



# BUSHWACK BULLETIN

The BUSHWACK BULLETIN is published quarterly in the months of February, May, August and November by the Susquehanna Appalachian Trail Club, Inc. (SATC) P.O. Box 61001, Harrisburg, PA 17106-1001.

A HIKING PUBLICATION FOR THE HARRISBURG AREA

VOLUME 52 – No 2    Web Site: [www.satc-hike.org](http://www.satc-hike.org)    JUNE 2006 – AUGUST 2006

**OUR OBJECTIVES: GROUP HIKING + TRAIL MAINTENANCE + OUTDOOR RECREATION**

## Hiking and Activities Schedule

**MEETING PLACE: SOLDIERS AND SAILORS GROVE (NEXT TO STATE LIBRARY) UNLESS OTHERWISE NOTED**  
**PLEASE CALL THE HIKE LEADER IF YOU DESIRE TO MEET AT AN ALTERNATE SITE**  
**SEE PAGES 6 & 7 FOR GENERAL HIKE INFORMATION AND COLUMN 2 CODE EXPLANATIONS**  
**PLEASE CHECK OUR WEBSITE FOR UPDATES (CHANGES, ADDITIONS, DELETIONS) TO THIS SCHEDULE**

### PENNSYLVANIA HIKING WEEK May 27 – June 4, 2006

#### Dates & Times

#### Codes

#### Hikes and Activities

#### May 27

Saturday  
9:00 AM

**2-C-8.8**  
75 hwy miles

#### AT Hike Across PA #6 – PA 94 to PA 174 Boiling Springs

Some climbs. Bring good hiking boots, plenty of water and lunch/snacks. **MEET ONLY** at front of Boscov's at the Camp Hill Shopping Center. Leader: Karen Balaban, 232-3708, [kmbalaban@balabanllc.com](mailto:kmbalaban@balabanllc.com)

#### May 28

Sunday  
9:00 AM

**2-B-6**  
90 hwy miles

#### Gettysburg Battlefield

Moderate pace, some ups and downs. Bring lunch and water. Alternate meeting place: Gettysburg Visitor Center at 10:00 AM. Leader: Richard Sis, 774-0196

#### May 30

Tuesday  
5:30 PM

**2-A-5.5**  
0 hwy miles

#### Harrisburg Riverfront – Italian Lake

Enjoy Harrisburg's beautiful cityscape and riverfront during this leisurely sneaker walk on part of the Capital Area Greenbelt. Bring water. Enjoy downtown's Restaurant Row following the hike. Co-sponsored by Harrisburg City's Parks and Recreation. For a preview of Italian Lake see: <http://www.hasby.com/thumbnails.php?album=36>. **MEET ONLY** at Front and State Streets, Harrisburg (suggested parking on State Street). Leader: Karen Balaban, 232-3708, [kmbalaban@balabanllc.com](mailto:kmbalaban@balabanllc.com)

#### May 31

Wednesday  
5:45 PM

**2-B-4**  
0 hwy miles


#### Wildwood Lake Sanctuary


Marvel at Dauphin County's Park and Recreation's premier nature habitat study area during this sneaker hike. Bring water, binoculars, and a camera. **MEET ONLY** at Wildwood Lake/Olewine Nature Center parking area. For a preview, go to <http://www.wildwoodlake.org> Leader: Karen Balaban, 232-3708, [kmbalaban@balabanllc.com](mailto:kmbalaban@balabanllc.com)

**NEXT BUSHWACK BULLETIN DEADLINE FOR CONTRIBUTIONS: August 1, 2006**


Post to Editor - Bushwack Bulletin, S.A.T.C., 5226 Oxford Drive, Mechanicsburg, PA 17055

Email: [pzinn@comcast.net](mailto:pzinn@comcast.net) phone: 697-0648

<b><u>May 31</u></b> Wednesday 6:00 PM	<b>1-B-2</b> 0 hwy miles	<b><u>Hiking Week Rock'n Tots at Levitz Park</u></b> Follow two toddlers around a nice patch of woods in East Hanover Twp. (Lebanon Co.) <b>Please bring at least one responsible adult per tot.</b> Others willing to travel at a toddler's pace also welcome. <b>MEET ONLY</b> at H.M. Levitz Memorial Park, 28 Park Dr., Grantville, PA. From Harrisburg, I-81 north to exit 80 (Grantville, Hershey), turn left at top of ramp, then turn right on PA 443 and head east 2.5 miles to Park Drive on right. The park will be on your right, drive back in the lane to the pond area-playground past the pavilion. Leaders: Laurel Fleszar, 583-2093, <a href="mailto:laurel@fleszar.org">laurel@fleszar.org</a> and Kelly Barker, 249-6727
<b><u>June 1</u></b> Thursday 10:00 AM	<b>2-C-4-5</b> 8 hwy miles	<b><u>Boyd Big Tree Conservation Area</u></b> <b>Leashed dogs permitted.</b> Hike on a myriad of trails and woods roads. Bring snacks, water and boots. <b>MEET ONLY</b> at Fort Hunter near the barn. Leaders: John and Pat Zinn, 697-0648, <a href="mailto:pzinn@comcast.net">pzinn@comcast.net</a>
<b><u>June 3</u></b> Saturday 10:00 AM	<b>2-A-3-4</b> 0 hwy miles	<b><u>Duncannon Apple Tree Alley Amble</u></b> Walk the AT thru Duncannon and explore Apple Tree Alley. Enjoy Duncannon Community Day with food and yard sales. Sneakers okay. <b>MEET ONLY</b> at Old Sled Works parking lot near the tower, Market Street. Leader: Barbara Van Horn, 834-6458, <a href="mailto:bvhbarb@pa.net">bvhbarb@pa.net</a>
<b><u>June 3</u></b> Saturday 9:00 AM	20 hwy miles 	<b><u>Trail Work Trip</u></b> Trail work and location to be determined by leader. Bring lunch, plenty of water and work gloves. Wear old clothes and boots. Dress appropriately for weather. Tools are provided. We work on various trails at various locations. Half-day option is sometimes possible. Contact leader for more details. <b>MEET ONLY</b> at the parking area at the intersection of Rtes. 225 and 325 East, which is north of Dauphin. Leader: Jeff Buehler, 657-8281, <a href="mailto:ATHIKERJB@AOL.COM">ATHIKERJB@AOL.COM</a>
<b><u>June 4</u></b> Sunday 9:00 AM	<b>1-C-6</b> 30 hwy miles	<b><u>Ruins of Yellow Spring Village and the Stone Tower</u></b> A slow-paced 6-mile historical hike to explore the ruins of Yellow Spring Village and the Stone Tower, on lesser-known trails, including a rugged wagon road and Glass's Incline out of Clark's Valley. Be prepared to cross Clark's Creek on a log cable-bridge, for a steady climb to the mountaintop, and minor bushwhacking. Bring lunch and plenty of water. Leaders: Brandy Watts, 838-8392, <a href="mailto:Stoney_Valley_History@verizon.net">Stoney_Valley_History@verizon.net</a> , Annette Watts
<b><u>June 4</u></b> Sunday 10:00 AM	<b>2-C-7.6</b> 14 hwy miles	<b><u>Tower Trail Hike</u></b> Moderate to strenuous loop hike, with a climb to tower trail of 800 ft., then cross AT on Sharp Mt. and a descent of 800 ft. to finish on Route 325. Bring good boots, plenty of water, lunch and snacks. <b>MEET ONLY</b> at intersection of Routes 225 and 325 outside Dauphin. Leaders: Daryl Stahl, 732-6341, <a href="mailto:hewlbactraveling@verizon.net">hewlbactraveling@verizon.net</a> ; Lee Casher, 652-3906, <a href="mailto:xrsizer41@hotmail.com">xrsizer41@hotmail.com</a>
<b><u>June 8</u></b> Thursday 5:30 PM	<b>3-C-5</b> 0 hwy miles	<b><u>Clarks Ferry After Work Hike</u></b> AT loop hike—rocky and hilly. May finish after dark so bring flashlight, water and snacks. <b>MEET ONLY</b> at Clarks Ferry Bridge parking area. Leaders: Lee Casher, 652-3906, <a href="mailto:xrsizer41@hotmail.com">xrsizer41@hotmail.com</a> , Carolyn Jones, and Lisa Seiders
<b><u>June 10</u></b> Saturday 9:00 AM	<b>2-C-11</b> 30 hwy miles	<b><u>AT Hike Across PA #7 - 174 Boiling Springs to Scott Farm</u></b> Relatively easy terrain, but an all-day hike. Fourth hike in a series of four to hike the same trail section all four seasons. Bring good hiking boots, plenty of water and lunch/snacks. <b>MEET ONLY</b> at Carlisle Commons (formerly MJ Carlisle Mall) between Cinemas 8 movie theater and street (Exit 47, I-81). Call hike leader for other arrangements. Leader: Frank Bohn, 234-5169

<b><u>June 11</u></b> Sunday 12:00 PM	<b>2-B-3-4</b> 30 hwy miles	<b><u>Boiling Springs In and Out</u></b> Moderate pace through fields, woods, rocks, roots. Bring water and snacks. Alternate meeting place: Mid-Atlantic AT office across from Post Office in Boiling Springs (PA 174) at 12:30 PM. Leader: Janet Eshleman, 774-1318
<b><u>June 13</u></b> Tuesday 9:00 AM	<b>2-C-3-4</b> 36 hwy miles	<b><u>Mount Holly Marsh Preserve</u></b> Enjoy the sounds of stream and forest inhabitants in this 900-acre preserve just outside Mt. Holly Springs. Both common and rare wildlife species can be found in this mini wilderness among a variety of inhabitants. Wear hiking boots or sturdy sneakers. Bring snacks and plenty of water. Optional lunch afterwards at local restaurant. Rain date is June 14. <b>MEET ONLY</b> at Circuit City parking lot, 5800 Carlisle Pike, Mechanicsburg, in separated parking area on end closest to McDonald's Restaurant. Leader: Lorrie Preston, 732-5615, GardensNaturally@aol.com
<b><u>June 17</u></b> Saturday 9:00 AM	<b>20 hwy miles</b> 	<b><u>Trail Work Trip</u></b> Trail work and location to be determined by leader. Bring lunch, plenty of water and work gloves. Wear old clothes and boots. Dress appropriately for weather. Tools are provided. We work on various trails at various locations. Half-day option is sometimes possible. Contact leader for more details. <b>MEET ONLY</b> at the parking area at the intersection of Rtes. 225 and 325 East, which is north of Dauphin. Leader: Jeff Buehler, 657-8281, <a href="mailto:ATHIKERJB@AOL.COM">ATHIKERJB@AOL.COM</a>
<b><u>June 18</u></b> Sunday 1:30 PM	<b>2-B-6</b> 30 hwy miles	<b><u>Father's Day Hike</u></b> Hike up Peter's Mountain on AT from Route 325 to Shikellimy Trail and return. Bring water and snacks. Leader: Susanne Donmoyer, 545-5308
<b><u>June 19</u></b> Monday 6:30 PM	<b>1-B-3</b> 0 hwy miles	<b><u>Camp Hill Ice Cream Hike</u></b> Slow to moderate pace on sidewalks. Sneakers and strollers okay. <b>MEET ONLY</b> at Friendly's Restaurant, 32 <sup>nd</sup> and Market Street, Camp Hill. Leader: Louise and Richard Sis, 774-0196
<b><u>June 21</u></b> Wednesday 10:00 AM	<b>2-B-3</b> 0 hwy miles	<b><u>Wildwood Lake Loop</u></b> <b>MEET ONLY</b> at Wildwood Lake Nature Center parking lot. Sneakers okay. Bring water and snacks. Leader: Janet Eshleman, 774-1318
<b><u>June 25</u></b> Sunday 9:00 AM	<b>2-B-8</b> 90 hwy miles	<b><u>Gettysburg Battlefield Hike</u></b> Join us for this historical hike covering parts of the action on the second and third day of the battle. Sturdy shoes recommended. Bring lunch and plenty of water. Alternate meeting place: Eisenhower Tower at 10:00 AM. Leaders: Louise and Richard Sis, 774-0196
<b><u>June 26</u></b> Monday 6:30 PM	<b>Board Meeting</b>	<b><u>SATC Summer Board of Directors Meeting</u></b> Members are welcome. <b>LOCATION:</b> Giant Community Center, 3301 Trindle Road, Camp Hill, 2 <sup>nd</sup> Floor. See Club Notices on page 17 for directions and additional details. Contact: Barbara Harvey, 766-7868
<b><u>June 30 thru July 3</u></b> Friday - Monday	<b>A-2 through C-10</b>	<b><u>Weekend at Codorus State Park</u></b> Hiking, Boating, Bicycling, Swimming, Fishing, Camping, etc. A-2 thru C-10 hikes anticipated. Participants are responsible for their own food, overnight accommodations and activities, except hiking. See more details on page 8. Contact: John Stein, <a href="mailto:Steinhike@cs.com">Steinhike@cs.com</a>

<b><u>July 1</u></b> Saturday 8:00	<b>3-C-6.3</b> 26 hwy miles	<b><u>AT Hike Across PA #8 – Scott Farm to Rt. 850</u></b> Moderate pace. Mostly flat with one long climb over Blue Mountain. Lunch at Darlington Shelter. Bring hiking boots, plenty of water and snacks. <b>MEET ONLY</b> at large parking area on Rt. 114 near I-81. Leader: Jim Foster, 649-5505, <a href="mailto:jimhfoster@yahoo.com">jimhfoster@yahoo.com</a>
<b><u>July 8</u></b> Saturday 8:00	<b>3-C-8.2</b> 50 hwy miles	<b><u>AT Hike Across PA #9 – Rt. 850 to Duncannon (Sherman's Creek)</u></b> Moderate pace. One long climb over Cove Mountain. Some areas very rocky. Includes Hawk Rock. Bring hiking boots, plenty of water, lunch/snacks. Leaders: Lorrie Preston, 732-5615, <a href="mailto:mitandpak@aol.com">mitandpak@aol.com</a> and Bob Doren, 763-0667, <a href="mailto:cibob@aol.com">cibob@aol.com</a>
<b><u>July 8</u></b> Saturday 9:00 AM	<b>2-C-6</b> 30 hwy miles	<b><u>Michaux State Forest near Caledonia (Joint Hike with CVATC)</u></b> Starts at a reservoir. One uphill. Tunnel of giant Rhododendrons. Bring boots, 2 liters water, and a snack. Meeting place: Carlisle Commons (formerly MJ Carlisle Mall) near Cinema 8 theaters (Exit 47, I-81) or at Pine Grove Furnace parking lot near the furnace at 9:30. Leaders: Rob and Judy McIlvaine, 292-3239, <a href="mailto:mcilvaine@cyberia.com">mcilvaine@cyberia.com</a>
<b><u>July 9</u></b> Sunday 9:00 AM	<b>2-C-8</b> 12 hwy miles	<b><u>Horseshoe Trail Water Tank Hike</u></b> Moderate to strenuous loop hike in Stony Valley on the Horseshoe Trail, State Game Lands #211 and Sharp Mountain. Possible waterfalls and blueberries along trails. Bring good boots and plenty of water. Plan for a small cookout at Stony Valley parking lot following hike. <b>MEET ONLY</b> at Stony Creek Inn, near the Dauphin Dam. Leaders: Daryl Stahl, 732-6341, <a href="mailto:hewlbactraveling@verizon.net">hewlbactraveling@verizon.net</a> ; Lee Casher, 652-3906, <a href="mailto:xrsizer41@hotmail.com">xrsizer41@hotmail.com</a>
<b><u>July 9</u></b> Sunday 10:00 AM	<b>2-B-3</b> 40 hwy miles	<b><u>King's Gap</u></b> Moderate hike through woods, rocks with scenic vistas, gardens and a mansion. Bring water and lunch/snacks. Alternate meeting place: Kings Gap Mansion at 10:45. Leader: Janet Eshleman, 774-1318
<b><u>July 11</u></b> Tuesday 6:30 PM	<b>Members and Guests' Meeting</b>	<b><u>SATC Summer Members and Guests' Meeting</u></b> Following refreshments, we will review last quarter's activities and schedule hikes for September, October and November. <b>LOCATION:</b> Giant Community Center, 3301 Trindle Road, Camp Hill, 2 <sup>nd</sup> Floor. See Club Notices on page 17 for directions and additional details. Contact: Barbara Harvey, 766-7868
<b><u>July 15</u></b> Saturday Hike 10:30 AM Picnic 12:30 PM	<b>1-C-5.5</b> <b>SATC picnic &amp; hike</b>	<b><u>SATC Annual Picnic at Little Buffalo State Park</u></b> Loop hike around the perimeter of park and Lake Holman using several trails. Short, steep climbs. Variety of habitats. Afterwards, join SATC members and families at Pavilion 1 in the Main Picnic Area for a fun-filled afternoon. See Club Notices on page 17 for swimming pool, boating and other information. Contact: Karen Balaban, 232-3708
<b><u>July 16</u></b> Sunday 10:00	<b>7 miles</b> 14 hwy miles	<b><u>Yellow Breeches Water Trail (Canoe/Kayak Trip)</u></b> Bring your canoe or kayak for a leisurely trip down the Yellow Breeches from Messiah College to the Upper Allen Township Park on McCormick Road. No portaging. No dams. Meet at Sovereign Bank in front of Boscov's at the Camp Hill Mall, Route 15. Leaders: John & Pat Zinn, 697-0648, <a href="mailto:pzinn@comcast.net">pzinn@comcast.net</a>
<b><u>July 18</u></b> Tuesday 6:30 PM	<b>1-A-3</b> 0 hwy miles	<b><u>Mechanicsburg Ice Cream Hike</u></b> Slow to moderate pace on sidewalks. Sneakers and strollers okay. <b>MEET ONLY</b> at Rakestraws, 313 S. Market St., Mechanicsburg. Leaders: Louise and Richard Sis, 774-0196

<b>July 19</b> Wednesday 10:00 AM	<b>2-B-3</b> 0 hwy miles	<b><u>Wildwood Lake Loop</u></b> <b>MEET ONLY</b> at Wildwood Lake Nature Center parking lot. Sneakers okay. Bring water and snacks. Leader: Janet Eshleman, 774-1318
<b>July 22</b> Saturday 8:00 AM	<b>3-C-9.3</b>	<b><u>AT Hike Across PA #10 – Duncannon (Sherman’s Creek) to Rt. 225</u></b> Moderate pace. Hike on pavement through Duncannon and across the Susquehanna River then ascend about 1000 feet up Peter’s Mountain and proceed along ridge. Bring boots, water, and lunch/snacks. Alternate meeting place: AT parking on Rt. 225 (top of Peter’s Mountain) at 8:30. Leaders: John & Pat Zinn, 697-0648, <a href="mailto:pzinn@comcast.net">pzinn@comcast.net</a>
<b>July 22</b> Saturday 9:00 AM	20 hwy miles 	<b><u>Trail Work Trip</u></b> Trail work and location to be determined by leader. Bring lunch, plenty of water and work gloves. Wear old clothes and boots. Dress appropriately for weather. Tools are provided. We work on various trails at various locations. Half-day option is sometimes possible. Contact leader for more details. <b>MEET ONLY</b> at Funck’s Family Restaurant on PA 934 near Indiantown Gap. See Page 20 for directions. Leader: Jeff Buehler, 657-8281, <a href="mailto:ATHIKERJB@AOL.COM">ATHIKERJB@AOL.COM</a>
<b>July 28, 29, 30</b> Weekend		<b><u>Finger Lakes Trail Weekend</u></b> Hike on Finger Lakes Trail and other footpaths in and around Watkins Glen and Montour Falls, NY 200 miles north of Harrisburg. Tent camping at town park - \$15/night. See article on page 7. If interested contact Krista Cessna/Peter Fleszar, 583-2093, <a href="mailto:peter@fleszar.org">peter@fleszar.org</a>
<b>July 29</b> Saturday 8:00 AM	<b>3-B-20</b>	<b><u>Rail Trail to Lebanon and Bus Return to Hershey</u></b> Silent Spring-NOT! See/hear the birds, farm animals. Hiking boots not required. Bring 2 quarts water, snacks, rain jacket. Many food stops and other options are possible. Bus is approximately \$3.50. Contact leader for meeting location and details. Leader: John Stein, <a href="mailto:Steinhike@cs.com">Steinhike@cs.com</a>
<b>August 6</b> Sunday 1:00 PM	<b>1-A-3</b> 0 hwy miles	<b><u>City Island Ramble</u></b> Hike the Harrisburg Riverfront and City Island. Slow pace. Strollers and sneakers okay. Leaders: Richard and Louise Sis, 774-0196
<b>August 12</b> Saturday 8:00 AM	<b>3-C-9.4</b> 20 hwy miles	<b><u>AT Hike Across PA #11—PA 225 to PA 325</u></b> Moderate Pace. No steep uphill climbs. Hike along ridge and one long downhill. Bring hiking boots, plenty of water, lunch and snacks. Alternate Meeting Place: AT parking on Rt. 225 (top of Peter’s Mountain) at 8:30. Leaders: Lisa Seiders, 805-3825, <a href="mailto:lseiders@gmail.com">lseiders@gmail.com</a> and Bob Doren, <a href="mailto:cibob@aol.com">cibob@aol.com</a> .
<b>August 17</b> Thursday 6:30 PM	<b>1-A-3</b> 0 hwy miles	<b><u>Hershey Ice Cream Hike</u></b> Slow to moderate pace on sidewalks. Sneakers and strollers okay. <b>MEET ONLY</b> at Fox’s Market parking lot off of Route 322 in Hershey. Leaders: Louise and Richard Sis, 774-0196
<b>August 19</b> Saturday 9:00 AM	20 hwy miles	<b><u>Trail Work Trip</u></b> Trail work and location to be determined by leader. Bring lunch, plenty of water and work gloves. Wear old clothes and boots. Dress appropriately for weather. Tools are provided. We work on various trails at various locations. Half-day option is sometimes possible. Contact leader for more details. <b>MEET ONLY</b> at Funck’s Family Restaurant on PA 934 near Indiantown Gap. See Page 20 for directions. Leader: Jeff Buehler, 657-8281, <a href="mailto:ATHIKERJB@AOL.COM">ATHIKERJB@AOL.COM</a>

<b><u>August 20</u></b> Sunday 1:30 PM	<b>2-B-5</b> 30 hwy miles	<b><u>Pinchot Ramble</u></b> Hike in various trails in Pinchot State Park. Bring water/snacks. Leader: Susanne Donmoyer, 545-5308
<b><u>August 23</u></b> Wednesday 9:00 AM	<b>2-B-6</b> 0 hwy miles	<b><u>SATC Shelter Hike</u></b> Hike into our shelter and return. Bring water and snacks. Optional lunch or ice cream stop afterwards. <b>MEET ONLY</b> at AT parking lot off Route 225 (top of Peter's Mountain). Leader: Susanne Donmoyer, 545-5308
<b><u>August 26</u></b> Saturday 9:00 AM	<b>2-C-16</b> 70 hwy miles	<b><u>AT Hike Across PA #12—PA 325 to PA 443</u></b> Part of the SATC series to complete the AT in PA. An all-day hike with moderate climbs. Bring lunch and at least 3 quarts of water. Leader: Frank Bohn, 234-5169
<b><u>August 27</u></b> Sunday 9:00 AM	<b>2-C-7</b> 30 hwy miles	<b><u>Clark's Ferry Loop</u></b> Hike up Peter's Mountain on AT and return on side trail. Steep and rocky. Wear hiking boots, bring lunch and plenty of water. Leader: Susanne Donmoyer, 545-5308
<b><u>August 31 thru September 11</u></b>		<b><u>Mid-Atlantic Crew Scheduled to Work on SATC Trail Section</u></b> Come out and help this group work on our section of the AT. See article on pages 19 and 20 for information on the schedule, meeting places and other information. Please check our web site or contact our trailmaster at athikerjb@aol.com, 657-8281 for more current information.

**Hike/Work Trip Leaders – Everyone has printed and signed their names on the Signup Sheet. Now where do I send it?**

**Answer: John Zerphey  
Membership Chair  
174 Walnut St.  
Highspire, PA 17034-1125**



## **GENERAL HIKE INFORMATION**

**Note: At the April 3, 2006 Board Meeting, the Board approved the bold-printed information item 2 below.**

- 1. MEETING LOCATION** Unless otherwise noted in the hike schedule, all hikers meet at **Soldiers and Sailors Grove** (entrance to the State Library, access from 7<sup>th</sup> Street) behind the State Capitol Building. Should this area be closed, the alternate meeting site is the parking island in front of the East Gate Office Center on 7<sup>th</sup> Street, near Herr Street. Five additional minutes will be allowed for arrival at the alternate site.
- 2. TRANSPORTATION** The hike leader may determine the amount required to reimburse drivers for rides between the meeting places and trail head. **If you ride with someone, please reimburse the driver the amount specified.** If the hike leader does not determine this amount, please give the driver **10 cents** times the highway mileage shown in the hike schedule.
- 3. REGISTRATION** All hikers are asked to register with the hike leader at the meeting place or at the trailhead before starting any scheduled hike. Some hikes require advance registration with the hike leader. Please check the schedule for this requirement.
- 4. DOGS PERMITTED ONLY IF NOTED IN THE HIKING AND ACTIVITIES SCHEDULE**
- 5. PACK IN, PACK OUT (LEAVE NOTHING BEHIND)**
- 6. SMOKING GUIDELINES** SATC prefers that hikers refrain from the use of tobacco products during Club activities. Smokers are individually responsible for damage to the forests.

## CODES FOR THE HIKES

### ***The first number shows the hikers' expected PACE***

- 1 - Leisurely: nature or historical walk; frequent stops for observation
- 2 - Moderate: steady, 1 to 2 miles per hour (mph)
- 3 - Brisk: steady, 2 to 3 mph
- 4 - Fast: 3 to 4 mph; very short breaks; an anaerobic workout

### ***The letter (second code) explains the general TERRAIN***

- A - Solid pavement/sidewalk
- B - Soft ground/sand/carriage trails; nearly level; few rocks or obstructions (roots)
- C - Some rocks/roots/obstructions; climbs and descents totaling up to 1000 feet possible
- D - Steep hills, rocks/roots/obstructions likely; frequent climbs and descents with a total of more than 1000 feet
- E - Extremely difficult; some or all of these features possible or likely: rough footing (rocks, roots); unbridged stream crossings; non-technical rock climbing/scrambling; boulder fields; bushwhacking; individual climbs and descents over 1000 vertical feet.

### ***The second number (third code) shows the HIKING MILES.***

***Highway (hwy) miles are the number of roundtrip driving miles from the meeting place to and from the hiking area.***

Fall Colors in Rocky Mountain National Park,  
Colorado  
**October 1 – 8**

This is high season in this area; the aspens are glorious, and the elk will be bugling. If weather permits, we will drive through the park on Trail Ridge Road to the eastern entrance. Stay in lodge. Must be able to hike 6-9 miles at an altitude of 8,500-11,500 feet and enjoy the group hiking experience.

If interested, contact Bonnie Booth at 303-444-1217 or rocky1512@comcast.net no later than June 24, as trip will be limited to 10-12 persons. Approximate cost of \$350 includes lodging, van transport to and from Denver and van transport to trailheads. These costs do not include air transportation, food and other personal expenses. A deposit will be required to reserve your spot.

Finger Lakes Trail Weekend  
Schuyler County, New York  
July 28, 29, 30

**E**xperience great hikes on the North Country National Scenic Trail (aka Finger Lakes Trail) and other footpaths in and around Watkins Glen and Montour Falls, N.Y., 200 miles north of the Harrisburg area. Car camp with tents at a quiet town park with hot showers and a scenic surprise (\$15/site/night. Need to pay 2 weeks in advance.). The scenic splendors include a 12-mile point-to-point downhill hike (one difficult stream crossing) on Saturday, and a 6-mile loop on Sunday. Possible 4-5 mile flat historic hike (with waterfalls) on Friday. There are many wineries nearby you can visit on your own if you like. Cook or buy your own meals. Wal-Mart Supercenter and fast food restaurants are within 4 miles of campground. We pass two Wegmans on the way there. We will be about ½ hour from brewpub in Corning and about ½ hour from college town of Ithaca with many restaurants. No dogs. For more details check online at <http://www.fleszar.org/flt2.htm>.

Please contact leaders if interested: Krista Cessna and Peter Fleszar, 583-2093, peter@fleszar.org

## **FROM THE PRESIDENT**

***Dear SATC Members,***

*The section hiking the AT seems to be going well. There were over 20 people on the first two hikes about half who are not members of the club. The hike on April 9 was done in the rain and sleet and still 15 people showed. Great work! Let's continue to support the club in this way. Ask those nonmembers to join the club as you hike along. Let's hope the interest stays through the entire AT Hike across Pennsylvania series.*

*Once again gasoline prices are high. Remember you can help reduce the consumption by walking to those 2-mile destinations and biking to the 3 or 4-mile destinations. Encourage all of your friends and neighbors to do the same. Stress the benefits of exercise. Also anyone with a Medicare card can ride the CAT buses free on off hours. Call for a schedule and the free hours. The nation needs to conserve energy.*

***Happy Trails,***

***Barb Harvey***

### **Barb Van Horn says** **"Will you walk with me"**

Barb invites you to be part of her 75-mile walk through Perry County to celebrate her 75<sup>th</sup> birthday and to raise funds for Habitat for Humanity. Please consider joining her for parts of her walk that begin June 3 (See Hiking and Activities Schedule) and continues "as long as it takes". If you wish to join her on this or any future planned hike, please give her a call at 1-717-834-6458.

**JUNE 30 - JULY 3 WEEKEND at CODORUS St. Park**  
**Come for all or any days.**

**Bring your boots. Bring your boat. Bring your Llama**

Hiking, Boating, Bicycling, Swimming, Fishing, Horse-Riding, Games, Camping, and more are available BUT NOT PLANNED at Codorus State Park near Hanover, Pennsylvania June 30 through July 3, 2006. Participants are responsible for their own food, overnight accommodations, and activities except hiking. A-2 through C-10 hikes anticipated. Park maps are available at park office. Check [www.visitparks.com](http://www.visitparks.com) for complete information.

The Campground has three cottages, and various type tent sites. Book soon while one is available.

We will meet each day for announcements and hikes at the Band Shell at 9:00AM. We will meet each evening at the CAMPGROUND site #107 at 6:00PM. ALSO LOOK FOR SATC Announcements on Campground Bulletin Board.

**CAMPGROUND RESERVATIONS: 888 PA-PARKS (888 727-2757)**  
**Park Office: 717 637-2816 Campground: 717 637-2418**

**For additional information contact John W. Stein at [STEINHIKE@CS.COM](mailto:STEINHIKE@CS.COM)**





**Hike the entire length of the Appalachian Trail in Pennsylvania. We completed the first five segments for a total of 44.6 miles. Everyone is welcome to join Hike Leader Karen Balaban on Saturday, May 27 as this series continues. Happy AT hiking.**

**AT Hiking Schedule through August:**

May 27	Rt. 94 to Rt. 174 in Boiling Springs
June 10	Rt. 174 in Boiling Springs to Scott Farm
July 1	Scott Farm to Rt. 850
July 8	Rt. 850 to Sherman's Creek, Duncannon
July 22	Sherman's Creek, Duncannon to Rt. 225
August 12	Rt. 225 to Rt. 325
August 26	Rt. 325 to Rt. 443

**See Hiking and Activities Schedule for starting times, meeting places, etc.**

**NEW MEMBERS**

Compiled by Ilse Heine of the SATC

***Please join us in welcoming these new members:***

John Barnett	Mechanicsburg	John Lindermuth	Carlsbad
Susan Chang	Shippensburg	Christine Lloyd	Etters
Janeen Christ	New Cumberland	Nancy Lord	Harrisburg
Daryl Christopher	Harrisburg	Bob Marik	Hummelstown
Howard Davis	Shippensburg	Bonnie Martin	Annville
Michael Dougherty	York	Micha & Jenny Mathis family	Newberg
James Foster	Mechanicsburg	John & Betty O'Day	Lebanon
Hope Goldhaber	Harrisburg	Susan Oscilowski	Lemoyne
Dan & Cheryl Hayward	Carlisle	Loraine Renshaw	Mechanicsburg
Jennifer Hollinger	Lebanon	Lucas Repa	Elizabethtown
Rob Humphries	Lebanon	Kwong Sze	Camp Hill
Darlene & Erick Kershner	Mount Joy	Jeremy Tunney	Indiana
Joe & Sue Lawruk	Middletown		

**Where to send address, name, phone number and email changes**

The Club maintains a database consisting of your name, address, phone number, and email address. Please check our latest directory to make sure the information is correct. If not, please email the correct information to Ilse Heine at [ilse@paonline.com](mailto:ilse@paonline.com) or phone her at 838-4550. You are not required to have any or all of this information posted in the Directory, but please be sure what is in there is correct. Also, our Club Secretary, Dick Martin, needs your current email address in order to pass on timely information about Club activities that are not included in this publication and to email you an electronic version of this publication. Please email updates to your email address to hikemartin@aol.com or call him at 258-5261.

# NATIONAL TRAILS DAY

JUNE 3, 2005

"Experience Your Outdoors"

American Hiking Society's (AHS) National Trails Day is the only nationwide trails celebration, bringing together thousands of outdoor enthusiasts to participate in educational exhibits, trail dedications, gear demonstrations, instructional workshops and trail work projects on the first Saturday of June. Check the AHS, KTA and other hiking websites for events near you.



For National Trails Day, the SATC has scheduled the following:

- Work trip in the Peter's Mountain area. Meet at the parking lot at the intersection of Rtes. 225 and 325 above Dauphin at 9:00 AM. Work Coordinator: Jeff Buehler, 657-8281
- An "Apple Tree Amble" 4-mile hike through Duncannon, the AT and Apple Tree Alley including historical sites such as the Clarks Ferry Tavern, old log church and Doyle Hotel. Meet at the Old Sled Works near the fire tower at 10:00 AM. Hike Leader: Barbara Van Horn, 834-6458.

See the Hiking and Activities Schedule at the beginning of this Bulletin for additional information.

## National Trails Day Event at Kings Gap

**Saturday, June 3 10:00 AM – 2:00 PM**

**Sponsored by the American Hiking Society**

"Experience Your Outdoors" is the theme for the 30<sup>th</sup> anniversary of this national event sponsored by the American Hiking Society. The free event speaks to everyone and encourages us to go outside, become active and experience the wonders of trails in their own communities. Join Kings Gap staff and members of the Cumberland County Search and Rescue team for activities, displays and demonstrations that promote safe hiking and outdoor recreation for all ages. Continuous displays will include search and rescue equipment, hiking and recreation information, and volunteer opportunities. Door prizes and refreshments will be offered.

Schedule:

10:00 AM & 1:00 PM	Cumberland County Search & Rescue demos
10:30 AM	DCNR search dog demonstration
11:00 AM & 1:30 PM	Kids' grid search activity
12:00 PM	Map & compass instruction
1:00 PM	Guided hike: easy 1.5 miles

## Wilderness First Aid Course – June 17-18, 2006 in Harrisburg

An eighteen-hour class in Wilderness First Aid, a program of the Wilderness Safety Council, will be conducted in Harrisburg, PA. The course includes classroom study, hands-on practice, and results in a two-year certification. The cost is \$160. Registration is on a first-come, first-served basis. For additional information phone (703) 836-8905 or visit <http://wfa.net>. SATC will reimburse ¾<sup>th</sup> of the course expenses for two "hike leader" members. Please check with the Board Treasurer, Rick Sis, if approved funding is still available for this course. Please register with the Wilderness Safety Council, take the course, and then submit proof of course completion and course cost to the Board Treasurer. If you have any questions, regarding the reimbursement procedure, please contact the Treasurer at 774-0196.





There were over 100 awards given at the banquet this year to those who led hikes or did trail maintenance. A great job! This means that about 1/6 of our club is volunteering for these activities. The Giant Boot Award, given to Katie Barker is well deserved.

**To our January, February, March and April trail work crew volunteers:**

Jeff Buehler, Jack Bushey, Daryl Stahl, Perry Ligon, Tom Scully, Lisa Seiders, Tim Bachmann, Lee Casher, Carolyn Jones, Park Trullinger, Bill Slabonik, Gary LaBelle, Bob Doren Laurie McDonald, Jeff Willard, Jennifer Hollinger, Stan Rudisill

**To our trail maintainers:** John & Pat Zinn, Bill Slabonik, Park Trullinger, Will & Jane Webster, Jeff Willard, Susanne Donmoyer, Joshua McKinney, Charles Paul, Peter Fleszar, Pat Markovic, Dave Hrobuchak, Tim Bachmann, Marty Gromulat, Barb & Sam Harvey, Gary Alleman, Jack Bushey, John Lenahan, Gary LaBelle, Debbie Mabry, and our Trailmaster, Jeff Buehler.

**To our March, April and May hike leaders:** Karen Balaban, Kelley Barker, Frank Bohn, Lee Casher, Susanne Donmoyer, Bob Doren, Janet Eshleman, Laurel Fleszar, Peter Fleszar, Jane & Randy Greber, Richard Green, Barb & Sam Harvey, Rod Manweiler, Frank McKniff, Shirley McLaren, Lorrie Preston, Louise & Rick Sis, Thyra Sperry, Daryl Stahl, John Stein, Barbara Van Horn, Phil & Mary Walsh, Brandy & Annette Watts, Melanie Wertz, Pat & John Zinn.

**To our AT across Pennsylvania hike leaders:** Peter Fleszar, Daryl Stahl & Lee Casher, Rod Manweiler, Barb & Sam Harvey, Pat & John Zinn, Karen Balaban.

**A Special Thanks** to John Stein for his potpourri slide presentation of his interesting hikes at the latest Members and Guests' Meeting. Careful with extension cords John.

**A Special Thanks** to Paul Zeph for his Kittatinny Ridge presentation at our Annual Meeting and Banquet.


**Thank you** Kris Kyler for serving as vice-president for the last two years. Also, **thanks** to Sharon Brumbaugh and John Lenahan for completing their terms as Board of Directors.

**A big thanks** to Karen Balaban for agreeing to take over as vice-president and to Lisa Seiders and Bob Doren for agreeing to serve as Board of Directors.

**Thanks** to Sam Harvey for accepting the chairmanship of the data committee.

And **thanks** to all of the officers and board members, members serving on committees and members those performing special projects and tasks.

**Our Treasury, March 31, 2006  
As Reported by Richard Sis, SATC Treasurer**

Checking Account		\$ 763.53
Money Market		1,784.14
Vanguard Fund		11,628.56
Sovereign Certificate #1		2,611.46
Sovereign Certificate #2		<u>3,379.92</u>
<b>TOTAL UNRESTRICTED</b>		<b>\$20,167.61</b>
Land Preservation-Restricted		\$ <u>3,121.61</u>
<b>TOTAL ALL FUNDS</b>		<b>\$23,289.22</b>

## **Financial Audit for the period April 1, 2003 to March 31, 2004**

**By John Zinn, SATC Auditor**

### **Verbal Financial Statements undermine audit**

During this period, the SATC Board accepted verbal Treasurer's Reports over the phone and approved the Reports at their quarterly meeting. As a result, the auditor had no Reports to audit so the Board was informed that the financial records could not be audited.

The Board received a finding regarding the approval of non-written financial reports and the auditor recommended that the Board require written financial reports, preferably with cumulative information, at each Board Meeting. Hopefully, the Board will change its practice toward accepting and approving non-written Treasurer's Reports.

The auditor found that source documentation to support payment of the Club's expenses were readily available and were used only for the conduct of the Club's business. Dues for the Appalachian Trail Conservancy (ATC) were not paid. With written financial reports, the Board could have seen that these dues were not paid.

During this period, the Treasurer transferred \$4,735 surplus funds to a money market account at the PNC Bank to earn interest on surplus funds. Subsequently, the Board approved a non-budgeted payment of \$1,000 to the Appalachian Trail Conservancy from this fund. The Treasurer also transferred \$5,041 to a restricted money market account at the same bank to fulfill a 2001 Board decision to put profits made from the 2001 AT Conference in Shippensburg into a restricted account for Land Preservation use. However, the money market account was entitled "Land Purchase Account". The auditor recommended that the name be changed to "Land Preservation Account". The Board did not direct the Treasurer to change the name.

## **Financial Audit for the period April 1, 2004 to March 31, 2005**

**By John Zinn, SATC Auditor**

### **Board needs "Financial Advisor" to track investments**

Written financial or Treasurer's reports were completed during this time period. The auditor found that source documentation to support payment of the Club's expenses were readily available and were used only for the conduct of the Club's business. All source documentation for both revenues and expenses tied into the information shown on the financial statements. The Board did not provide the new Treasurer with the information necessary to pay organization dues and other budgeted expenses that are not billed to the Club. Therefore, some budgeted expenses including, once again, the ATC annual dues, were not paid. With written financial statements, the Board should have noticed this. The Board should not be approving financial reports without first reviewing them. Board members do not see the financial reports prior to the Board Meeting. This should be corrected.

During this period, the Board approved two non-budgeted payments of \$1,000 each to the Central Pennsylvania Conservancy and one non-budgeted payment of \$1,000 to the Mid-State Trail Association. Of the \$3,000 approved, \$2,000 was funded through the Land Purchase Account and \$1,000 through the General Fund. At the end of the fiscal year, the Land Purchase Account balance was \$3,089:

Initial Investment	\$5,041
Funds transferred for payment of Board-approved expenses	(\$2,000)
Interest	\$ <u>48</u>
Land Purchase Account, March 31, 2005	\$3,089

Also during this period, the Treasurer received a letter from the Sovereign Bank stating that Pennsylvania Law, under the Unclaimed Property Statute, required one of our Certificates of Deposit to be treated as abandoned property and transferred to the custody of the State. Our Treasurer created "activity" that prevented the abandonment of this Certificate. No one on the Board is reviewing our investments. Our two Certificates mature, then, after no one contacts the bank, are automatically renewed at paltry interest rates such as our current 2.12% rate. Likewise, our Vanguard Intermediate-Term Treasury Fund has not been changed since its original investment in 1995. This ultra-conservative fund lost money during this audit period. The Club needs an "investment advisor" to look after its investments. The Club has been sitting on this money for many years without any plan to put it to use in the hiking community. While the auditor would prefer that the money be invested in the hiking community, he recommended that someone keep track of the investments and advise the Board of more lucrative ones. The Board concurred with this recommendation and requested an advertisement be placed in this publication for an Investment Advisor.

**General Fund Profit & Loss Statement  
April 1, 2004 through March 31, 2005**

Fund Balance, April 1, 2004		\$22,812	
Revenue:			
Operating Revenue			\$4,825
Interest & Dividends	816		
Other	105		
Transfer from Land Purchase	<u>2,000</u>		
Total Revenue		\$7,746	
Expenses:			
Operating Expenses			<u>\$6,642</u>
Other	35		
Non-Budgeted Donations:			
Central Pennsylvania Conservancy	2,000		
Mid-State Trail Association	1,000		
Net Operating Income (Loss)			(\$1,817)
Less: Total Expenses		\$9,677	
Capital Losses on Investments		(593)	
Fund Balance, March 31, 2005		\$20,288	

The complete financial audit report is available to Club members. Contact: [pzinn@comcast.net](mailto:pzinn@comcast.net)

**Trails.com**

**Six Pennsylvania Trails/Walking Routes make 2005 Annual List**

Based on more than 10 million votes by subscribers and visitors to Trail.com, a web site of more than 30,000 guidebook trail descriptions, six Pennsylvania trails and walking routes made Trails.com's 2005 Top 100 Trails of North America list. The six were:

- No. 6 AT at Pinnacle near Hamburg
- No. 8 AT at Rouzerville
- No. 32 Laurel Highlands Trail near Johnstown
- No. 41 AT from Bake Oven Knob to Lehigh Gap
- No. 77 AT from Hawk Mountain at Eckville to Rt. 309
- No. 79 Oxford Valley Mall walking route near Fairless Hills and Levittown

The top five on the list were:

- No. 1 Breakneck Ridge Trail in New York
- No. 2 Cohutta Wilderness Area Trails, Georgia
- No. 3 Glacier Gorge, Colorado
- No. 4 Harriman State Park in New York
- No. 5 Mount Whitney in California

During our AT Hikes across Pennsylvania series, we will hike on all the AT hiking sections shown above. Hope to see you on the trail.

**Stony Valley**

The Stony Valley Coalition reported that the terms of the "land swap" between the Pennsylvania Game Commission (PGC) and Fort Indiantown Gap (FIG) changed. Instead of acquiring 2,100 acres as initially proposed, FIG now proposes to pay the PGC between \$2 and \$7 million for 1,400 acres in Stony Valley. The purchased area would be closed to hunting, fishing, hiking and other activities for 90-days a year. This is only a proposal. The final outcome of this issue will most likely differ from this proposal.

## **Investment Advisor Needed**

Our Club has approximately \$22,000 invested in money market funds, certificates of deposit, and an Intermediate-Term Treasury Fund (See Treasurer's Report on page 11). These investments need a fresh look as the Club earns minimal money on its investments. The Board, in response to an audit recommendation, is looking for a volunteer to review our investment portfolio, develop an investment strategy, and make appropriate recommendations to the Board. If you are interested in performing these tasks for our Club, please contact Barb Harvey at 766-7868, [bjaneharvey@aol.com](mailto:bjaneharvey@aol.com).

## **The Great Eastern Trail**

Two coalitions, the Southeastern Foot Trails Coalition and the Mid-Atlantic Foot Trails Coalition, intend to connect several existing long distance eastern trails to create one continuous long distance trail from the Florida/Alabama border to the Finger Lakes Region in New York. The completed trail will be known as the Great Eastern Trail (GET). The GET, primarily, will make use of the following existing trails: Florida, Cumberland, Appalachian, Allegheny, Tuscarora, Green Ridge, Link, Mid-State, Finger Lakes and others. The GET will have eastern and western branches in Pennsylvania. The eastern branch will follow the Tuscarora and Link Trails and Mid-State Trail's Greenwood Furnace Spur. The western branch will follow the Green Ridge and Mid-State Trails.

The beauty of the GET is that it will provide connections to more than 10,000 miles of trails that include the Florida, Appalachian, Potomac and North Country. The trail will pass through some spectacular little-visited areas such as the Cumberland Plateau, Cumberland Gap National Historic Park, the Allegheny Mountains of West Virginia and remote areas of Virginia and Pennsylvania. Also, the trail will pass through downtown Chattanooga, Tennessee.

While large segments of the trail system are completed, such as the Alabama & Georgia Pinhoti Trail and the Tuscarora Trail, there are several gaps in the trail system that need to be bridged. The trail groups involved are working hard to identify ways to connect together existing trails to make one continuous route.

The GET seeks to provide a primitive hiking experience and a means to create loops from the AT westward to the GET. This trail system, coordinated by the American Hiking Society, is the product of a cooperative grassroots effort of local clubs such as the Mid-State Trail Association, Link Trail and Keystone Trails Association. Nevertheless, local rules will apply and local trails will maintain their identity and method of blazing.

For more information, check the web site [www.greateastertrail.org](http://www.greateastertrail.org) and/or the American Hiking Society web site [www.AmericanHiking.org](http://www.AmericanHiking.org). Jeffrey Hunter of the American Hiking Society is currently serving as the GET Coordinator.

## CLUB SNIPPETS

### AT Hikes Across Pennsylvania Series off to good start

Over 20 people participated in our first two AT series hikes. The third and fourth, dampened somewhat by rain, still was well attended. On March 11, Peter Fleszar led the hiking faithful out of Pen Mar Park onto Pennsylvania's portion of the AT. Two weeks later, Daryl and Lee Casher led the hikers to Caledonia State Park. Rod Manweiler picked up at Caledonia for an 11-mile trek, then Sam and Barb Harvey led the hikers to Pine Grove Furnace State Park. Pat and John Zinn led the next hiking group out of Pine Grove Furnace for another 11-mile trek. Unfortunately, hikes 3, 4, and 5 were marred by plenty of rain. On May 27, Karen Balaban will lead the next group of trekkers to Boiling Springs and on June 10, Frank Bohn will lead them to Scott Farm.

Organization of these hikes require more logistics than our normal close-to-home circle hikes. Hike leaders are meeting on Saturday mornings at the State Library or other locations, driving quite a distance to the end of the hike to spot cars then driving to the trail head before the hike. After the hike, the hike leader needs to return some of the hikers back to the trailhead so they can pick up their cars. Our AT series hike leaders deserve special praise for leading these more demanding hikes. Hopefully, our Club will continue to produce the hike leaders necessary to complete the series.

### Brandy Watts to give presentation on Rausch Gap

On August 8 at 1:30 PM, Brandy will speak about the former coal mining patch town of Rausch Gap in Stony Valley. This free, handicapped-accessible presentation is open to the public at the Freeman Auditorium at the Cornwall Manor. More information may be obtained on the events page of her website: <http://home.earthlink.net/~brandy-comicsandpp>.

Also, please join Brandy and her Mom Annette on June 4 for a six-mile history walk through the ruins of Yellow Spring Village. See Hiking and Activities Section of this Bulletin for time, meeting place and further details.

### Mileage Reimbursement

The Board discussed the ugly subject of mileage reimbursement again at the April Board Meeting. The Board is now allowing hike leaders to suggest

an appropriate reimbursement to drivers. However, if the hike leader does not determine the appropriate reimbursement level, the 10 cents rule applies. Hike leaders should determine appropriate reimbursement at least on the longer commutes to trailheads. The new policy is included in the General Hike Information section that follows the Hiking and Activities Schedule.

### Archived Bushwacks on our website

Our webmaster, Peter Fleszar, has scanned a number of old Bushwacks on our website. A complete set of electronic Bulletins dating back to the Winter of 2002 was also put on the site. Look for the archive link on the home page.

Our very first issue in 1954 is included. Here the word Bushwhack was spelled by Mr. Kinter "Bushwack". The tradition of naming this publication "Bushwack" began with this issue.

Our club's first hike, to "Duncannon Lookout on Cove Mountain" was April 4, 1954. Officers were installed at White Rocks on April 25. The first annual installation of officers hike took place in April 1955. As we do now, hikers met at Fisher Plaza that is now known as Soldiers and Sailors Grove. Meetings and the Christmas (now Holiday) Party met at the West Shore Senior Citizens Center. Ralph Kinter's "Trail Blazes" articles were fascinating.

Did you know that Janet Eshleman led a hike on November 13, 1983? Did you know that her name was misspelled? Well we have spell check now.

Check out the archives on our web site. Great job Peter.

### Katie Barker gets the Boot

The 2006 Giant Boot Award, in the shape of a boot for the first time, went to Katie Barker for her dedicated work with the SATC. Katie joined the SATC in 1991. In 1992 she became Secretary and served for five years. In 1997, she became Vice-president and in 1999, President. She has the distinction of having the longest term as President in SATC history. Unless the By-laws change, she will keep this distinction. She is currently serving on the Board as Immediate Past President.

Besides the innumerable responsibilities as President, Katie assumed the huge task of Hike Committee Chair for the ATC Conference that the

SATC hosted in 2001. The weeklong conference included over 180 hikes.

At some point in all this, Katie met Sam Barker, fell in love and married in 2002 becoming one of SATC's many trail couples. The family now includes Katie, Sam, Christy, Kelly and a new arrival expected this summer.

Jane Greber, last year's Boot recipient, presented the award with a flamboyant speech. In addition, over 100 Certificates were given to our hike leaders and trail workers in 2005. The Award ceremonies took place at our Annual Meeting and Banquet at the Peachtree Restaurant in Harrisburg on March 25.

## KTA Weekend

Although we did not win the coveted "most attending club" prize (a club from the Reading area won), our Club had quite a number of participants either hiking or attending meetings at the 50<sup>th</sup> Anniversary Meeting in Wellsboro. Ilse Heine, Peter Fleszar, Sylvia Miller, Kris Kyler, Katie Barker, Carl Lorence, Barb Harvey, Sam Harvey, John Stein, Betty Stein, Leo Boyer, John Zinn, Pat Zinn, Dick Martin, Thyra Sperry, Don Muth, Barb Harvey, Sam Harvey and Christa Cessna were among the SATC members who attended the weekend function.

On Friday, April 7, Scott Brown presented his book *Pennsylvania Waterfalls* and on Saturday, April 8, Barb Wiemann of the KTA Presented *50 Years with the KTA*. The KTA displayed plenty of memorabilia for its 50<sup>th</sup> Anniversary Celebration.

More than 280 people from around the state and beyond attended the annual spring hiking weekend. The KTA, with its larger than usual attendance, scheduled many more hikes of various distances and degrees of difficulty. Peter Fleszar led two hikes that were at least eight miles each. Don Muth was our only club member who hiked with him both times.

KTA's Prowl the Sproul hiking weekend is set for July 21 to 23 at the West Clinton Sportsmen's Association in Renovo, PA. The Fall Meeting is set for October 6-8 at Bethel, PA. The KTA invites you to join their trail crews this year. See page 18 and

check the KTA website: [www.kta-hike.org](http://www.kta-hike.org) for additional details on these activities.

## Inner City Outings Report

The year 2005 was filled with change for Harrisburg Inner City Outings (HICO), which receives financial support annually from our Club. After trying for several years to form a stable group at the John N. Hall Boys and Girls Club, HICO volunteers, who struggled with low and irregular attendance at outings and lack of support from the hosting club, discontinued the group.

The two leaders who had worked with the disbanded group now work with the Center for Champions. The mission of this organization is a holistic approach to the problems of inner city families that fits well with HICO's philosophy of improving youth self-esteem through outdoor experiences. The energy of this new group and the enthusiasm of the Center for Champions have encouraged the entire HICO organization. HICO has recently recruited several new volunteers and has seen more involvement from its outings leaders.

The other two HICO groups, Cumberland Road Boys and Girls Club and the Trailblazers, had 18 outings in 2005 that served 41 kids ranging from 6 to 18 years old. Activities included hiking, canoeing, car camping, service projects, and fishing.

This year Jalena, one of Cumberland Road's four-year participants, turned 18. She is working toward becoming a certified leader. HICO leaders are proud of this success and are delighted with Jalena.

## SATC welcomes 3 new Board Members

Please welcome our new Vice-president, Karen Balaban and two new members of our Board of Directors, Lisa Seiders and Bob Doren, who were approved at our Annual Meeting and Banquet. The three individuals will serve a two-year term ending March 2008. A complete list of Officers and Directors is provided on page 22. The annual, traditional Installation of Officers Hike took place on April 1. We wish to thank Kris Kyler, John Lenahan, and Sharon Brumbaugh for their participation and work on the SATC Board.



## CLUB NOTICES

### SATC Annual Picnic & Hike Saturday, July 15 at Little Buffalo State Park

Have fun and socialize at our annual summer picnic. Barbeque and drinks will be provided. Please bring a covered dish to share. We will meet at Pavilion 1 in the Main Picnic Area, Little Buffalo State Park Road. Maps are available on the DCNR website.

The Swimming pool opens at 11:00 AM. An admission fee is charged. Boat ramps, boat rentals and fishing areas for Lake Holman are nearby.

Historical features include a covered bridge, restored operating gristmill, old farmhouse on the site of a colonial tavern, and a narrow gauge railroad trace that features one of the original railroad cars.

10:30 AM The annual picnic hike will be a 5.5-mile loop around the perimeter of the State Park and Lake Holman. The hike includes some short, steep climbs and goes through a variety of habitats. Meet at Pavilion 1 in the Main Picnic Area.

12:30 PM SATC Annual Picnic, Pavilion 1, Main Picnic Area

Directions: From PA 322, take the Newport Exit and follow PA 34 South through the town of Newport. Travel one mile past the town, then turn right onto Little Buffalo State Park Road. Continue on this road to the west end of Holman Lake. The Main Picnic Area is on the left. From PA 322 to the park entrance is 4.6 miles.



### Spring Board Meeting (All SATC Members Invited)

**Monday, June 26 @ 6:30 PM**

**Giant Community Center, 3301 Trindle Road, Camp Hill, PA, Community Room A**

Inquire at customer service desk for location of meeting. No food and drinks permitted. If you want an item on the agenda, please contact Barb Harvey, 766-7868. The next meeting is October 2.

### Spring Meeting for Members and Guests

**Tuesday, July 11 @ 6:30 PM**

**Giant Community Center, 3301 Trindle Road, Camp Hill, PA, Community Room C**

Inquire at customer service desk for location of meeting. No food and drinks permitted. They will be provided.

Recent activities will be discussed and our hiking and activities schedule for the upcoming quarter will be developed.

Program: Lisa Seiders will present a program on hiking and health. What do in case of suspected stroke, ticks, lyme disease, etc.

Next Meeting is October 10.

**Special Note: All of our 2006 Board and Members and Guests' Meetings are scheduled for the Giant Community Center at the new Giant Food in Camp Hill. Board Meetings are the first Monday of the month (except July) and Members and Guests Meetings are the second Tuesday of the month.**

**Directions:** From Harrisburg – Take I-83 South across the Susquehanna River then merge onto Route 581 (Exit 41A). Proceed two miles to Camp Hill exit (Exit 5A). Proceed ¼ mile and turn left at Trindle Road. From the south – Take I-83 North to Exit 41A (Rt. 581). Proceed two miles to Camp Hill exit (Exit 5A). Proceed ¼ mile and turn left at Trindle Road. From the west – Take Route 15 North into Camp Hill. Turn Left on Trindle Road. For additional directions, please contact Karen Balaban, [kmbalaban@balabanllc.com](mailto:kmbalaban@balabanllc.com).

## Guitar toting Walkin' Jim Stoltz's "Forever Wild Multimedia Show" comes to Mechanicsburg

Mechanicsburg Middle School Auditorium  
1750 Market Street  
Mechanicsburg, PA

September 23, 2006  
7:30 PM

In a May 1, 2006 U.S. News and & World Report article entitled "A Walk on the Wild Side" Bret Schulte described Walkin' Jim as a "modern-day Johnny Appleseed" who, since 1974

"has hiked 26,000 miles across North America, trekking coast-to-coast, from Mexico to Canada and deep into the Arctic. With a beat-up guitar on his back and unrivaled experiences in America's wilds, Stoltz has become part troubadour, part pitchman for the great outdoors. Since 1986, the Michigan native has promoted the preservation of America's wilderness, wooing audiences with a multimedia presentation folk tunes, photographs, and true tales of life on the trail, including a near-death experience on a Utah mountaintop. **Still pushing a strong environmental agenda, Stoltz is marking the 20<sup>th</sup> anniversary of his performances with a 100-city tour.**"

Jim's show combines his live music and poetry with beautiful slides taken on his long wilderness treks. The combination of dual images (using two projectors and a dissolve unit) and his moving songs, results in a powerful, inspirational program.

The following organizations are sponsoring this event: Appalachian Audubon Society; Governor Pinchot Group of the Sierra Club, The Nature Conservancy, Manada Conservancy, Appalachian Trail Conservancy, Physicians for Social Responsibility, Bluebird Society of Pennsylvania, and Pennsylvania Parks and Forests Foundation.

### KEYSTONE TRAILS ASSOCIATION MAINTENANCE – 2006

#### Trail Care Schedule

July 14-16 Pinchot Trail  
August 18-20 Promised Land State Park  
September 22-24 Susquehannock Trail Bridge Project  
October 20-22 Delaware State Forest  
November 3-5 Quehanna Trail

#### Leader

Joe Healey, 570-655-4979  
Joe Healey, 570-655-4979  
Dave McMillan, 717-299-3714  
John Motz, 570-236-1462  
Ralph Seeley, 814-355-2933

Trail Care weekends begin Friday evening at the designated campsite. A full day of work is followed by an evening campfire and optional meal at local restaurant. Trail work continues Sunday morning until about noon. No experience necessary. Tools and work gloves are provided. Contact the trip leader to register.

#### Summer Trail Crew Schedule

June 6-11	Chuck Keiper Trail Leader: Rich Scanlon, 717-242-1644	Build bridges on the cross-connector
June 13-18	Mid-State Trail, Tioga Region Leader: Peter Fleszar, 717-583-2093	Build a new foot trail
June 20-25	Nature Conservancy, Woodbourne Forest Susquehanna County Leader: Joe Healey, 570-655-4979	Build a new foot trail

Crews assemble on Tuesday evening for dinner and orientation and work full days Wednesday through Saturday, and a half-day on Sunday. Partial workweek acceptable. The KTA provides a place to camp, meals, tools, work gloves, safety equipment and instruction. Contact Joe Healey to register for the summer crew.

Further details on Trail Care and the Summer Crew are at [www.kta-hike.org/ktacare.htm](http://www.kta-hike.org/ktacare.htm).

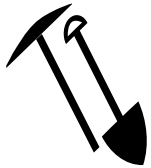
## **SATC TRAIL WORK TRIPS**

June 3	9:00 AM	Meet: Parking lot at corner of Rtes. 225 and 325 East north of Dauphin Borough.
June 17	9:00 AM	Parking lot at corner of Rtes. 225 and 325 East north of Dauphin Borough.
July 22	9:00 AM	Funck's Family Restaurant on Rt. 934 near Ft. Indiantown Gap.
August 19	9:00 AM	Funck's Family Restaurant on Rt. 934 near Ft. Indiantown Gap.

For contacts and further information check the Hiking and Activities Schedule. For Directions to Funck's Family Restaurant, please see page Mid-Atlantic Crew article on pages 19 and 20.

## **Trailmaster's Report** by Jeff Buehler, SATC Trailmaster

### **Club Work Trips**



A good turnout of volunteers on spring work trips helped the Club with a number of trail projects including the following:

Work was done to complete a short relocation of the Shikellimy Trail, a mile long blue-blazed side trail on the south side of Peter's Mountain that connects the Appalachian Trail (AT) on the ridge top to PA Rt. 325 in Clark's Valley. The relocation places the entire trail within state game lands and the terminus of the trail at PA Rt. 325 (Clark's Valley Road) is now across from a long parking pull-off. Permission for the relocation was obtained from the PA Game Commission. Hikers and hunters can utilize the Shikellimy Trail for foot travel in this area of game lands on Peter's Mountain. The trail is also important for club work trips and trail maintainers for access to the AT for maintenance purposes.

We also continued work on a one-mile long AT relocation in National Park Service property on the north slope of Stony Mountain that we started last fall. The relocated section of trail will eliminate the first one mile, and worst eroded, of the approximately three-mile long monotonous dirt road the trail follows from just north of Clark's Creek up to the top of Stony Mountain. This relocated section of the AT will have a more natural look to that of the old road users must now follow. It will be a more interesting segment of trail when finished with multiple short boulder field crossings and a small stream crossing. The rocky terrain makes for slow and arduous trail building, so completion of the relocation will take some time as we also have a lot of AT rehabilitation work to accomplish on the Stony and Sharp Mountains sections of the AT we recently were assigned.

Another SATC maintained trail, the Darlington Trail, required some work on the Bryson Hollow section west of the Tower Road terminus of the trail. The Club relocated the trail into this very pretty stream valley between Blue and Little Mountains a few years back. Some minor trail moving was needed to avoid a deep large hole along the trail that was caused by a large uprooted tree. We also had to rebuild some rock steps and a retaining wall near the stream that were damaged from flooding. New large stepping-stones were laid at the point of the trail stream crossing. Abundant wildflowers in bloom along the trail made the walk to the work sites very beautiful.

We will continue to have scheduled Club work trips this summer and in the fall on the AT on the Stony/Sharp Mountain sections of the trail to work on projects and deficiencies identified in trail assessments performed in cooperation with our trail partners, the Appalachian Trail Conservancy (ATC), the National Park Service, and the Pennsylvania Game Commission. We will also work again this September with the ATC Mid-Atlantic Crew on an AT rehabilitation project on Sharp Mountain between Yellow Springs village site and Cold Spring Trail to the north. Thanks to all the volunteers who come out on work trips and work HARD to build and improve the trails we love to use.

Jeff Buehler, SATC Trailmaster

## **ATC Mid-Atlantic Crew to Help SATC Again on Trail Project**

The Appalachian Trail Conservancy's Mid-Atlantic Crew will once again help our club on an Appalachian Trail (AT) project. The "Crew" is one of ATC's seasonal trail crews that work with local trail organizations to help out on difficult trail projects they may not be able to accomplish on their own. This year they will spend the first two weeks of their eight-week season with SATC continuing work on the wet, muddy section of trail north of the Yellow Springs village site in State Game Lands #211 known to many as Saint Anthony's Wilderness. This part of the AT on the top of Sharp Mountain follows a historic former stagecoach road that has developed significant drainage problems. Last year the Crew helped SATC start correcting these problems by building turnpikes

(raised trail tread) and drainage channels at various intervals along the trail. We anticipate similar work to continue for this year.

SATC will host the Crew from **Thursday, August 31 through Monday, September 11, 2006**. The Crew's work-week runs from Thursdays to Mondays with Tuesday/Wednesday off, so they can potentially work with more club members who are more likely to be able to come out on weekends.

As we did last year, travel to the work site parking area will be via the **Cold Spring Road** near Indiantown Gap Military Reservation in Lebanon County. Cold Spring Road leads north over Second Mountain and ends at a state game commission parking area where we will hike the mile long **Cold Spring Trail** that leads up Sharp Mountain to the AT. From there we'll hike south on the AT for about a mile to the work site.

The meeting location and time each day will be the rear of the parking lot at **Funck's Family Restaurant** located along PA Rt. 934 at **9:00 AM**. Participants will meet there and then drive to nearby Memorial Lake State Park to park and car pool to the Cold Springs parking area. Travel directions are easy: **Take I-81 to Exit 85B (Exit 85 from the north), then proceed north on PA Rt. 934 (towards Fort Indiantown Gap) ½ mile to restaurant on right**. A volunteer leader from SATC will meet participants in the parking area of the restaurant and lead them to Memorial Lake where a carpool can be organized. High clearance four-wheel drive vehicles are needed for a rough dirt portion of Cold Spring Road.

Volunteers coming out to work with the Crew should be in good physical condition as the work can be physically demanding although participants work at their own pace within the group setting and are instructed on proper techniques. They should bring lunch and plenty of water. Dress appropriately for the forecasted weather and wear long pants, boots, work gloves, and safety glasses for protection. Safety glasses will be provided.

We are hoping for another good turnout of club members to work with the Crew on this project. SATC has, in the past, been one of the best trail clubs in the Mid-Atlantic Region for fielding a large number of volunteers during a Crew week. For further information please contact:

Jeff Buehler, SATC Trailmaster

## **Trail Alerts**

### **Shikellimy Trail**

The Shikellimy Trail has recently been relocated by the SATC. The one-mile long, blue-blazed side trail on the south side of Peter's Mountain, Dauphin County, connects the Appalachian Trail on the top of the mountain with PA Rt. 325 (Clark's Valley Road). Previously, the trail terminated near the eastern edge of the private Camp Shikellimy grounds in Clark's Valley. The short relocation places the entire trail within surrounding state game commission lands and the new trailhead at Rt. 325 is across the road from adequate parking.

The trailhead along Rt. 325 can be located as follows: From the intersection of PA Rt. 225 and Rt. 325 East, which is north of Dauphin, head east on Rt. 325 for about 8 miles. Between PennDOT mile markers 210 & 220, just past Camp Shikellimy, is a long parking pull-off on the right (south) side of the road. Park here and look for blue blazes on north side of the road at the end of guardrail. A trail sign will be put up in the near future to identify the trail.

The Shikellimy Trail and parking area is shown correctly on the newest version (2004) of the map **Appalachian Trail in Pennsylvania Sections 7 & 8 Susquehanna River to Swatara Gap**, published by the Keystone Trails Association.

### **Yellow Springs Trail**

A portion of the Yellow Springs Trail in State Game Lands #211, Lebanon County, was severely damaged by flooding, probably during heavy rainstorms in the summer/fall of 2004. This blue-blazed side trail connects the Stony Valley Railroad Grade with the Appalachian Trail on Sharp Mountain. It then continues north to connect with the Stone Tower Trail at the top of Stony Mountain, goes past the old stone tower, and loops back to the Appalachian Trail at the Yellow Springs village site.

The .8 mile long section of the trail on the south side of Sharp Mountain, which had followed an old elevated incline plane much of the way, was apparently washed away at various points by rushing flood waters. Large

deep gullies and a lot of rocks and debris make this portion of the trail unsafe for hiking. The loop portion of the trail north of the Appalachian Trail is still intact and passable but currently is not maintained. Do not plan on using the damaged portion of the Yellow Springs Trail for loop hikes or access to the AT.

## **Trail Sign Maker Needed**

SATC needs a volunteer or volunteers to make trail signs for placement on sections of trails the Club is responsible for maintaining. We are looking for someone that can make rustic wooden signs with routed letters. Owning and having some experience using a router would be helpful. The Club would purchase materials needed. A SATC Master Sign List is being updated to include our additional trail section responsibilities. The list includes information for each sign that is needed such as the elements (wording), size, location, and type of sign. If interested, please contact Jeff Buehler, SATC Trailmaster, 657-8281, [ATHIKERJB@AOL.COM](mailto:ATHIKERJB@AOL.COM)

## **Shelter Committee Chairperson Needed**



The S.A.T.C. is looking for a volunteer for the leadership position of the Shelter Committee.

The Shelter Committee will be responsible for maintaining and managing the Peter's Mountain shelter site, which includes the old and new shelters, the privy, the spring and side trail to it, and the immediate vicinity around the shelters.

The committee chair should be willing to seek out and name other committee members that have an interest in the long term care of our club's only A.T. shelter site.

Presently, the shelter site is maintained by the Trail Maintenance Committee (Trailmaster).

For more information, please contact the club Trailmaster.

Jeff Buehler, SATC Trailmaster (717) 657-8281 E-mail: [ATHIKERJB@AOL.COM](mailto:ATHIKERJB@AOL.COM)

## NPS Hours of Service Awards Program

The National Park Service has created an Hours of Service Award program designed to show its appreciation for the incredible number of hours that volunteers have dedicated to the AT. There are four levels of awards:

8-99 hours – AT volunteer pin; 100 – 499 hours – AT volunteer patch; 500-999 hours – AT volunteer baseball cap; 1000+ hours – AT volunteer fleece vest  
Eligible hours **must** relate directly to the oversight of the Appalachian Trail.

If you would like to submit your hours to the National Park Service for an award please contact Pat Zinn, Awards Committee Chair. If you need help determining the number of maintenance or conference hours you have volunteered, please contact Jeff Buehler. Jeff will tally the hours of each volunteer on our work trips. Those who have enough hours could then apply for the Hours of Service Award.

## THE SUSQUEHANNA APPALACHIAN TRAIL CLUB, INC.

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