was not utilized during the audit period.

The Board's budget practices differ from the Club's Constitution requirements and do not follow standard budgetary practices. Detail of the Board's practices and the Club's Constitution are outlined in the following article entitled "The 10-Minute Budget". The auditor also noted that the Board is sitting on a relatively large sum of money (over \$20,000) with no plan to use its funds for any purpose. Also, no one has been reviewing the Club's investments resulting in mediocre investment returns for many years. Finally, the auditor complained that the Board did not respond to his audit recommendations in the previous two audits. The Board President subsequently emailed a response to the auditor, however, this was not an official Board approved response.

**General Fund Profit & Loss Statement**  
**April 1, 2005 through March 31, 2006**

Fund Balance, April 1, 2005		\$20,288	
Revenue:			
Operating Revenue			\$6,519
Interest & Dividends	752		
Total Revenue		\$7,271	
Expenses:			
Operating Expenses			<u>\$7,157</u>
Net Operating Income (Loss)			(\$639)
Capital Losses on Investments		<u>(348)</u>	
Fund Balance, March 31, 2006		\$20,054	

**The complete financial audit report is available to Club members.** Contact: [pzinn@comcast.net](mailto:pzinn@comcast.net)

### **The Ten-Minute Budget By John Zinn, SATC Auditor**

At the October 2005 Board Meeting, the Board approved a budget for the upcoming fiscal year within ten minutes of its opening presentation even though they did not see the budget prior to the Meeting. No one outside the Board had any input in the budgetary process. The budgeted period did not begin for almost another six months (April 1, 2006 to March 31, 2007). When asked why the budget was approved in October, far in advance of the budgeted period, the Board members told the auditor that they were fulfilling the requirements of the Club's Constitution and its By-laws. This budgetary process, which circumvents input from the Club's membership, has been utilized for a number of years.

Although the Board believed they were acting in accordance with its rules, an examination of the Club's Constitution and its By-laws did not substantiate this claim. Neither the Constitution nor the By-laws anywhere state that budget needs to be passed in October of each year. Further, our Constitution states in Article V, Meetings of the Corporation's Membership, Section 2:

"A budgetary meeting shall be held in October of each year on a date to be selected by the Board, at which time the dues structure and financial status of the club shall be considered. At least one week notice by mail must be given to the membership."

The Board does not notify its membership or conduct such a meeting.

The Constitution's intent here is simply to begin a budgetary process. Organizations normally begin the budgetary process approximately six months prior to the budgeted period and end it near the start of the budgeted period. Standard business practice dictates the use of a budget process to obtain information before a formal budget document is created. A committee responsible for the budgetary process should contact members who are responsible for trail care, newsletters, hiking and other activities for their input prior to producing a formal budget. All members should have the opportunity to participate in the budgetary process. Hence, the membership budgetary meeting as required by our Constitution.

### **New Finance Committee formed**

As a result of the financial issues brought forth in the recent audits covering the past three years, the Board, on July 11 formed a Finance Committee. The Committee will monitor the Club's investments, collect budget requests from members and compile the information into a draft, respond to audit recommendations, present non-budget expenditure requests to the Board, and perform other financial duties requested by the Board. Board Member Bob Doren is the chair. Other members include the Board Secretary, Dick Martin, and three other Club members: Jim Foster, Fred Cox and Don Muth.

The Committee intends to bring an initial budget to the October Board Meeting, but not act on it until the January meeting or later. This will give Club members some time for input into the process and the process will end closer to the start of the budgeted period.

## **How to become involved in the Club's budgetary process**

Although the Club now has a new vehicle to handle the Club's financial decisions including the budget, the Board still did not schedule a special budgetary meeting for members in October. Hopefully, the Board will schedule a special meeting with proper notification through this publication next year. Members are asked to email or contact the Finance Committee Chair or one of the other Board Members to express their desires.

Our Club should consider the desires of its entire membership. This process may increase the size of budget and require a future dues increase. However, our Club's dues are lower than some other hiking clubs even though we offer more hikes and activities than most other clubs. Our dues structure limited our expenditures to less than \$7,200 last year. Only a little over \$1,000 of that money was donated to the hiking community. We annually give \$400 for the Ridge-runner program, \$500 for the Sierra Club's Inner City Outings program and \$200 to the ATC in honor of SATC members who have passed away. Further, our Club has, for the most part, sat on over \$20,000 in low-return investments for many years with no plan to use it in the hiking community. We could do so much more. Please contact your Finance Committee and express your desires.

## **CLUB SNIPPETS**

### **John Stein wins free boots at Peter Fleszar's KTA trail workweek**

After a week of hard labor under the direction of Peter Fleszar, John Stein's name was picked among about 15 to 20 trail workers as the winner of free boots offered by a local outfitter near Wellsboro. The more volunteer hours each participant had, the more their names were put in a hat for a drawing.

The workweek took place from June 13th through 18<sup>th</sup> and was based out of a campground in Morris, PA twelve miles south of Wellsboro. In addition to John and Peter, The SATC was represented by Jack Bushey, Louise Sis, Pat Zinn, John Zinn, Don Muth and Judy Muth.

So next time you run into John Stein check out his shiny new boots. He certainly deserved them.

### **It's a Girl**

The Barker family announced the birth of Hannah Elizabeth Barker on July 24, 2006. She weighed 10.0 pounds and measured 21.0 inches long at birth. Mom Katie and Baby Hannah are doing fine. The other family members, Sam, Kelly and Christy, are happy to have a new girl in the family. If you haven't seen Hannah, ask the family to email you a picture.

### **The Club tries a canoe trip**

The Club held its first canoe trip in quite some time on Sunday, July 16. Twenty-five water enthusiasts ventured down a swift-flowing (due to earlier flooding) Yellow Breeches Creek with 14 Kayaks and four canoes. Check our Hiking and Activities Schedule for information on our trips scheduled on September 23 down the Susquehanna River and October 1 down the Conodoguinet Creek.

### **AT Hikes: Bob Doren and Lorrie Preston are 11 for 11**

On August 12, Lisa Seiders and Bob Doren led AT Hike #11 from Rt. 225 to Rt. 325 on Peters Mountain. Two hikers, Bob Doren and Lorrie Preston have hiked all eleven for a total of just over 100 miles. Bob and Lorrie have even co-led a hike to keep each other motivated. Lorrie, an active member of the Appalachian Audubon Society, has been photographing nature along the AT and intends to present a program for the Society and the SATC after the conclusion of the AT series. She usually photographs plants, but on August 12, she photographed a beautiful five-foot black snake.

### **Finger Lakes Trip**

A total of ten people went on Peter Fleszar and Krista Cessna's annual hiking weekend which this year was at Montour Falls, New York about three miles from Watkins Glen. Due to heavy rains in the area, the hikers observed gushing water spilling muddy water over the many waterfalls on our Friday afternoon hike. Our Saturday hike was a wonderful 12-mile hike from a fire tower that the hikers climbed at the start then went down Sugar Mountain all the way to the Watkins Glen Gorge. They climbed up, hiked back down, crossed streams and saw waterfalls along the way. They saw no other humans until they arrived at the Gorge. The Sunday hike was a short cool hike along a beautiful stream. The rustic campground sat at the edge of a stream with a fifty foot waterfall about 200-yards away. Yes, it rained.

### **Pennsylvania Hiking Week**

The Club sponsored nine hikes and one work trip during this year's Hiking Week from May 27 to June 4. The Club sponsored an AT Across PA hike, a Gettysburg Battlefield hike, three after-work hikes

(including one for toddlers), a dog hike, a history hike and two other weekend hikes.

The Club always comes through for this event year after year. On the downtown after work hike to Italian Lake and back, the hikers stopped at Kokomos for refreshments.

## Bill Slabonik pilots the new Shelter Committee

After searching many months, The Club has landed a Shelter Committee Chair. The Shelter Committee is responsible for the Peters Mountain Shelter and privy, the trail down to the spring and the spring. Bill will be looking for several people to help with the maintenance of these areas. If you would like to help, please contact him when he is not busy piloting His Honor around the globe (well Pennsylvania anyway). Bill is frequently seen on our trail work trips, AT hikes, and other club hikes

including John Stein's 20-miler on a very hot Saturday, July 29.

## Officers & Directors Liability Insurance

After upward of two years of discussion, the Board, on June 26, authorized \$800 to cover the Board Members supposedly for misconduct, errors, omissions, sexual harassment, and negligence. The precise coverage depends on the policy purchased. The auditor claimed that Board Members need coverage because according to our indemnity clauses in the By-laws, Board Members are entitled to use Club funds to protect themselves in a lawsuit.

Although the Board authorized the purchase of insurance on June 26 and the Board had already received quotes, The Board remained uninsured on August 1.

## **CLUB SURVEY – Club picnic/Energy bars**

Only 18 people attended this year's annual picnic at Little Buffalo State Park. This is actually an increase from the 16 that attended last year's picnic, but a dramatic dropped from the 40+ that use to attend every year.

Because of poor attendance, the new Program Chair, Karen Balaban is considering new options. Karen is conducting a survey of your picnic preferences and also wants to know your favorite energy bar. So please take a moment to consider the following choices and email your response to Karen at [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com) or send a fax to her at 717-232-2748.

Picnic preference:      Evening during week (Monday through Thursday)  
                                 Saturday  
                                 Sunday  
                                 Not interested in attending a picnic

Favorite Energy Bar?

## CLUB NOTICES

### Mid-Atlantic Crew Hike and Picnic Sunday, September 10 at Memorial Lake State Park Upper Road Pavilion

**2:00 PM 3-mile hike along Memorial Lake**  
**4:00 PM Potluck Picnic**

All members are encouraged to bring a covered dish and attend the potluck meal for the Mid-Atlantic Trail Crew who will be improving drainage in a muddy, wet section of the AT between August 31 and September 11. This is an area that our Club maintains just north of the Yellow Springs Village site in State Game Lands #211. The Club will provide table service items such as cups, plates, etc. We will not have electrical outlets. No pets or alcoholic beverages are allowed. If you plan to go please contact Shirley McLaren at 526-4777 or Karen Balaban at 232-3708, [kmbalaban@balabanllc.com](mailto:kmbalaban@balabanllc.com).



**Directions:** Take I-81 to exit 85B from the south or exit 85 from the north then proceed north on Rt. 934. Follow signs to the State Park. Make a left onto Asher Minor Road, then go down the hill and bear left at the split onto Boundary Road. Go ½ mile and turn left onto Upper Road. The Pavilion is straight ahead on Upper Road.

### Keystone Trails Association (KTA) Fall Meeting and Hiking Weekend

**October 6 – 8, 2006**

**Camp Swatara, Bethel, PA**

Registration information will be posted on KTA's website at <http://www.kta-hike.org>

Stay at Camp Swatara or nearby motel for this fun-filled hiking weekend. There always is plenty of food and a Saturday night program. The Blue Mountain Eagle Hiking Club will sponsor this year's hikes. Square dancing is planned for Friday. For further information, please check the KTA website.

### Fall Board Meeting (All SATC Members Invited)

**Monday, October 2 @ 6:30 PM**

**Giant Community Center, 3301 Trindle Road, Camp Hill, PA, Community Room A**

Inquire at customer service desk for location of meeting. No food and drinks permitted. If you want an item on the agenda, please contact Barb Harvey, 766-7868.

### Fall Meeting for Members and Guests

**Tuesday, October 10 @ 6:30 PM**

**Giant Community Center, 3301 Trindle Road, Camp Hill, PA, Community Room C**

Inquire at customer service desk for location of meeting. No food and drinks permitted. They will be provided. Recent activities will be discussed and our hiking and activities schedule for the upcoming quarter will be developed.

Program: Bob Doren will present slides and video clips from his African trip in 2000.

**Directions:** From Harrisburg – Take I-83 South across the Susquehanna River then merge onto Route 581 (Exit 41A). Proceed two miles to Camp Hill exit (Exit 5A). Proceed ¼ mile and turn left at Trindle Road. From the south – Take I-83 North to Exit 41A (Rt. 581). Proceed two miles to Camp Hill exit (Exit 5A). Proceed ¼ mile and turn left at Trindle Road.

From the west – Take Route 15 North into Camp Hill. Turn Left on Trindle Road.

For additional directions or other information, please contact Karen Balaban, [kmbalaban@balabanllc.com](mailto:kmbalaban@balabanllc.com).

## Holiday Party

**Saturday, December 2 @ 7:00 PM**

**West Shore Senior Citizens Center, 122 Geary Street, New Cumberland, PA**

Please join us for our annual potluck holiday celebration. Please contact Karen Balaban at 234-3708 if you plan to attend. If you are not sure what to bring, Karen will offer suggestions. Members are asked to bring favorite slides taken on this year's hikes or vacation trips. Please limit your presentation to 10 minutes and identify the slides with your name. If you wish to help with the party decorations, please arrive about 1½ hours early. If you have greens or holly that you are willing to share, please bring them along.

### **Email Notification of ATC's Quarterly Newsletter**

To receive an email notification of ATC's quarterly newsletter, *The Register*, please send an email to [TheRegister@appalachiantrail.org](mailto:TheRegister@appalachiantrail.org) with SUBSCRIBE in the subject line and your first and last name in the body of the email. You will receive an email notification with a link to the current issue. For a printed newsletter, please subscribe first, then click on the Register link on ATC's home page at [www.appalachiantrail.org](http://www.appalachiantrail.org).

### **KEYSTONE TRAILS ASSOCIATION MAINTENANCE – 2006**

#### **Trail Care Schedule**

September 22-24 Susquehannock Trail Bridge Project  
October 20-22 Delaware State Forest  
November 3-5 Quehanna Trail

#### **Leader**

Dave McMillan, 717-299-3714  
John Motz, 570-236-1462  
Ralph Seeley, 814-355-2933

Trail Care weekends begin Friday evening at the designated campsite. A full day of work is followed by an evening campfire and optional meal at local restaurant. Trail work continues Sunday morning until about noon. No experience necessary. Tools and work gloves are provided. Contact the trip leader to register.

**Further details on Trail Care and the Summer Crew are at [www.kta-hike.org/ktacare.htm](http://www.kta-hike.org/ktacare.htm).**

### **SATC TRAIL WORK TRIPS**

ATC's Mid-Atlantic Trail Crew will be working on our section of the AT north of Indiantown Gap between August 31 to September 4 and September 7 to September 11. Please come out and help the Crew during this two-week period. See article on pages 17 and 18 for meeting places, directions, etc.

The Trailmaster did not schedule any other work trips for the upcoming three months. However, he will likely have call-up work trips scheduled after this publication is mailed. Check our web site or contact the Trailmaster regarding these call-up work trips.

### **Funds for Safe AT Crossing at Rt. 944 Approved**

In May, the ATC Regional Office in Boiling Springs received official notification that their \$1,148,250 proposal to construct a safe AT crossing across Rt. 944 (Wertzville Road) was approved. The crossing structure (bridge, underpass, etc.) has yet to be determined. The State Transportation Department funded the project through its Transportation Enhancement (TE) program. This is the third TE funding for AT projects in this area. TE previously funded the Bernheisel Bridge walkway and the Rt. 225 bridge in Dauphin County. Based on prior experience with TE projects, expect a couple of years of paper shuffling prior to any physical construction work.




## SATC's Trail Section Maintainer Register

<u>Section</u>	<u>Location/Description</u>	<u>Mileage</u>	<u>Name</u>
Appalachian Trail – Peter's Mountain			
Shelter	Peters Mountain Shelter		Bill Slabonik, Shelter Chairperson
AT-1	Rt. 225 to Table Rock	2.0	Bill Slabonik, John & Pat Zinn
AT-2	Table Rock to Victoria Trail	1.7	Park Trullinger
AT-3	Victoria Trail to Kinter View	1.8	Will & Jane Webster
AT-4	Kinter View to Shikellimy Trail	1.4	Jeff Willard
AT-5	Shikellimy Trail to Rt. 325	2.5	Susanne Donmoyer
Appalachian Trail – Stony/Sharp Mountains			
AT-6	Rt. 325 to Horseshoe Trail	3.0	Joshua McKinney
AT-7	Horseshoe Trail to Yellow Springs Trail	3.2	Charles Paul
AT-8	Yellow Springs Trail to Cold Spring Trail	2.5	Pete Fleszar
AT-9	Cold Springs Trail to Rausch Gap Shelter	2.3	Pat Markovic
Appalachian Trail Access Trails			
ST-1	Victoria Trail (PA Rt. 325 to AT)	1.1	Dave Hrobuchak
ST-2	Whitetail Trail (South side)	1.2	Tim Bachmann
ST-3	Shikellimy Trail	.9	Marty Gromulat
Darlington Trail – Blue Mountain			
DT-1	AT junction to Millers Gap Road	1.6	Barb & Sam Harvey
DT-2	Millers Gap Road to Lambs Gap Road	2.7	Gary Alleman
DT-3	Lambs Gap Road to Holtz Road	1.5	Jack Bushey
DT-4	Holtz Road to Tower Road	2.0	John Lenahan
Horseshoe Trail			
HT-1	Stony Valley railroad bed to Service Rd.	3.4	Gary LaBelle
HT-2	Service Road to McLean Road	4.0	Debbie Mabry
	Total Miles Maintained	38.8	
	Trailmaster		Jeff Buehler

The Register now includes a Shelter Chairperson. Bill Slabonik recently volunteered to take this position. The Yellow Springs and Cold Springs AT access trails were removed from the last reported list (August 2005) since the SATC never received official permission in the form of an agreement from the Game Commission to maintain the trails. Both are access trails from the Stony Valley railroad bed. The Yellow Springs Trail on the south side of Sharp Mountain down to the railroad bed was severely damaged two years ago by flooding and is irreparable. The Cold Spring Trail is badly eroded in places, but is salvageable if the Club receives permission to maintain it.

### ATC Mid-Atlantic Crew to Help SATC Again on Trail Project



The Appalachian Trail Conservancy's Mid-Atlantic Crew will once again help our club on an Appalachian Trail (AT) project. The "Crew" is one of ATC's seasonal trail crews that work with local trail organizations to help out on difficult trail projects they may not be able to accomplish on their own. This year they will spend the first two weeks of their eight-week season with SATC continuing work on the wet, muddy section of trail north of the Yellow Springs village site in State Game Lands #211 known to many as Saint Anthony's Wilderness. This part of the AT on the top of Sharp Mountain follows a historic former stagecoach road that has developed significant drainage problems. Last year the Crew helped SATC start correcting these problems by building turnpikes (raised trail tread) and drainage channels at various intervals along the trail. We anticipate similar work to continue for this year.

SATC will host the Crew from **Thursday, August 31 through Monday, September 11, 2006**. The Crew's work-week runs from Thursdays to Mondays with Tuesday/Wednesday off, so they can potentially work with more club members who are more likely to be able to come out on weekends.

As we did last year, travel to the work site parking area will be via the **Cold Spring Road** near Indiantown Gap Military Reservation in Lebanon County. Cold Spring Road leads north over Second Mountain and ends at a state game commission parking area where we will hike the mile long **Cold Spring Trail** that leads up Sharp Mountain to the AT. From there we'll hike south on the AT for about a mile to the work site.

The meeting location and time each day will be the rear of the parking lot at **Funck's Family Restaurant** located along PA Rt. 934 at **9:00 AM**. Participants will meet there and then drive to nearby Memorial Lake State Park to park and car pool to the Cold Springs parking area. Travel directions are easy: **Take I-81 to Exit 85B (Exit 85 from the north), then proceed north on PA Rt. 934 (towards Fort Indiantown Gap) ½ mile to restaurant on right.** A volunteer leader from SATC will meet participants in the parking area of the restaurant and lead them to Memorial Lake where a carpool can be organized. High clearance four-wheel drive vehicles are needed for a short but rough dirt portion of Cold Spring Road.

Volunteers coming out to work with the Crew should be in good physical condition because the work can be physically demanding. However, participants will work at their own pace within the group setting and are instructed on proper techniques. They should bring lunch and plenty of water. Dress appropriately for the forecasted weather and wear long pants, boots, work gloves, and safety glasses for protection. Safety glasses will be provided.

We are hoping for another good turnout of club members to work with the Crew on this project. SATC has, in the past, been one of the best trail clubs in the Mid-Atlantic Region for fielding a large number of volunteers during a Crew week. For further information please contact Jeff Buehler, SATC Trailmaster,

## THE SUSQUEHANNA APPALACHIAN TRAIL CLUB, INC.

<u>OFFICERS 2006 - 2007</u>		<u>DIRECTORS</u>	
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