



# BUSHWACK BULLETIN

VOLUME 44 - No 4

DECEMBER 1998--FEBRUARY 1999

**OUR OBJECTIVES: GROUP HIKING + TRAIL MAINTENANCE + OUTDOOR RECREATION**

**UNLESS OTHERWISE NOTED, all hikes leave from FISHER PLAZA,**

(ENTRANCE TO THE STATE LIBRARY) behind the State Capitol Building.  
Should Fisher Plaza be closed, the alternate meeting site will be the parking island  
in front of the East Gate Office Center on 7th St. opposite the Herr St. underpass  
Five additional minutes will be allowed at the alternate site.

If you ride with someone, you should give the driver 4¢ times the highway mileage  
shown, to help defray the cost of gas.

**NO PETS ALLOWED**

**CODES FOR THE HIKES ARE SHOWN ON PAGE: 6**

- |                         |          |  |                             |
|-------------------------|----------|--|-----------------------------|
| November 28<br>Saturday | 9:00 AM  | <b>Clarks Valley Power Line Circle Hike</b><br>D+/Fast-paced hike. One very rocky climb. Bring lunch and water.<br>Leader: Gail Guers, 232-0387 (if no answer, 737-7675)                           | 10 miles<br>[70 miles hwy]  |
| November 29<br>Sunday   | 10:00 AM | <b>Two Tunnels at Williamstown</b><br>B+/Slow to moderate pace. Bring lunch and water.<br>One climb, moderate terrain.<br>Leader: Susanne Donmoyer, 545-5308                                       | 5 miles<br>[80 miles hwy]   |
| December 3<br>Thursday  | 9:00 AM  | <b>Conestoga Trail, Section C</b><br>A/Buchmiller Park to Conestoga Blvd. Bring lunch and water. Meet at<br>Camp Hill Mall at Arby's parking lot or call leader.<br>Leader: Thyra Sperry, 258-5261 | 6.4 miles<br>[80 miles hwy] |
| December 5<br>Saturday  | 7:00 PM  | <b>ANNUAL SATC HOLIDAY PARTY</b> at West Shore Sr. Citizen Center<br>Potluck dinner, slides and more. See article on page 5.   |                             |
| December 6<br>Sunday    | 1:00 PM  | <b>Game lands at Mt. Gretna</b><br>C+/Moderate terrain. Slow to moderate pace. Bring snacks and water.<br>Leader: Bob Keyes, 763-7743  | 5-7 miles<br>[40 miles hwy] |
| December 13<br>Sunday   | 1:00 PM  | <b>Blue Mountain Circle Hike</b><br>B+/One climb, easy terrain, moderate pace. Bring snacks and water.<br>Leader: Janet Eshleman, 774-1318   | 5-6 miles<br>[30 miles hwy] |

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quarterly in the months of Feb, May, Aug and Nov,  
by the Susquehanna Appalachian Trail Club, Inc.,  
P O Box 61001, Harrisburg PA 17106-1001.

December 20 Sunday	5:30 PM	<b><u>Moravian Star Hike</u></b> B/Bring snacks and water. Meet at intersection of Mushroom Hill Rd and Rt. 322 in the southeast corner of the Festival Foods parking lot, near Rt. 322. Leader: Clarence Fredlund, 564-1447	5 miles [50 miles hwy]
December 27 Sunday	9:00 AM	<b><u>Darlington Trail</u></b> D+/Sterretts Gap to Tower Road. Bring lunch and water. Leaders: Jeff Buehler and Phil Day, 657-8281	10 miles [40 miles hwy]
January 1 Friday	10:00 AM	<b><u>New Year's Day Hike</u></b> B/Meet at Pavilion at upper end of Wildwood Lake at Industrial Road. Bring lunch and water. Leader: Clarence Fredlund, 564-1447	6 miles [0 miles hwy]
January 3 Sunday	1:00 PM	<b><u>Stoney Creek In and Out Hike</u></b> A/Bring snacks and water. Flat terrain. Leader: Carole Martin, 561-2475	5 miles [30 miles hwy]
January 5 Tuesday	9:00 AM	<b><u>Conestoga Trail, Section C</u></b> A/Conestoga Blvd. to Rt. 324. Bring lunch and water. Meet at Camp Hill Mall at Arby's parking lot or call leader. Leader: Thyra Sperry, 258-5261	6.9 miles [80 miles hwy]
January 8 Friday	9:00 AM	<b><u>Messiah College Area</u></b> B/Meet at the covered bridge parking lot - Starry Field. Lunch at the College. Bring snacks and water. Leaders: Melanie DeMartyn, 795-8209 and Louise Sis, 774-0196	6 miles [0 miles hwy]
January 10 Sunday	10:00 AM	<b><u>Pennsylvania Farm Show Hike</u></b> A/Hike from Fisher Plaza to the Farm Show. Return on your own. Leader: Susanne Donmoyer, 545-5308	4 miles [0 miles hwy]
January 12 Tuesday	6:15 PM 7:30 PM	<b><u>Board Meeting</u></b> <b><u>Program Meeting for All Members and Guests</u></b> Come, help plan your favorite hikes for the March-April-May quarter. Meet at the Senior Citizen's Center, 122 Geary St., New Cumberland, PA <b>Program:</b> "The 1,000 Steps" Club member Steve Stroman, local coordinator of the Save Our Steps Project, will present a slide presentation that includes the history and geology of this beautiful hiking destination and the effort to save it.	
January 16 Saturday	9:00 AM	<b><u>Darlington Trail, Linglestown Area</u></b> C+/Fast-paced hike. Bring lunch and water. One significant climb to a good view. Leader: Gail Guers, 232-0387 (if no answer, 737-7675)	8 miles [35 miles hwy]
January 17 Sunday	9:00 AM	<b><u>Half the Green Belt</u></b> C/From Fisher Plaza around the south side of the Green Belt Trail to Reservoir Park. Bring lunch and water. Leaders: Frank Bohn, 234-5169 and Kris Kyler, 558-8417	8 miles [0 miles hwy]
January 19 Tuesday	9:00 AM	<b><u>Conestoga Trail, Sections C &amp; D</u></b> B/Rt. 324 to Tucquan Creek. Bring lunch and water. Meet at Camp Hill Mall at Arby's parking lot or call leader. Leader: Thyra Sperry, 258-5261	6.7 miles [80 miles hwy]

January 23 Saturday	8:00 AM	<b><u>Lehigh Gorge In and Out Hike</u></b> From Onoko Glen Access into the Gorge on the bike/hike path. Easy trail, no climbs. Hiking mileage varies. Bring lunch and water. Leader: Pat Kline, 964-3797	[200 miles hwy]
January 24 Sunday	9:00 AM	<b><u>Chimney Rocks Circle Hike</u></b> C+/Southern part of Michaux State Forest. Bring lunch and water. Leaders: Jeff Buehler and Phil Day, 657-8281	8 miles [140 miles hwy]
January 28 Thursday	9:00 AM	<b><u>Conestoga Trail, Section D</u></b> C+/Tucquan Creek to southern terminus of the trail at Lock #12 and the Susquehanna River. Bring lunch and water. <i>Meet at Camp Hill Mall at Arby's parking lot or call leader.</i> Leader: Thyra Sperry, 258-5261	7.5 miles [90 miles hwy]
January 30 Saturday	8:30 AM	<b><u>White Rocks to Mount Holly Preserve</u></b> E+/Bring lunch and water. Fast-paced hike amongst the hills southwest of Boiling Springs, with undulating terrain. Leader: Tom Scully 774-7534 work, 671-8241 home	13 miles [30 miles hwy]
January 31 Sunday	1:00 PM	<b><u>Franklinton Circle Hike</u></b> C+/One or two easy hills. Bring snacks and water. Leader: Bob Keyes, 763-7743	5-7 miles [40 miles hwy]
February 6 Saturday	10:00 AM	<b><u>Lambs Gap Road to the Bernheisel Bridge</u></b> C/Hike on the Darlington and Appalachian Trails. One steep descent. Bring lunch and water. Leaders: Katie Jones, 249-6727 and Rob Shaw, 697-4618 ext. 233	8 miles [50 miles hwy]
February 14 Sunday	1:00 PM	<b><u>Shanks Park Loop Hike</u></b> A/Bring snacks and water. Leaders: Carole Martin, 561-2475 and Susanne Donmoyer, 545-5308	4-5 miles [20 miles hwy]
February 20 Saturday	9:00 AM	<b><u>Peters Mountain Circle Hike</u></b> E+/fast-paced hike. Bring lunch and water. Leader: Gail Guers, 232-0387 (if no answer, 737-7675)	12 miles [25 miles hwy]
February 21 Sunday	8:30 AM	<b><u>Middle Creek</u></b> C+/Loop hike in Middle Creek Wildlife Management Area utilizing the Horseshoe and other trails. Bring lunch and water. Optional bird watching after the hike (possible Tundra Swans or Bald Eagle); bring binoculars and/or spotting scopes and warm clothes/footwear. Road hike and bird watching if trails are impassible. Leaders: Jane and Will Webster, 838-9629	7 miles [75 miles hwy]
February 27 Saturday	8:00 AM	<b><u>Pine Grove Furnace S.P. to Lewis Rocks / Tumbling Run</u></b> E+/Bring lunch and water. Fast-paced loop hike in Michaux Forest with several steep climbs and descents. Leader: Tom Scully 774-7534 work, 671-8241 home	14 miles [75 miles hwy]
February 28 Sunday	10:00 AM	<b><u>Holly Preserve</u></b> B+/One long steep hill and down again. Bring lunch and water. Leaders: Bob Keyes, 763-7743 and Tom Coogan, 234-8296	6-7 miles [50 miles hwy]
March 20 Saturday		<b><u>SATC Annual Banquet</u></b> This annual event will be held again at Elizabethtown College. Details will be in the next bulletin.	

# PENNSYLVANIA STATE FOREST RULES & REGULATIONS

## FINAL RULEMAKING

On the Rulemaking procedure, fifteen of our members responded, including: Dave Barr, Franklin Bohn, Susanne Donmoyer, Clarence Fredlund, Jane Greber, Ralph Kinter, Jonathan Kohn, Carl Lorence, Brenda Petroski, Thomas & Gail Randall, Janice Slaybaugh, Thyra Sperry, John Stein, and Jane Webster.. The Club thanks you for your efforts. .

As we see it, there were three points in the proposed rules and regulations that were of interest to the hiking community: The definition of "Group Activity;" "Horses & Pack Animals and Bicycles & Person-powered Vehicles;" and "Camping Permits."

### Definition: GROUP ACTIVITY

Here the definition of Group Activity was not clear, and Sec 21.1 has modified it to read, "For an activity to fall under the definition of "Group Activity," three criteria must be met. It must be a scheduled event; it must require a large land area or unique land formation; and **it must have the potential to conflict with traditional uses of State Forest land or pose a potential threat to the environment.** Small groups of persons engaged in hunting or hiking would not ordinarily be included in this definition."

None of our members commented on this subject.

### Sec 21.61 CAMPING PERMITS

Four issues were posed on this subject, only one of which pertained to the hiking community, and that involved camping while backpacking. The answer here is covered by Sec 21.61, which provides, in part, "... that primitive backpack campers not using developed facilities shall not need a permit if they stay no more than one night at any campsite."

20 comments were received. none from our members.

### Sec 21.26(1) HORSES & PACK ANIMALS Sec 21.27(1) BICYCLES & PERSON-POWERED VEHICLES

This was our prime concern, as it involved opening the trails to these type of users. 1033 comments out of 1095 were on this issue alone.

882, representing 83%, objected to the provisions prohibiting use of the trails to these types of users, and expressed the comment that the recreational use of State Forest Lands unreasonably favored the hikers to the disadvantage of the other users.

151, representing 14%, including all of our member commentators, expressed concern over undue damages to the trails through such use.

62, representing 6%, wrote about other than trails.

"The proposed regulations would impose the assumption that these trails are closed for horses, pack animals, bicycles and person powered vehicles unless posted as being open. **These regulations are deleted from the proposed rules.**"

From this it appears that there is now no prohibition against the any of the objectionable uses presently in effect, but subject to future review.

But, perhaps, the most significant result that we have read from this report is "that nine legislators became involved in opposition to having the trails closed to those uses that would damage the trails, while none wrote in support." From this, it appears that both KTA and its member clubs need to mend some political fences.

Ralph H Kinter, Editor

## DEADLINES FOR THE NEXT BUSHWACK BULLETIN

ARTICLES Jan 14, 1999  
HIKE SCHEDULE: Jan 22, 1999

Jan 14 is the absolute deadline, beyond which no articles can be accepted. Once the Bulletin is set up, it is too much work to go back, make revisions and have to spend hours redoing the setup.

The next issue of the BUSHWACK BULLETIN is scheduled to arrive about Feb 18, 1998. Should you fail to receive your copy by Feb 20. call Clarence Fredlund, 564-1447

Once again we received items for the Bulletin LATE. In addition the new schedule contained two hikes prior to December 1. This cut short the time used to print and get the Bulletin in the mail.

Yet the late items meant we had to tear our Bulletin apart and redo it, causing a two day delay in getting the copy to the printer.

We realize sometimes things occur that make it impossible to meet the deadline, and we do not want to be unreasonable, but at the same time this situation cannot continue.. Therefore, we must insist that any and all items for the Bulletin sent in after our published deadline, **must be accompanied by an explanation for being sent in late.**

Any item received late without such explanation will be held for the next issue, or if this is not practical, the item will be discarded.

## FROM THE PRESIDENT

I, normally, have many items to discuss, but not this quarter! The relocations are coming along pretty well. The relocation of the Appalachian Trail on Peters Mountain will probably be approved by the time the trail crew comes October 22-26. Some of you may work on the construction of this trail.

In early August, Jeff Buehler and I met with Karen Lutz (ATC) and three representatives from the Game Commission to "field test" the Victoria Trail relocation. The Game Commission approved both of the proposed routes, with some modifications. Since our preferred route passes through private property, Karen spoke with Bob Williams, also from ATC, to assist with negotiations.

We only maintain about 10 miles of the AT. So why do we discuss it so much? S.A.T.C. was founded in 1954. From the very beginning we

were bestowed the honor of being an AT maintaining club. In those early years as well as today, much of our volunteer work has been devoted toward protecting this honor. In the words of our editor, ".....the Appalachian Trail gave the club a goal, a purpose, which helped to insure the success of the club, where other clubs had been failing." I think those words ring very true today.

Changing the subject, I hope you take advantage of our winter hikes this quarter. Bundle up in layers and come on out!

Remember our holiday party on December 5. This is a great chance to get together with friends, meet with new friends, discuss what went on through the year, **and EAT!!!**

See you there,

Jane Greber  
President

### WILDERNESS FIRST AID CLASS - May 22 & 23, 1999

We have just learned that a two-day wilderness first aid class will be offered by ATC on May 22 and 23 of next year. It will be held at the Scott Farm. Although the Appalachian Trail Conference will be footing some of the cost, there will also be a nominal individual fee. Watch for more details in the next Bulletin.

## HOLIDAY PARTY

WHEN: Saturday, December 5, 1998, at 7:00 p.m.

WHERE: The West Shore Senior Citizens' Center  
122 Geary St., New Cumberland, PA.

BRING: Covered Dish to Share.

The Party Committee for this year will be:  
Katie Jones, 249-6727                      Jane Greber, 766-1913

Members are asked to bring along some of their favorite slides taken on this year's hikes and/or vacations. Please limit your presentation to 10-15 minutes and identify your slides with your name.



# NEW MEMBERS

Please join us in welcoming these new members:

<b>NAME</b>
Joseph C Castanos Ted Curtis James Dunkelberger
Laurie A Freto Rachel Goldstein
Kimble Greene Margaret Mary Hanchack Lucretia Kelleher Kristin Kest Ron Kielar
Jerry & Cindy Lang Karen Lippy Maureen Loughney Jean A. McGill Ann M Miller
Charles H Muir Jr Margaret Nicholson Michael W & Lynne L Nye Charles & Diane Paul Sharon Mahar Potter
Mark J Press Debra Rinker Margaret F Schwartz Robin Shumaker Sandra Slonaker
Laurie Stauffer Jack H Stroup Diana Vega Susan Watson John H Wright

## CODES FOR THE HIKES

A -	Easy	- Hikes of up to six miles with very little hill climbing [Excellent for beginners.]
B -	Fairly Easy	- Hikes of up to six miles with some climbing. [Good for beginners.]
B+-	Moderate	- Hikes of up to six miles with more difficult climbs.
C -	Fairly moderate	- Hikes of 7 to 9 miles with very little climbing.
C+-	Strenuous	- Hikes of 7 to 9 miles with several significant Climbs
D -	More strenuous	- Hikes of 10 to 12 miles with very little climbing.
D+-	Very strenuous	- Hikes of 10 to 12 miles with several significant climbs.
E -	Difficult	- Hikes of over 12 miles.
E+-	Very difficult	- Hikes of over 12 miles on very rugged terrain.

In addition the leaders should describe the pace and footing, where this is essential, such as: "Easy with moderate or fast pace;" or "Easy with nature stops;" or "Good footpath;" or "Rocky and rough;" etc.

### SMOKING GUIDE LINES

The S.A.T.C. prefers that hikers refrain from the use of tobacco products during club activities.

Smokers are responsible for damage to the forests.

Pack out all waste materials.

# The BULLETIN BOARD

## SPECIAL THANKS

Clarence Fredlund, our club treasurer, wishes to express his thanks to all club members who expressed their support and caring on the death of his wife, Charlotte. "It helps when you need it," he says. A special thanks goes to those who attended the memorial service and made contributions in Charlotte's memory to the Foundation for Hereditary Hemorrhagic Telangiectasia. Members may still send contributions to:

HHT Foundation  
P O Box 8087  
New Haven CT 06530-8087

## 1998/99 PENNSYLVANIA HUNTING SEASONS

In the interest of safety we are publishing the current hunting schedule so that our members do not run afoul of the sportsmen:

Jul 3 - Nov 29 1998	Crows (Fri, Sat, Sun only)
Oct 3 - Nov 14 1998	Deer (Bow & Arrow)
Oct 17 - Nov 28 1998	Squirrel, Grouse, Rabbit Pheasant, Quail
Oct 17 98 - Feb 27 99	Raccoon & Fox
Oct 31 - Nov 21 1998	Turkey (end of season varies by area)
Nov 23 - Nov 25 1998	Bear
Nov 30 - Dec 16 1998	Deer (gun)
Dec 26 98 - Jan 9 99	Deer (archery & flintlock)
Dec 26 98 - Jan 23 99	Grouse
Dec 26 98 - Feb 13 99	Squirrel, Rabbit, Pheasant, Snowshoe hare.
Dec 16 98 - Mar 18 99	Crows (Fri, Sat, & Sun only)
May 1 - May 29 1999	Turkey
Year 'round	Coyote, Oppossum, Skunk, Weasel, Woodchuck, Starlings, Sparrows.

The above information was taken from the Pennsylvania Game Commission's World Wide Web site. It is provided here to help non-hunters be aware of time of potential danger. Hunters should consult PGC regulations for more detailed information.

Provided by Will Webster.

## SATC ANNUAL PICNIC

The SATC Annual Picnic will be held on **Saturday, July 15, 1999**. We have reserved a pavilion at Colonel Denning State Park. More details will appear in a future *Bushwack Bulletin*.

## DREAMING OF HIKES? HIKE THE A.T. IN SOUTHERN VIRGINIA SUMMER OF '99

The Appalachian Trail Conference Biennial Conference will be held from July 9 through 16, 1999, at Radford College, Radford VA. (south of Roanoke).

Call Thyra Sperry, 717-258-5261, if you would like to receive more information as it becomes available. A group of SATC hikers will be attending the conference. Hikes and other activities are scheduled daily. Accommodations will be in the college dormitory and food services in the cafeteria. Camping will be available on the James River at a beautiful campsite.

## Safe Hiking

Winter is just about upon us, which makes this a good time to think about hiking safety.

In winter getting wet can be disastrous. Leave the jeans and flannel at home and layer yourself with wool and synthetic fabrics. These retain some insulating capability even when wet, and they dry much faster than cotton. You should carry extra clothing - including socks - to put on if the weather turns unexpectedly bad. We know one hiker who always carries a wool sweater in his pack, even for a short hike in July.

How about that space blanket you've been carrying around for years? They don't last forever. Take it out and unfold it but be careful; you may get a room full of shiny confetti. The same goes for those 99-cent rain ponchos.

When you're out hiking, remember to keep hydrated. In cold weather we don't tend to get thirsty until too late to prevent dehydration. And we urinate frequently (normally a sign that we're well hydrated) even as our bodies are being depleted of fluids. So make sure to drink, even if you don't think you need it. Remember that tea and coffee (not to mention alcohol) are diuretics, and should be saved for after the hike.

Let's not forget about hunters. Most hunters are considerate, responsible people who have as much right to be out there as we do. Unfortunately, there are also a few half-drunk bozos with guns. It's a good idea to stay out of

the woods on opening day of any season. Sundays are generally safe in Pennsylvania. Those of us who wear white liner gloves should consider that hunting season may not be the best time to dress like any part of a deer. While we're at it, why not take the Game Commission's advice and dress the way no self-respecting deer would, with plenty of fluorescent orange that can be seen from all directions. This is especially important during rifle season, when bullets can travel a mile.

Last but not least, think about first aid training. There's some information in this quarter's From the President about training which will be available in the Spring. You might also want to think about CPR. Cardiopulmonary Resuscitation, while of limited wilderness use, is an easily learned skill which can save the life of a stranger, friend, or loved one. The ATC, under government pressure, is starting to require that maintainers who operate chain saws be CPR certified. We think that everyone should seriously consider taking this training, and keeping their certification current. A number of local organizations (see below) offer the training in the evenings and on weekends.

Winter is a great time to be out in the woods (one of my four favorite hiking seasons), and it's safe as long as we all take a few precautions. See you on the trail.

- Will Webster

For more information about CPR and First Aid training, contact the American Red Cross:

PA Capital Region Chapter	234-3101
Middletown Area Chapter	948-3060
Lebanon County Chapter	273-2671

Other agencies offer training as well; look in the phone book under "First Aid Training", or contact your local Community College or Parks and Recreation Department.



The **SUSQUEHANNA APPALACHIAN TRAIL CLUB, INC.**

<p><b>LIST OF OFFICERS - 1997-1998</b></p> <p><b>PRESIDENT:</b> Jane E. Greber</p> <p><b>VICE PRES:</b> Kathryn H. Jones</p> <p><b>SECRETARY:</b> Richard A. Martin</p> <p><b>TREASURER:</b> Clarence V. Fredlund R 1-</p>	<p><b>DIRECTORS</b></p> <p><b>CLASS OF 1999</b> Jon Kohn</p> <p>William B. Webster</p> <p><b>CLASS OF 2000</b> Bonnie Booth</p> <p>Jane M. Webster 5 F</p> <p><b>IMMEIDATE PAST PRES:</b> Jeffrey R. Buentler</p>
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<p><b>THE BUSHWACK BULLETIN</b></p> <p><b>EDITOR:</b> Ralph H. Kinter H.</p>	

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