



# BUSHWACK BULLETIN

The **BUSHWACK BULLETIN** is published quarterly in the months of February, May, August and November by the Susquehanna Appalachian Trail Club, Inc. (SATC) P.O. Box 61001, Harrisburg, PA 17106-1001.

**VOLUME 51 – No 3** New email: [www.satc-hike.org](http://www.satc-hike.org) **SEPTEMBER 2005 – NOVEMBER 2005**

**OUR OBJECTIVES: GROUP HIKING + TRAIL MAINTENANCE + OUTDOOR RECREATION**

## Hiking and Activities Schedule

SEE END OF HIKE SCHEDULE FOR GENERAL HIKE INFORMATION AND CODES FOR HIKE  
MEETING PLACE IS FISHER PLAZA DOWNTOWN (NEXT TO STATE LIBRARY) UNLESS OTHERWISE NOTED  
PLEASE CHECK OUR WEBSITE FOR UPDATES (CHANGES, ADDITIONS, DELETIONS) TO THIS SCHEDULE

**August 21**

Sunday  
9:00 AM

**3-C-8**

80 hwy miles

**AT/183 to Hertlein Campsite**

The trail winds west passing a historical marker noting site of Fort Snyder. There is a gradual climb until the pipeline where it drops sharply down to Hertlein campsite. A refreshing lake awaits us. Can wade, explore and have lunch here. Bring lunch, water, and hiking boots.

Leader: Joyce Kunkle, 273-5605

**August 28**

Sunday  
9:00 AM

**2-D-6**

40 hwy miles



**Kinter Point Hike via Victoria, Whitetail, and Appalachian Trails**

**Leashed dogs are permitted on this hike.** 1000 foot climb. Panoramic vista. Boots required. Bring lunch and water. Alternate meeting place: parking lot at intersection of Rtes. 225 & 325 at 9:30 AM.

Leaders: John and Pat Zinn, 697-0648, [pzinn@comcast.net](mailto:pzinn@comcast.net)

**Sept. 1 thru**

**Sept. 12**



**Appalachian Trail Conservancy Mid-Atlantic Trail Crew Work Schedule**

Please refer to article on page 16. For more timely information please go to the club website at [www.satc-hike.org](http://www.satc-hike.org) or contact the SATC Trailmaster at (717) 657-8281, E-mail: [ATHIKERJB@AOL.COM](mailto:ATHIKERJB@AOL.COM).

**Sept. 2,3,4,5**

Weekend

**3-D-9 to**

**3-E-10**

300+ hwy  
miles

**Bean Cove Anniversary Hiking Weekend Bedford Co., PA & Allegany Co., MD**

See <http://www.fleszar.org/bcann05.htm> for full details. Three hikes using the Mid-State Trail, Green Ridge Hiking Trail and other trails around the Mason-Dixon Line. Lodging/camping options are available. Meet at Easter Hill Chalet, Rocky Gap State Park, MD, Interstate 68, exit 50.

Leaders: Peter Fleszar and Krista Cessna, 583-2093, [peter@fleszar.org](mailto:peter@fleszar.org)

**NEXT BUSHWACK BULLETIN DEADLINE FOR CONTRIBUTIONS: NOVEMBER 1, 2005**

Post to Editor - Bushwack Bulletin, S.A.T.C., 5226 Oxford Drive, Mechanicsburg, PA 17055

Email: [pzinn@comcast.net](mailto:pzinn@comcast.net) phone: 697-0648

<b><u>September 3</u></b> Saturday 9:00 AM	<b>2-C-11</b> 30 hwy miles	<b><u>Appalachian Trail, Yellow Breeches/Conodoguinet</u></b> Joint hike with Cumberland Valley Appalachian Trail Club (CVATC). Relatively easy terrain but an all-day hike. Bring lunch and water, at least 2 quarts per person recommended. MEET ONLY at MJ Mall in Carlisle, PA near Cinemas 8 movie theaters. Exit from I-81 at Carlisle Exit 47, Route 34 North. Go north on Route 34 to traffic light and turn left. Proceed to the second stop sign. Turn left into the mall. Meeting place is between theaters and street. Leader: Frank Bohn, 234-5169
<b><u>September 8</u></b> Thursday 5:45 PM	<b>3-C-5</b> 0 hwy miles	<b><u>Clarks Ferry After-Work Hike</u></b> Loop hike north on AT to newly relocated Blue Trail and circle back on AT south. Rocky, hilly, May finish after dark—bring flashlight, water, and snacks. MEET ONLY at Clarks Ferry Bridge parking area. Leader: Karen Balaban, 232-3708 (daytime), <a href="mailto:KMBalaban@BalabanLLC.com">KMBalaban@BalabanLLC.com</a>
<b><u>September 11</u></b> Sunday 4:30		<b><u>Memorial Lake Trail Crew Potluck Covered Dish Dinner</u></b> Memorial Lake State Park Middle Pavilion. See Club Notices on page 14. Please contact Louise Sis at 774-0196 if you plan to attend.
<b><u>September 17</u></b> Saturday 10:00 AM	<b>2-B-5</b> 12 hwy miles	<b><u>Conewago Trail on Rt. 743 between Hershey and Elizabethtown</u></b> <b>Leashed dogs are permitted on this hike.</b> Beautiful Rails to Trails section with a canopy of trees. Easy walk. Wear sturdy boots or sneakers. Bring something to sit on that fits in your backpack. Bring lunch/snacks and water. Ice cream stop after hike. MEET ONLY at Hershey Outlets--Bus Station/Dress Barn. Leader: Sylvia Miller, 533-5422, <a href="mailto:hiker@paonline.com">hiker@paonline.com</a>
		
<b><u>September 17</u></b> Saturday 6:15 PM	<b>3-C-5</b> 0 hwy miles	<b><u>Almost Full Moon Hike</u></b> Moonrise 7:14 PM. Hike from Scott Farm to Miller's Gap. Bring flashlight, water, and snacks. Expect cool evening weather. MEET ONLY at Miller's Gap parking lot. Leader: Karen Balaban, 232-3708 (daytime), <a href="mailto:KMBalaban@BalabanLLC.com">KMBalaban@BalabanLLC.com</a>
<b><u>September 18</u></b> Sunday 8:00 AM	<b>2-C/D-7.2</b> 200 hwy miles	<b><u>Rickett's Glen Falls Trail Hike</u></b> The 7.2-mile trail will cover the upper and lower sections of the falls. (An optional 3.2-mile loop can be taken on the Highland Trail and the Glen Leigh and Ganoga sides of the trail instead to see most of the waterfalls.) The trails will take you along 21 beautiful waterfalls ranging in heights from 11 to 94 feet. Terrain is rocky, can be slippery and descends steeply on both the Ganoga and Glen Leigh sides. Bring water, lunch/snacks and good hiking boots. Leaders: Daryl Stahl, 732-6341, and Lee Casher
<b><u>September 22</u></b> Thursday 10:00 AM	<b>1-A-3</b> 0 hwy miles	<b><u>Discover Hampden Township</u></b> Hike in residential neighborhood down to edge of the Conodoguinet Creek and a house that was formerly a trading post. Sneakers okay and strollers welcome. MEET ONLY at Skyport Road at gazebo on north side of road between Stephen's Crossing and Westover Drive. Optional lunch afterwards. Leaders: Dot Brown, 697-8668 and Loretta Cairo, 737-7551
<b><u>September 24</u></b> Saturday 11:00 AM	<b>1-C-2</b> 0 hwy miles	<b><u>The Rockin' Tots Do Boiling Springs</u></b> Take your tot out for a walk on the A.T., village sidewalks and lesser-known paths around and near Children's Lake. We will stop to eat our packed lunches on the way. Please, at least one responsible adult per tot. Others willing to travel at a toddler's pace also welcome. Bring water and lunch. Not suitable for small, hard-wheel strollers. Call leaders (or their parents) for more information. MEET ONLY at Furnace Stack parking lot, bottom of Bucher Hill Road off PA 174, Boiling Springs. Leaders: Laurel Fleszar, 583-2093 and Kelly Barker, 249-6727
<b><u>September 25</u></b> Sunday 10:00 AM	<b>2-C-5</b> 10 hwy miles	<b><u>14<sup>th</sup> Annual Pete Wilhusen Memorial Hike</u></b> Hike on the AT from Whiskey Springs Road to Leidig Drive. Wear boots. Bring snacks and water. Optional lunch stop at JC's Country Café in Boiling Springs. MEET ONLY at AT office in Boiling Springs. Park on 174 near post office. Leader: Dick Martin, 258-5261, <a href="mailto:HikeMartin@aol.com">HikeMartin@aol.com</a>

**September 27**

Tuesday  
6:00 PM

**2-B-3**

4 hwy miles



**Peter's Mountain Ice Cream Hike**

Hike on a SATC section of the AT. Bring water. Sturdy shoes recommended. Ice cream at 3 B's. MEET ONLY at intersection of Rts. 225 & 325 north of Dauphin Borough.

Leaders: Louise and Rick Sis, 774-0196

**September 28**

Wednesday  
10:00 AM

**2-C-3-4**

10 – 20 hwy miles

**Mystery Hike**

MEET ONLY at Fort Hunter Barn. Optional lunch afterwards. Wear hiking boots and bring water.

Leader: Barbara Van Horn, 834-6458, [bvhbarb@pa.net](mailto:bvhbarb@pa.net)

**September 30,  
October 1 & 2**

**Keystone Trails Association (KTA) Fall Meeting and Hiking Weekend**

Stay at Camp Conrad Weiser, Wernersville, PA and share meals, a variety of hikes and a Saturday evening program with hikers from all over Pennsylvania. Contact Barbara Harvey, 766-7868 for information on this fun hiking weekend in a pretty part of PA or see KTA's website where registration information will be posted: <http://www.kta-hike.org>

**October 1**

Saturday  
7:30 AM

**3-C-8-10**

160 hwy miles

**Jim Thorpe (Mt. Pisgah, Glen Onoko Falls)**

Two short hikes with excellent vistas of the Lehigh Valley Gorge plus a street walking tour of the town. Spend a leisurely day and enjoy the early Fall foliage. Bring water and lunch.

Leader: Karen Balaban, 232-3708 (daytime), [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)

**October 2**

Sunday  
8:30 AM

**2-D-7**

120 hwy miles

**The Thousand Steps**

Climb the Steps, make a loop and return via the Steps. Hiking boots a must. Bring lunch and water.

Leader: Susanne Donmoyer, 545-5308

**October 9**

Sunday  
9:00 AM

**2-D/E-5.5**

15 hwy miles

**Water Tank Trail Hike**

Clark's Creek to Stony Valley. Moderate paced hike with some steep climbs and descents. Starts just below the DeHart Reservoir on Rt. 325 and AT parking lot, follows Water Tank Trail and climbs 600 ft. to nearly 1600 ft. on top of Stony Mountain, then descends down to Stony Valley parking lot. Blueberries, when in season, water and waterfalls running on both sides of trail. Terrain is steep and very rocky on Stony Valley side, so footing can be a little treacherous. Bring water, lunch/snacks and hiking boots. MEET ONLY at Routes 225/325 parking lot.

Leaders: Daryl Stahl, 732-6341, and Lee Casher

**October 10**

Monday  
10:00

**1-B-3**

0 hwy miles

**Green Belt Hike**

MEET ONLY at Veterans' Park on Elmerton Avenue in Susquehanna Township and walk on the Greenbelt. Bring snacks and water.

Leaders: Jan Sieger Fisher, 545-9848 and Susanne Donmoyer, 545-5308

**October 13**

Thursday  
6:30 PM

**Board Meeting**

**SATC Board of Directors Meeting**

Members are welcome. Location: East Shore Area Library, 4501 Ethel Street, Harrisburg, PA, downstairs Lab (inquire at the reference desk). The Library is located near the Colonial Park Mall.

Contact: Barbara Harvey, 766-7868

**October 15**

Saturday  
10:00 AM

**2-B-5**

12 hwy miles



**Conewago Trail on Rt. 743 between Hershey and Elizabethtown**

**Leashed dogs are permitted on this hike.** Beautiful Rails to Trails section with a canopy of trees. Easy walk. Wear sturdy boots or sneakers. Bring something to sit on to fit in backpack. Bring lunch/snacks and water. Ice cream stop after hike. MEET ONLY at Hershey Outlets—Bus Station/Dress Barn.

Leader: Sylvia Miller, 533-5422

**October 16**

Sunday  
1:00 PM

**2-C-4-5**

30 hwy miles



**Stony Creek Railroad Bed In and Out Hike**

**Leashed dogs are permitted on this hike.** Hike the Dauphin end on railroad bed. Flat, easy walking. Bring water and snacks.

Leader: Janet Eshleman, 774-1318

<u><b>October 18</b></u> Tuesday 6:30 PM	<b>Fall Meeting for Members and Guests</b>	<b><u>Fall Meeting for Members and Guests</u></b> Following refreshments and a review of last quarter's activities, we will schedule hikes and work trips for December, January and February. Sylvia Miller of the SATC will present a program entitled "How To Get the Most Out of Your Hike." <b>NEW LOCATION; Swatara Township Building, 599 Eisenhower Boulevard, Harrisburg, downstairs.</b> See Club Notices for directions and additional details. Contact: Barbara Harvey, 766-7868
<u><b>October 19</b></u> Wednesday 8:30 AM	<b>2-B-5</b> 0 hwy miles	<b><u>Lower Trail and Much More-Huntingdon/Raystown</u></b> We will be transported by bus to the Lower Trail and hike on this flat rail trail. Back on bus for a historical sightseeing tour in the Huntingdon/Raystown area. Full day excursion, arriving back at 6:00 PM. Bring trail lunch, water and lots of snacks for this long day trip. Sneakers acceptable. MEET ONLY at the Clarks Ferry Truck Stop on Rt. 322 West, north of Dauphin. Trip limited to 25; cost \$20, payable to leader by October 10. Leader: Louise Sis, 774-0196
<u><b>October 22</b></u> Saturday 10:00 AM	<b>2-B-3</b> 0 hwy miles 	<b><u>Bull Frog Valley Bike/Nature Trail</u></b> <b>Leashed dogs are permitted on this hike.</b> Hike on a lovely paved trail with canopy of trees and small stream. Gradually walk through the woods on a nature trail. One small hill with some roots and rocks. Wear boots or strong sneakers. Bring water. Optional stop for lunch or ice cream after hike. MEET ONLY at Bull Frog Valley parking lot on Bull Frog Valley Road off Route 322 East. Leader: Sylvia Miller, 533-5422, <a href="mailto:hiker@paonline.com">hiker@paonline.com</a>
<u><b>October 23</b></u> Sunday 9:00 AM	<b>2-C-5</b> 24 hwy miles	<b><u>Miller's Gap to Scott Farm</u></b> Hike from Miller's Gap via Darlington Trail west to south on the A.T. to Scott Farm. Wooded, level terrain. One steep downhill grade with view of valley, south side of Blue Mt. Bring snacks/water, boots recommended. Alternate meeting place: Parking lot on Route 114 just north of Rt. 81, exit 18 at 9:15. Leader: Thyra Sperry, 258-5261, <a href="mailto:hikesperry@aol.com">hikesperry@aol.com</a>
<u><b>October 26</b></u> Wednesday 10:00 AM	<b>2-C-3-4</b> 10 – 20 hwy miles	<b><u>Mystery Hike</u></b> MEET ONLY at Fort Hunter Barn. Optional lunch afterwards. Wear hiking boots and bring water. Leader: Barbara Van Horn, 834-6458, <a href="mailto:bvhbarb@pa.net">bvhbarb@pa.net</a>
<u><b>October 29</b></u> Sunday 8:00 AM	<b>2-D-8.5</b> 100 hwy miles	<b><u>The Pinnacle, AT, Pulpit Rocks</u></b> Moderate pace, one steep climb over rocky terrain. The Pinnacle is one of the most famous views on the Appalachian Trail in Pennsylvania. Bring water, sturdy hiking boots and lunch. Alternate meeting place: Hamburg Reservoir at 9:15 AM. Leaders: John and Pat Zinn, 697-0648, <a href="mailto:pzinn@comcast.net">pzinn@comcast.net</a>
<u><b>October 30</b></u> Sunday 8:00 AM	<b>3-D-17</b> 35 hwy miles	<b><u>AT/ Boiling Springs to Pole Steeple Trail</u></b> Hike from Boiling Springs AT office to Pole Steeple Trail. Finish hike at Pole Steeple parking lot near Laurel Lake. Bring plenty of food and water. Poor weather will shorten, not cancel hike. All participants need to contact leader ahead of hike. MEET ONLY at Boiling Springs AT office parking lot. Leader: Ron Manweiler, 776-3172, <a href="mailto:manweiler@pa.net">manweiler@pa.net</a>
<u><b>October 31</b></u> Monday 6:00 PM	<b>1-B-7</b> 65 hwy miles	<b><u>Stony Valley Spook Hike</u></b> A slow-paced spook hike to the Rausch Gap Cemetery in the dark, via rail-trail, to hear the tales of the haunts along the abandoned Schuylkill & Susquehanna Railroad and surrounds. Please bring a flashlight, water and a snack. Alternate meeting place: Western Rail-Trail parking lot on Gold Mine Road at 7:00 PM. Leaders: Brandy Watts, 838-8392, <a href="mailto:Stoney_Valley_History@verizon.net">Stoney_Valley_History@verizon.net</a> , Annette Watts
<u><b>November 5</b></u> Saturday 9:00 AM		<b><u>Mid-State Trail Relocation Hike</u></b> Inaugural hike on relocated trail. Ceremony at 9:00 AM at Game Land 73 on Upper Snake Spring Valley Road near the historic Civil War trench and Dunkard Path. Afterward, hikers will proceed on a seven-mile hike of the relocated trail. Bring boots, water and food. Contact: John Stein, 571-4939

**November 6**

Sunday  
9:00 AM

hwy miles  
vary



**Trail Work Trip**

Trail work and location to be determined by leader. Bring lunch, plenty of water and work gloves. Dress appropriately for the weather anticipated. MEET ONLY at the parking area at the intersection of Rtes 225 & 325 East (Clarks Valley Road), north of Dauphin Borough.

Leader: Jeff Buehler, 657-8281, [ATHIKERJB@aol.com](mailto:ATHIKERJB@aol.com)

**November 6**

Sunday  
9:00 AM

**1-C-6**  
65 hwy miles

**Exploring Gold Mine and Mt. Eagle**

A slow-paced historical hike, with frequent stops, on the old Mt. Eagle Narrow Gauge Railroad and then out to the former coal-mining town of Gold Mine. There will be some minor ascents/descents on the mountain, along with stream crossings. There **will** be bushwhacking. Please bring water and lunch/snacks; hiking boots not needed but suggested. Alternate meeting place: Western Rail-Trail parking lot on Gold Mine Road at 10:00 AM

Leaders: Brandy Watts, 838-8392, [Stoney\\_Valley\\_History@verizon.net](mailto:Stoney_Valley_History@verizon.net), Annette Watts

**November 11**

Friday  
8:30 AM

**2-C-5**  
130 hwy miles

**Reading Pagoda Hike**

Hike to the Pagoda (an 800 foot climb) to view city and visit Pagoda. Bring water, snacks, and hiking boots. Optional lunch afterwards. MEET ONLY at Harrisburg Mall, Lamp Post #1 (Hecht's side).

Leaders: John and Pat Zinn, 697-0648, [pzinn@comcast.net](mailto:pzinn@comcast.net)

**November 12**

Saturday  
7:45 AM

**3-C-13**  
210 hwy miles

**Green Ridge State Forest, MD**

Warm up with 3 miles on the C&O canal starting in Little Orleans before joining the Red Trail at Lock 58 to Forest HQ along rugged terrain. Bring camera, lunch, snacks and water. MUST CALL LEADER FOR MEETING LOCATION.

Leader: Karen Balaban, 232-3708 (daytime), [KMBalaban@BalabanLLC.com](mailto:KMBalaban@BalabanLLC.com)

**November 13**

Sunday  
12:00 PM

**2-B-4-5**  
30 hwy miles

**Appalachian Trail in and out – Boiling Springs**

Hike North on AT from Mid-Atlantic AT office and return. Bring water and snacks. Alternate meeting place: Mid-Atlantic AT office across from Post Office in Boiling Springs (PA 174) at 12:45.

Leader: Janet Eshleman, 774-1318

**November 16**

Wednesday  
10:00 AM

**2-B-4**  
0 hwy miles

**Bull Frog Valley/Shank's Park**

Walk from parking lot to loop around park and return. Bring water and snacks. MEET ONLY at Bull Frog Valley parking lot. Optional lunch stop after hike.

Leader: Susanne Donmoyer, 545-5308

**November 20**

Sunday  
9:00 AM

hwy miles  
vary



**Trail Work Trip**

Trail work and location to be determined by leader. Bring lunch, plenty of water and work gloves. Dress appropriately for the weather anticipated. MEET ONLY at the parking area at the intersection of Rtes 225 & 325 East (Clarks Valley Road), north of Dauphin Borough.

Leader: Jeff Buehler, 657-8281, [ATHIKERJB@aol.com](mailto:ATHIKERJB@aol.com)

**November 20**

Sunday  
1:00 PM

**2-A-3**  
0 hwy miles



**Wildwood Park Loop**

**Leashed dogs are permitted on this hike.** MEET ONLY at Nature Center parking lot and hike the wetlands. Bring water and snacks.

Leaders: John and Pat Zinn, 697-0648, [pzinn@comcast.net](mailto:pzinn@comcast.net)

**November 27**

Sunday  
10:00 AM

**2-B-7**  
0 hwy miles

**Greenbelt Loop**

Walk on Greenbelt to Harrisburg East Mall for lunch at the Food Court (or bring your own). Return via Reservoir Park and State Street.

Leader: Susanne Donmoyer, 545-5308



# GENERAL HIKE INFORMATION

## Special Note: Riders' Fees Increased

On April 5, 2005 the SATC Board, because the riders' fee was last set when gas prices were about half of what they are now, increased the riders' fees to ten cents per mile. If you ride with someone, you should give the driver ten cents times the highway mileage shown on the hike schedule to help defray the cost of transportation as now noted below under "Transportation".



### 1. **MEETING LOCATION**

Unless otherwise noted in the hike schedule, all hikes on weekends and holidays leave from **Fisher Plaza** (entrance to the State Library, access from 7<sup>th</sup> Street) behind the State Capitol Building. Should Fisher Plaza be closed, the alternate meeting site is the parking island in front of the East Gate Office Center on 7<sup>th</sup> Street, opposite the Herr Street underpass. Five additional minutes will be allowed for arrival at the alternate site.

### 2. **TRANSPORTATION**

If you ride with someone, you should give the driver **10 cents** times the highway mileage shown in the hike schedule to help defray the costs of transportation.

### 3. **REGISTRATION**

All hikers are asked to register with the hike leader at Fisher Plaza or at the trailhead before starting any scheduled hike. Some hikes require advance registration with the hike leader. Please check the schedule for this requirement.

### 4. **DOGS PERMITTED ONLY IF NOTED IN THE HIKING AND ACTIVITIES SCHEDULE**

### 5. **PACK IN, PACK OUT (LEAVE NOTHING BEHIND)**

### 6. **SMOKING GUIDELINES**

SATC prefers that hikers refrain from the use of tobacco products during Club activities. Smokers are individually responsible for damage to the forests.

## CODES FOR THE HIKES

### ***PACE Codes***

- 1 - Leisurely: nature or historical walk; frequent stops for observation**
- 2 - Moderate: steady, 1 to 2 miles per hour (mph)**
- 3 - Brisk: steady, 2 to 3 mph**
- 4 - Fast: 3 to 4 mph; very short breaks; an anaerobic workout**

### ***TERRAIN Codes***

- A - Solid pavement/sidewalk**
- B - Soft ground/sand/carriage trails; nearly level; few rocks or obstructions (roots)**
- C - Some rocks/roots/obstructions; climbs and descents totaling up to 1000 feet possible**
- D - Steep hills, rocks/roots/obstructions likely; frequent climbs and descents with a total of more than 1000 feet**
- E - Extremely difficult; some or all of these features possible or likely: rough footing (rocks, roots); unbridged stream crossings; non technical rock climbing/scrambling; boulder fields; bushwhacking; individual climbs and descents over**

**Mileage – Estimated by the hike leader**

## **New Rules for Dogs**

**By John Zinn of the SATC**

On June 29, 2005, the Board passed a motion allowing hike leaders to advertise hikes specifically allowing leashed, well-controlled dogs. A hike leader should specify on the Hike Schedule Form whether dogs would be permitted on his or her hike. The Club hopes that membership will increase with this liberalized policy. Now that the Club has gone to the dogs, we have a few doggone rules for dog owners/handlers to follow. Hike leaders should hand out a copy of the rules to dog owner/handlers before the hike begins. Susanne Donmoyer or Pat and John Zinn should have copies of the rules.

### **SATC DOG RULES**

1. Please only bring dogs that are capable of keeping up with the humans. Some small dogs and some older dogs may not be suitable for hiking. Please use your judgment.
2. Please keep dogs leashed and under control.
3. Dog owners/handlers must clean up dog waste and carry it out of the hiking area.
4. Dog owners/handlers must stop their dogs from digging and immediately fill any holes dug.
5. Please do not bring more than two dogs per handler.
6. Please do not bring a female dog in heat.
7. Dog owners/handlers are solely liable for injuries or damage caused by their dogs.

## **New Procedure for Hike Leaders.**

Hike Leaders should mail their sign-up sheets to Lisa and Chris Seiders, our new Database Manager team. If your pre-addressed return envelope is still addressed to Susanne Donmoyer, please contact her for the correctly addressed return envelope. The Seiders will tabulate member hikers' number of hikes and the number of miles hiked. Awards to members for the following categories may be given at our Spring 2006 Banquet and published in this newsletter:

Who Hiked the Most Miles?  
Who Was on the Most Hikes?  
Who Led the Most Hikes?

What is required to accomplish these results? The database has been augmented to record needed information but it is necessary that Hike Leaders send the Hike sign-up sheets to the Database Manager in a timely fashion. It is also necessary that each member write their name clearly on the sign-up sheets. Information will be recorded only for Club members.

All club hikers are required to sign the sign-up sheet provided by the hike leader before the hike begins.

## **Hike Leader Training Facilitator Needed**

At the June 29, 2005 Board Meeting, the Board Members expressed a desire to increase the number of hikes on holiday weekends. While our hiking schedule is impressive, it often lacks hikes on holiday weekends. Also, at our July 12, 2005 Members' and Guests' Meeting, Susanne Donmoyer, our hike leadership chairperson, spoke about increasing the diversity of hike leaders. In other words, she would like to see some new blood leading some hikes. The Board recognizes the need for some hike leadership training to accomplish these goals. If anyone is willing to give or assist with training, please contact one of the Board Members.

## **FROM THE PRESIDENT**

*Dear SATC Members,*

*Please mark your calendars! The Mid-Atlantic Trail Crew is going to be working on our new section of the trail from September 1 until September 12. They will need help! We will be having a potluck covered dish dinner for them on September 11. Louise Sis is coordinating this. Please plan on helping the Trail Crew and bringing a covered dish for the dinner.*

*About a year ago, we agreed to maintain 11 more miles of the AT. This section was formally maintained by a club from Delaware. Parts of the trail are in bad shape. We just gained access (from the game commission) to roads that permit shorter routes to parts of the trail. Please set aside that time in September to help bring our new section of the trail up to par. Thanks!*

*Has everyone been conscious of saving energy? Remember to walk if the destination is only a couple of miles. Dry all of your clothes outside in nice weather. Keep the thermostat on the air conditioner at 78 degrees. Conserving energy is every ones job.*

*Happy Trails, Barb Harvey*



**A special thanks to Lisa and Chris Seiders:** For volunteering to keep the Club database and agreeing to take the hiking sign-up sheets and creating a database for the number of hikes and the miles each person hiked.

**To our May, June and July trail work crew volunteers:** Gary Alleman, Tim Bachman, Leo Boyer, Jeff Buehler, Lee Casher, Suzanne and Carl Donmoyer, Sara Ford, Marty Gromulat, Barb Harvey, Carolyn Jones, Taylor Kuyk-White,

Gary LaBelle, Richard Martin, Diane McCoy, Dan Ocho, Mike Patterson, Charles Paul, Mark Rothermel, Tom Scully, Daryl Stahl, Park Trullinger, Jane and Will Webster, Jeff Willard, and Chris Yates.

**To our trail maintainers:** John & Pat Zinn, Park Trullinger, Will & Jane Webster, Jeff Willard, Susanne Donmoyer, Joshua McKinney, Charles Paul, Pete Fleszar, Pat Markovic, Dave Hrobuchak, Tim Bachman, Marty Gromulat, Barb & Sam Harvey, Gary Alleman, Jack Bushey, John Lenahan, Gary LaBelle, Debbie Mabry, and our Trailmaster, Jeff Buehler. **See page 17 for a list of each maintainer's trail section.**

To Barb Harvey, Kris Kyler and all those who help organize our picnic.

A special thanks to those who helped get the big oak tree off the shelter to spring path.

**To our June, July and August hike leaders:** Katie Barker, Susanne Donmoyer, Janet Eshelman, Terry and Wanda Godar, Sam and Barb Harvey, Joyce Kunkle, Sylvia Miller, Louise and Rick Sis, Thyra Sperry, Steve Stroman, Annette and Brandy Watts, Will and Jane Webster, Pat and John Zinn.

Thanks to all of the officers and board members, those serving on committees and those doing specialized tasks.

## **Email changes requested**

Please check to see if the email listed in our Directory is correct. Emails change frequently. When you email changes, please notify the Secretary at [hikemartin@aol.com](mailto:hikemartin@aol.com) or 258-5261. This will help us notify you of our Club's activities. Please notify us as well when your name, address, or phone numbers change.

Thank you, Dick Martin, Board Secretary



**Our website name has changed. Next time you visit our fabulous web site, please use our new web address: [www.satc-hike.org](http://www.satc-hike.org).**

If you would like to post information on our website, please email Peter Fleszar at [pfleszar@epix.net](mailto:pfleszar@epix.net).

**Freelance editorials and hiking photos requested**

The Editor needs your input and your ideas for publication in the Bushwack Bulletin. This is your forum. Please take advantage of it. We also need your hiking photos. Remember the old saying: a picture equals a thousand words.

**NEW MEMBERS**

Compiled by Lisa and Chris Seiders of the SATC

***Please join us in welcoming these new members:***

Tracey Ash	Etters	Perry & Nathan Ligon	Harrisburg
Anna & Stephen Brandwene	Camp Hill	Peggy Marsicano	Mechanicsburg
Anita Butcher	Summerdale	Joseph Miller	Hershey
Thomas Castanzo	Harrisburg	Shawn Norton	Camp Hill
Christine Clark-Gales	Harrisburg	Fred Novello	Harrisburg
Gage Clark	Harrisburg		
Henry Crist	Harrisburg	Donna Richards	Dillsburg
Marian Fisher	Mechanicsburg	Charles Roesner	Mechanicsburg
Don Freeman	Mechanicsburg	Mark Rothermel	Palmyra
Gerald Godwin	Mechanicsburg	Lurlei Rutkowski	Shiremanstown
Alisia Haight	Lemoyne	Cathy Sabatino	Shiremanstown
Rehan Haque	Hershey	Tom Schwartz	New Cumberland
Jessica Kirby	Harrisburg	Tara Shade	Marysville
Peter Benjamin Knight	Harrisburg	Erich Shellenberger	Lancaster
George Kurie	Hummelstown	Gary Smith	Harrisburg
Georgia LaFontaine	Camp Hill	Anita Winn	Lebanon

**Our Treasury, June 30, 2005  
As Reported by Richard Sis, SATC Treasurer**

Checking Account	\$1,544.18
Interest bearing Checking	\$1,769.64
Vanguard Fund	\$11,259.35
Sovereign Certificate #1	\$2,611.46
Sovereign Certificate #2	<u>\$3,379.92</u>
<b>TOTAL UNRESTRICTED</b>	<b>\$20,564.55</b>
Land Purchase-Restricted	<u>\$3,096.09</u>
<b>TOTAL ALL FUNDS</b>	<b><u>\$23,660.64</u></b>



**Board Notes:** The Club has two Sovereign Bank certificates of deposit with a total value of \$5,991.38 that is now included on the Treasurer's Report. Our total unrestricted funds on June 30, 2005 amounted to \$20,564.55. On June 29, the Board authorized a \$500 donation to Inner City Outings (See article in Club Snippets) and added another \$500 to the annual trail maintenance budget. The Board noted poor attendance at the banquet and a loss on the event. The Board is interested in a speaker for the next banquet. Barbara Van Horn suggested that the Board consider the Doyle Hotel as a possible venue.

The Board is considering the use of our funds for trail maintenance and preservation and to promote hiking. Your ideas are welcome. Your editor has personally submitted a plea for the purchase of liability insurance. Please submit your ideas to Barbara Harvey, Board President at [bjaneharvey@aol.com](mailto:bjaneharvey@aol.com) or to any Officer or Director listed on page 18 of this issue.



## **Wilderness First Aid Course – November 5-6**

An eighteen-hour class in Wilderness First Aid, a program of the Wilderness Safety Council, will be conducted in Harrisburg, PA. The course includes classroom study, hands-on practice, and results in a two-year certification. The cost is \$160. Registration is on a first-come, first-served basis. For additional information phone (703) 836-8905 or visit <http://wfa.net>.

## **Pennsylvania Recreation and Park Society (PRPS) Courses**

### **Quantifying the Economic Benefits of Trails, Quantifying the Health Benefits of Trails, How to Conduct a Trail User Survey, & Methods for Conducting Trail User Counts**

9:00 a.m. - 4:00 p.m.

Sept. 26, 2005-Harrisburg/Hershey Holiday Inn, Grantville PA

Learn how to determine the economic impacts of a trail and how to use the information to win support and funding.

Learn how to convert trail usage characteristics such as riding a bike for two hours of walking for one hour into health benefits in terms of calories burned and cardiovascular benefits.

Learn how to conduct a trail user survey.

Learn about various methods of conducting a trail user count and how that sampling can be extrapolated to an estimate of annual trail usage.

### **Sustainable Trail Design and Construction-Trail Building 101**

9:00 a.m. - 4:30 p.m.

Sept. 27, 2005-Harrisburg/Hershey Holiday Inn, Grantville PA

Sustainable trail design and installation for low maintenance trails for non-motorized trail users. Students will learn low-impact, sustainable trail design from planning to implementation. Students will learn basic assessment and resolution using the parameters of sustainable trail design.

To register or for more info, please phone Lisa Litz at 814-234-4272 or email her at [llitz@prps.org](mailto:llitz@prps.org).

## **Stony Valley Land Swap Update**

By John Zinn of the SATC

These days, it has been difficult to find out what is going on with the land swap proposal in Stony Valley. The short answer is nothing. The military put together a proposal to swap land near the DeHart Dam that it did not own. The Harrisburg City Authority owns that land, near the DeHart Dam. The Stony Valley Coalition reorganized, held monthly publicity hikes and received overwhelming support from environmental and other local groups in the area. Responding to the community outrage over the proposal, the Authority refused to sell the land to the military. No other formal proposals have been officially submitted. That is it. At this point, the land swap involving Stony Valley is on hold and may be history.

Nevertheless, the military apparently is still pursuing an "expanded impact zone". A lawyer representing the Save Stony Valley Coalition, in a July Coalition meeting claimed the military is pursuing a land purchase in the Rockview Prison area near State College.

The land swap ordeal is not officially over. Stay tuned.

For further information and schedule of meetings, hikers should check websites for Indiantown Gap and/or the Save Stony Valley Coalition. The public is invited to a Save Stony Valley picnic on Sunday, August 28 at Memorial Lake. Please check their website, [savestonyvalley.com](http://savestonyvalley.com) for further details.

## **Sunday Hunting**

By John Zinn of the SATC

House Bill 904 presently sits in the Pennsylvania legislature, but if passed, the Pennsylvania Game Commission would be empowered to decide if Sunday hunting is feasible and ultimately allow it. Such legislation would negatively affect hiking as well as many other activities in Pennsylvania. The major opposition players are the Pennsylvania Federation of Sportsmen's Clubs, Pennsylvania Farm Bureau, Keystone Trails Association (KTA), Pennsylvania State Grange and others. The major proponents are the Pennsylvania State Fish and Game Protective Association, United Sportsmen, National Wild Turkey Federation, National Rifle Association and others.

KTA President Hugh Downing testified in public hearings that his 30,000-member group is dedicated to preserving, protecting and promoting recreational hiking opportunities. Further, KTA opposes any legislation that would allow Sunday hunting. Sunday hunting would be dangerous and unfair to tens of thousands of people who seek recreation in Penn's Woods." Hunters have the woods for six days a week. He urged the House Game and Fisheries Committee to "keep one day safe and available for the rest of us." Downing remarked that hikers find the safety of Sunday hiking comforting.

Officials at the Pennsylvania Farm Bureau, another strong opponent, reinforced the fact that farmers want at least one day a week of privacy with no hunters knocking on their doors. The Bureau rejected Sunday hunting of groundhogs even though groundhogs are problematic. Many members have testified before the Committee that they are prepared to close their land to hunting all seven days of the week if Sunday hunting is permitted.

Hunters are the major proponents of this legislation often citing the oft-used "managing the deer herd" to justify it. The Pennsylvania Game Commission is split on this issue. Some Commissioners, citing a study, see hunting as a two billion dollar business. However, the study did show what impact Sunday hunting would have on those numbers and did not consider the loss of wildlife watchers and hikers who consider Sunday to be their day of safety in the woods.

Please take the time to contact your state representative regarding this issue. Once Sunday hunting is allowed our Club will have to find hiking places not encroached by Sunday hunters during hunting season.

## **State tops nation in Lyme disease cases**

by Richard Martin of the SATC, based on an article by John-Michael Stern of the Patriot-News.

If you are out there hiking or wildlife watching, you should be aware that Pennsylvania has more Lyme disease cases than any other state.

Pennsylvania had 5,730 cases in 2003, representing 27 percent of the national total, according to the Centers for Disease Control. The number of cases in the state increased 44 percent from 2002 to 2003, said Emily Cramer, a CDC spokesperson.

There is a big lack of awareness. You do not have to be bushwhacking through the forest, hunting or hiking to be fair game for the blacklegged tick. You could be fishing at your favorite stream, mowing the lawn or having a picnic.

The increase in the number of deer around your home makes you more at risk. Being near other animals such as white-footed mice and chipmunks increases the risk further.

The Center for Disease Control has two criteria to determine Lyme disease: A "bull's-eye" rash -- a red circular patch at the site of the tick bite -- or a blood test that indicates infection.

However, many with Lyme disease do not have the telltale rash, and blood tests do not always detect it. In addition, Lyme disease is often misdiagnosed because it resembles many other diseases, such as multiple sclerosis, Lou Gehrig's disease and fibromyalgia.

### **Lyme Disease [Prevention:](#)**

1. Ticks can jump on to your body as you brush through tall grass or underbrush. Walk in the middle of trails.
2. Wear light-colored long pants & use Deet.
3. Don't sit on the ground.
4. Shower as soon as possible after the your outdoor activity
5. Ticks are about the size of the period at the end of this sentence. Look (and feel) for them after your shower. They are ten times larger when filled with your blood.
6. Tick season is long. I had ticks in my body as late as November 25. If you remove an embedded tick, check for the rash for the next few weeks - and seek medical attention.

## **New Staff at the AT Mid-Atlantic Regional Office in Boiling Springs**

By John Zinn, editor from information provided by Richard Martin of the SATC

Joining Karen Lutz and Michelle Miller are Todd Remaley, the new Park Ranger, John Luthy, the new Administrative Assistant, Sally Nasser, the new Boundary Program Manager and Bob Sickley, the new Associate Regional Representative (replacing

Ian Nelson who has moved to a job on the Pacific Crest Trail). We wish all AT Mid-Atlantic personnel the best as they have considerable responsibilities and possess considerable credentials to perform their duties. Personnel at the Mid-Atlantic Regional Office may be reached at 717-258-5771 or by mail at PO Box 625 (note new PO Box), Boiling Springs, PA 17007. Email is first initial, last name @atconf.org. (E.g. bsickley@atconf.org.)

## **CLUB SNIPPETS**

### **Singles & the SATC**

By Richard Martin of the SATC

Fifty years after its founding, the Susquehanna Appalachian Trail Club has come to the realization that perhaps they're a Singles Club in disguise.

Among the members who met each other via the hiking club and subsequently married are Katie & Sam Barker, Krista Cessna & Pete Fleszar, Susanne & Carl Donmoyer, Jane & Randy Greber, Wanda & Terry Godar, Carol & Bill Mayer, Jeff & Jody Pinsler, Louise & Rick Sis, Thyra Sperry & Dick Martin and Jane & Will Webster. It is interesting that all are active hikers. It was not just paying the dues that made them meet, it was getting involved in the organization and going on many hikes. There is a lot of time for conversation during a five-mile walk.

The hiking trails were the site of a few marriages. Dr. Randy Greber led a hike to the fire tower in State Game Land 211, inviting a minister along. He and Jane did not inform the other hikers that they would tie the knot at that site. Jane even threw the bouquet from the fire tower. Fittingly, they lead an Anniversary Hike each year to the wedding site atop Third Mountain.

The Appalachian Trail was where Dick Martin & Thyra Sperry first met. Appropriately, (seven years later) they were married in a gazebo by the trail in Boiling Springs. Since weddings are not a "normal use" of the Appalachian Trail, it required a Special Use Permit from the National Park Service to use the gazebo.

Perhaps we should have noticed that one of the founders of SATC, the late Ralph Kinter, met and later married his wife Anna through their mutual interest in the hiking club. They set the tone fifty years ago; we are just carrying on the tradition.

### **New SATC "Take a Hike" Brochures are being distributed**

John Zerphy recently redesigned our "Take a Hike" brochure that explains the club's purpose and briefly describes what we as members do. A membership application is included. More than half of the 40000+ brochures have been distributed to various locations so far. We need volunteers to place the remainder of these brochures in libraries, schools, fitness centers, trail boxes, etc. Please pick some up from Louise Sis or John Zerphy, keep them in a safe place in your car, and when you go to a library or a place suitable to display the brochure ask if you could display our brochure.

### **New Database Manager Team**

We thank Lisa and Chris Seiders of Dillsburg, for taking over the database activities formerly done by long-time member, Fred Cox. Lisa and Chris have been married for 1½ years and have been Club members for about four years. They have two children who attend Penn State University. The Seiders enjoy boating, traveling, backpacking and wine tasting. We also wish to thank Fred Cox for the years he has served performing this very technical activity.

### **Llama Hike and Picnic**

On May 14, our llama friends, Lewis and Clark, with some assistance from John Zerphy, led a hike through picturesque Governor Stable Park in the Middletown area. The area is known for bouldering and a number of boulder climbers were climbing the boulders as we were hiking. The llamas carried our food in. It was quite a feast. This may be the first hike that the hikers weighed more at the end of the hike than at the beginning.

## Rausch Gap Rail Ramble

Brandy Watts, our young historical expert on the Rausch Gap area, and her mother, Annette, led an interesting historical hike on the rail trail to Rausch Gap then went to Gold Mine on another rail trail. At Rausch Gap, the group explored the history of the former town. Join Brandy on October 31 for a spook hike in Stony Valley and on November 6 for another history hike in the Gold Mine area. See Hiking and Activities Schedule for additional details.

## SATC Annual Picnic Poorly Attended

Only 16 people attended our annual picnic on August 6 at Governor Stable Park this year that is a dramatic drop from previous years. Nevertheless, all had plenty to eat and great stories to tell. John Stein brought Clarence Frelund, a long-time active member (former Treasurer for many years) who is currently in a nursing home, to the picnic. Clarence, John and nine others went on Barb and Sam Harvey's before picnic hike on the Conoy Canal Trail.



**From Left: Clarence Frelund, John Stein, and Frank McKniff discuss hiking while waiting to eat at the Governor Stable Park picnic.**

## SATC again donates \$500 to Harrisburg Inner City Outings

By Jane Greber of the SATC

Several years ago, Maura George and Jane Greber applied for and received two \$1,500 Grants for Outreach from ATC. The grants were for equipment and other expenses incurred in developing a program designed to educate inner city Harrisburg youth about the Appalachian Trail. Maura and Jane started with two groups of children from the Boys and Girls Clubs in Harrisburg. The children were introduced to hiking, camping, backpacking and environmental education programs on the Appalachian Trail.

After two summers, the ATC groups were rolled in with Sierra Club's Inner City Outings program that has a chapter in Harrisburg known as Harrisburg Inner City Outings (HICO). Several SATC volunteers also volunteer for HICO. They are: Jane Webster who is now the Chair of HICO, Will Webster, Lee Casher, Kris Kyler, Randy Greber, and Jane Greber, current HICO Treasurer. The goals remain the same, namely to introduce inner city youth to the thrill of nature through hiking, camping, environmental education programs, etc. It is an incredible experience to take children into the forest for the first time and see the looks of amazement on their faces. While the children are experiencing nature, they are also learning leave-no-trace principles and how to be good stewards of our earth.

From the group's inception, SATC has been a supporter of our efforts. Every year we have received a \$500 donation to help us achieve our goals. All of the HICO volunteers and children have appreciated this support.



## CLUB NOTICES

### Pot Luck Dinner for Mid-Atlantic Trail Work Crew

**Sunday, September 11 at 4:30 PM**  
**Memorial Lake State Park Middle Pavilion on Middle Road**

All members are encouraged to bring a covered dish and attend the potluck meal for the Mid-Atlantic Trail Crew, who will be helping our Club perform trail work on our newly acquired trail section, between September 1 and September 12. The Club will provide table service items such as cups, plates, etc. We will not have electrical outlets. No pets or alcoholic beverages are allowed. Louise Sis is coordinating the potluck dinner. Please give her a call at 774-0196 if you plan to go.

**Directions:** Take I-81 to exit 85B (exit 85 from the north) then proceed north on Rt. 934. Follow signs to the Park. Make a left onto Asher Minor Road, go down the hill and split left to Boundary Road. Go ½ mile to Middle Road that is on the left. The Pavilion is straight ahead on Middle Road.

### Keystone Trails Association (KTA) Fall Meeting and Hiking Weekend

**Friday, September 30 to Sunday October 2**  
**Camp Conrad Weiser, Wernersville, PA**

Registration information will be posted on KTA's website at <http://www.kta-hike.org>.  
For further information, please contact Barb Harvey, 766-7868.

### Fall Board Meeting (All SATC Members Invited)

**Thursday, October 13 @ 6:30 PM**  
**East Shore Area Library, 4501 Ethel Street, Harrisburg, PA in the downstairs lab**  
Inquire at Reference Desk for location of lab. No food allowed. If you want an item on the agenda, please contact Barb Harvey, 766-7868.

### Fall Meeting for Members and Guests

**Tuesday, October 18 @ 6:30 PM**  
**New Location: Swatara Township Building, 599 Eisenhower Boulevard, Harrisburg, PA**

**Directions:** Exit 2 off Interstate 283, turn right onto PA 441 then at traffic light (Bob Evans) turn right onto Eisenhower Boulevard. The Swatara Township Building is approximately .3 of a mile on the left. For additional directions, please contact Kris Kyler, 439-8540.

Bring your boots. We will plan our hikes and work trips for the upcoming quarter. Recent activities will be discussed. Bring your questions and ideas. Then Sylvia Miller will show us "How to get the most out of our hikes." You will need your boots because Sylvia will show us the correct way to tie them. She will also show us how to alleviate aches and pains, stretch, position the backpack correctly and other topics if time permits. She is asking members to send her their favorite tricks for keeping warm, dry bug-free, etc. Please email these ideas to Sylvia at [hiker@paonline.com](mailto:hiker@paonline.com) or bring them to the meeting. For further information please contact: Barb Harvey, 766-7868.

### TRAIL WORK DATES

September 1 – 12 (except Tuesdays and Wednesdays) Sharp Mountain with A.T.C Mid-Atlantic Trail Crew (See article on page 16).

November 6	9:00 AM	Parking lot at corner of Rtes. 225 and 325 above Dauphin Borough.
November 20	9:00 AM	Parking lot at corner of Rtes. 225 and 325 above Dauphin Borough.

## **TRAILMASTER'S REPORT**



This is our first Spring/Summer growing season that the Club has utilized volunteer trail maintainers (see list on page 17) to keep open and cleared the 40 miles of trails we maintain for the public including 20 miles of the much used Appalachian Trail. In the past, we relied on scheduled club work trips to do this but now we have volunteers assigned to various trail section segments ranging in length from slightly less than a mile to four miles. Most of our trail maintainers have reported working on their trail sections in recent months. The Club is counting on them to keep our trails well maintained for the hiking public. Their work will allow the club "trail work crew" to concentrate on other trail projects such as building new trails, trail rehabilitation, drainage and rock work, etc.

During club work trips this past spring and summer the SATC trail work crew did various projects including:

- Building 20 rock check dams just south of Peter's Mountain Shelter on the A.T.
- Shelter and privy maintenance that included re-staining the shelter floors, replacing hardware on the privy and emptying the privy compost bin.
- Shelter spring trail work that consisted of building about a dozen new rock steps to connect two outlets of the spring and enclosing those spring outlets with beautifully done rock work. Work was also done on a "call up" trip to cut up and remove a massive oak tree that had fallen lengthwise on the spring trail. Some rock steps were repaired and a few new ones built.
- Completion of a short A.T. relocation to bypass the poison ivy covered Fumitory Rocks on Peter's Mountain.
- Drainage and rock work that was started on the A.T. as it ascends Stony Mountain from RT. 325 in Clark's Valley. Rock check dams and waterbars were installed with more to come on future work trips.
- Chainsaw work to remove tree blow downs along the A.T.

The SATC board recently approved a proposed A.T. relocation on Stony Mountain just north of the state game lands parking area at the RT. 325 trailhead. The .9 mile long relocation will parallel the existing trail that currently ascends the mountain for 3 miles on an ever increasingly eroded old dirt road. The relocation would by-pass some of the worst parts of the road. It will travel through some interesting

boulder strewn areas of the mountain and is almost entirely on National Park Service land with a very small portion across state game lands. The relocation was scouted out and suggested by club member Tom Scully. Tom has field reviewed the relocation with National Park Service and Appalachian Trail Conservancy (ATC) staff and has submitted the necessary paper work to them and the PA Game Commission for consideration for approval.

The SATC board also approved requesting club maintenance responsibility from the Game Commission for four side trails in State Game Lands #211 that connect with our newly assigned section of the A.T. They are the Yellow Springs, Cold Spring, Stone Tower, and Sand Spring trails. All would be important access trails for our club in maintaining the A.T. in this remote road-less area and all have serious maintenance problems that need to be addressed. Permission and formal agreements must be finalized with the Game Commission before any club work on these trails begins.

Finally, SATC has requested, and will host the ATC Mid-Atlantic Crew this September (see article on page 16) to help us with major trail rehabilitation/drainage work on our Stony/Sharp Mountain A.T. section. Hopefully, we will have a good turnout of volunteers to work with the "Crew" during the two weeks they are scheduled to be with us.

Thanks to all club trail maintainers and volunteers on our club work trips for all the hard work you have done.

Jeff Buehler, SATC Trailmaster

### **APPALACHIAN TRAIL RELOCATION** By Tom Scully of the SATC

The one-mile long blue-blazed Susquehanna Trail located above the Clarks Ferry Bridge on Peters Mountain has been substantially relocated by the York Hiking Club. This trail is used by day hikers to form a loop hike with the Appalachian Trail (A.T.) on the end of Peters Mountain. The York Club uses it to access the shelter site for maintenance. The new route is about the same length as the former trail, but provides a more gradual ascent of the mountain, better footing, and it is now entirely on National Park Service land. The old route (which was a past A.T. location) was partially on private land, and climbed the mountain very directly on sometimes-lousy footing. The Club performed some rock work and side hill digging for the new trail. The trail intersects the A.T. at the same locations as the former trail. Note that the last 200 feet or so at the top of the mountain is in a briar and poison ivy glade, so it

may be overgrown at times; the rampant shrubby growth along this portion of the ridgeline is due to reoccurring tree defoliation by insect damage. Karen Balaban will be leading a hike on this new trail on September 8 (See Hiking and Activities Schedule for further details).

### **MID-STATE TRAIL RELOCATION**

By Barb Wiemann of the Keystone Trails Association and John Stein of the SATC

The Mid-State Trail Association is pleased to announce the November 5 flagging/cutting inauguration for the new off-road trail section covered by agreements for easements in perpetuity in Bedford County. The ceremony will be held at 9 AM at Game Land 73 on Upper Snake Spring Valley Road near the historic Civil War trench and Dunkard Path. Afterward, everyone is invited to participate in a seven-mile hike of the new section.

Construction of this new trail segment is the result of a generous gift from Charles and Jane Williams, who provided a permanently protected corridor for the trail, cooperation from the William Greenawalt family, and newly worded Game Commission Agreements. As a result, five miles of road walking has been eliminated, and the Mid-State Trail is one segment closer to fulfilling its long-term goal of relocating the trail to remote and primitive natural areas.

### **REBUILDING THE PRIVY AT THE RAUSCH GAP SHELTER**

By Jeff Buehler of the SATC

We have received a request from a fellow trail maintaining club, the Blue Mountain Eagle Climbing Club (BMECC) of Reading for help in rebuilding the privy at the Rausch Gap Shelter on the AT in Game Lands 211 north of Harrisburg. The privy was vandalized (burned to the ground) in early May. BMECC shelter chair Dave Crosby is leading the effort to rebuild the privy. He could use some help from volunteers to carry in materials to the site from the nearby railroad bed in Stony Valley and to rebuild the privy.

Dave will be leading work trips on the following dates:

Saturday August 27  
Sunday, August 28  
Saturday, September 10  
Saturday, September 17

Dave needs to have volunteers contact him beforehand so he can arrange a meeting place and time. Work trips would start in the morning from 9:00 AM. Dave can be contacted at home at 610-376-5967. He does not have email. Anyone who

prefers to have me contact Dave may email me and I will call him.

The BMECC maintains over 60 miles of the AT in Pennsylvania including the trail section adjacent (north of) our club's new section between Clark's Valley and Rausch Gap.

### **A.T.C. MID-ATLANTIC CREW TO HELP SATC ON TRAIL PROJECT**

The newly renamed Appalachian Trail Conservancy (ATC) will once again help SATC on an Appalachian Trail (AT) work project this September. ATC's Mid-Atlantic Crew (MAC) will work with us on our new section of the trail on Sharp Mountain in State Game Lands #211, north of Harrisburg. Many club members may remember the "Crew" helping us on other trail projects in the past including a trail relocation, the building of the Peter's Mountain Shelter and privy, and the almost 300 rock steps that lead from the shelter down the mountain to the spring. All those projects were done in the 1990's so it has been awhile since we have hosted the crew.

This year's project will tackle drainage problems on the historic, former stagecoach road the trail follows through the game lands, also known to many as Saint Anthony's Wilderness. The Crew will be working with us on the trail section between Yellow Spring Village site and the Cold Springs Trail that has become particularly wet and muddy because of poor drainage conditions.

SATC will host the Crew the first two weeks in September from **Thursday, Sept. 1 through Monday, September 12**. This will be the Crew's first work project in their 8 weeks long work schedule that runs through October 24. The Crew takes Tuesdays and Wednesdays off from trail work and works weekends so they can potentially work with more club members who are more likely be able to come out then.

As of the deadline for this Bushwack Bulletin's articles, it is not known if the Crew will camp out on site for the project as they normally do. Their home base is at the Scott Farm in Cumberland County. Crew and club leaders will be meeting later in August to determine final plans. This section of trail is not easily accessible from trailhead parking and requires significant hiking to get to it. We are hoping to get permission to utilize the old railroad bed in Stony Valley to more easily access this AT section.

Trail projects with the crew provides for training opportunities for both crew and club volunteers in various trail construction work. It also strengthens club capabilities and motivates volunteers to help

improve and protect the trail. We hope to have a good turn out of club volunteers working along side the Crewmembers.

For more timely information please go to the club website at [www.satc-hike.org](http://www.satc-hike.org) or contact the SATC Trailmaster at (717) 657-8281, E-mail: [ATHIKERJB@AOL.COM](mailto:ATHIKERJB@AOL.COM).

### **CVATC CONSTRUCTION PROJECT**

By Frank Bohn of the SATC

The Cumberland Valley Appalachian Trail Club (CVATC) is planning a substantial Appalachian Trail project near Carlisle. The old and disintegrating bog bridging on the wetland just south of the Conodoguinet crossing will be replaced with a new

walkway about 500 feet in length. This project will have a smaller-scale application of the same spiral pier technology that was used for the AT Pochuck Marsh walkway in New Jersey. A specialized machine screws the steel piers into the ground, and then a wooden walkway is built on them above any likely flood level. Work will begin in late September 2005.

CVATC welcomes volunteers from other clubs who would like to help with this project. If you find this technology interesting, please see the CVATC website (<http://geocities.com/cvatclub/>) for the construction schedule.

Thanks to all for your interest.

## **SATC's Trail Section Maintainer Register**

<b>Section</b>	<b>Location/Description</b>	<b>Mileage</b>	<b>Name</b>
<b>Appalachian Trail – Peter's Mountain</b>			
AT-1	Rt. 225 to Table Rock	2.0	John & Pat Zinn
AT-2	Table Rock to Victoria Trail	1.7	Park Trullinger
AT-3	Victoria Trail to Kinter View	1.8	Will & Jane Webster
AT-4	Kinter View to Shikellimy Trail	1.4	Jeff Willard
AT-5	Shikellimy Trail to Rt. 325	2.5	Susanne Donmoyer
<b>Appalachian Trail – Stony/ Sharp Mountains</b>			
AT-6	Rt. 325 to Horseshoe Trail	3.0	Joshua McKinney
AT-7	Horseshoe Trail to Yellow Springs Trail	3.2	Charles Paul
AT-8	Yellow Springs Trail to Cold Spring Trail	2.5	Pete Fleszar
AT-9	Cold Springs Trail to Rausch Gap Shelter	2.3	Pat Markovic
<b>Appalachian Side Trails</b>			
ST-1	Victoria Trail (PA Rt. 325 to AT)	1.1	Dave Hrobuchak
ST-2	Whitetail Trail (South side)	.8	Tim Bachmann
ST-3	Shikellimy Trail	.9	Marty Gromulat
ST-4	Yellow Springs Trail	1.2	
ST-5	Cold Spring Trail	.9	Pete Fleszar
<b>Darlington Trail – Blue Mountain</b>			
DT-1	AT junction to Millers Gap Road	1.6	Barb & Sam Harvey
DT-2	Millers Gap Road to Lambs Gap Road	2.7	Gary Alleman
DT-3	Lambs Gap Road to Holtz Road	1.5	Jack Bushey
DT-4	Holtz Road to Tower Road	2.0	John Lenahan
<b>Horseshoe Trail</b>			
HT-1	Stony Valley railroad bed to Service Rd.	3.4	Gary LaBelle
HT-2	Service Road to McLean Road	4.0	Debbie Mabry

## **Shelter Committee Chairperson Needed**

The S.A.T.C. is looking for a volunteer for the leadership position of the newly created Shelter Committee. The Shelter Committee will be responsible for maintaining and managing the Peter's Mountain shelter site, which includes the old and new shelters, the privy, the spring and side trail to it, and the immediate vicinity around the shelters.

The committee chair should be willing to seek out and name other committee members that have an interest in the long term care of our club's only A.T. shelter site.

Presently, the shelter site is maintained by the Trail Maintenance Committee (Trailmaster).

For more information, please contact the club Trailmaster.

Jeff Buehler, SATC Trailmaster (717) 657-8281 E-mail: [ATHIKERJB@AOL](mailto:ATHIKERJB@AOL).





## Club Historian Needed

SATC needs a club historian. This involves caring for the archives. We are seeking someone to organize the archives and keep them up to date. If you are interested in this volunteer opportunity, contact Barbara Harvey [bjaneharvey@aol.com](mailto:bjaneharvey@aol.com) or (717) 766-7868.

## THE SUSQUEHANNA APPALACHIAN TRAIL CLUB, INC.

### OFFICERS 2004 - 2005

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VICE PRESIDENT	Kristen A. Kyler 614 Springhouse Lane Hummelstown, PA 17036-7008	986-3114
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IMMEDIATE PAST PRESIDENT	Kathryn H. Barker 21 Kenwood Drive <a href="mailto:barkerk@dickinson.edu">barkerk@dickinson.edu</a> Carlisle, PA 17013-2112	249-6727

### DELEGATES TO AFFILIATED ORGANIZATIONS

APPALACHIAN TRAIL CONFERENCE, INC.	Kathryn H. Barker Jeffrey R. Buehler Barbara Harvey Richard A. Martin
KEYSTONE TRAILS ASSOCIATION, INC.	Barbara Harvey

### THE BUSHWACK BULLETIN

EDITOR	John Zinn 5226 Oxford Drive <a href="mailto:pzinn@comcast.net">pzinn@comcast.net</a> Mechanicsburg, PA 17055-3510	697-0648
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