



BUSHWACK BULLETIN

VOLUME 44 - No 3

SEPTEMBER-NOVEMBER 1998

OUR OBJECTIVES:

GROUP HIKING + TRAIL MAINTENANCE + OUTDOOR RECREATION

IMPORTANT NOTICE!

CHECK YOUR LABEL! DOES IT HAVE A RED "X?"

IF A RED "X" APPEARS ON YOUR LABEL, YOUR DUES HAVE NOT BEEN PAID!

**THIS, THEN, WILL BE YOUR LAST ISSUE OF THE BUSHWACK BULLETIN
UNLESS YOUR DUES ARE PROMPTLY REMITTED.**

August 29 Saturday	8:00 AM	<u>Hamburg Area</u> E+/Bring lunch and water. Fast paced loop hike from the Little Schuylkill River to Pulpit Rock Leader: Tom Scully, 671-8241	16 miles [125 miles hwy]
August 30 Sunday	9:00 AM	<u>1,000 Steps Loop Hike</u> C+/Climb the thousand steps and visit the two steps which SATC has "purchased" to help save this scenic and historic area. Optional dinner stop. Leader: Susanne Donmoyer, 545-5308	7 miles [160 miles hwy]
September 5 Saturday	9:00 AM	<u>The Amazing Maize Maze</u> A/Walking distance will vary depending on your ability to find your way out of the maze. Admission adults \$7, children \$4. Food and water available there, or bring your own. Optional stop at the Long's Park Art Festival before return (separate admission charge). Leader: Frank Bohn, 234-5169	[100 miles hwy]

THE BUSHWACK BULLETIN is published quarterly
in the months of Feb, May, Aug and Nov, by the
Susquehanna Appalachian Trail Club, Inc., P O Box
61001., Harrisburg PA 17106-1001.

NEW MEMBERS

Please join us in welcoming these new members:

NAME	ADDRESS	POST OFFICE	PHONE
Mary Lou Adams			
Catherine Alloway			
Keith L Baker			
Elbert Barker III			
Edward R Beleck III			
Lenore Belsky			
Joanne L Blozousky			
Rusty & Paula Breitenbach			
Jeffrey & Deborah Bressler			
Geneva C Bruckart			
Lisa M Carelli			
Randy Cassell			
Marie D Clark			
Nancy Collyer			
Ruth E Dean			
John C Dernbach			
Paul K Eyer			
Jeffrey Ferguson			
Art Fisher			
Sophia D Francis			
Sean Gimbel			
Eric J Givler			
Alan T Greco			
Kelley & Scott Wm Haney			
Bente Hannibal			
E C & Carolyn Haskell			
Tammy L Heimbaugh			
Mercine M Heisse			
Martin & Ann Henry			
Juanita Hetrick			
Jan Hoffman			
Eileen Holey			
Deborah Kammerer			
Norman LaCasse			
Linda Loeffler			
Christy A Long			
Eli Mailey			
Syvia I Miller			
Diane L J Miner			
Tami Morrone			
Michelle E Murray			
Len Neidig			
Molly L Newberry			
Laura B Paultet			
Pat Ream			
Rhonda Renwick			
Dolores J Roberts			
Deb & Daryl Rotz			
Stephen Schreiber			
Allen Sherman			
Joanne Pressley Smith			
Lynn & Steve Spataro			
Charles E Spencer			
Christine Sterck			
Kristen Svec			
Keith & Jeanette Tolan			
Deborah & Martin Walker			
Carole & John Welpton			
Marie H Williamson			
Michelle C Wohlfarth			
Abi M Ziegler			

September 6 Sunday	1:00 PM	<u>Greenbelt Trail Circle Hike</u> C/Leave right from Fisher Plaza to hike a portion of the 20-mile Harrisburg Greenbelt Trail, including the Phoenix Bridge and the Cameron Parkway as described at our last quarterly meeting. Leader is president of the Greenbelt Association. Bring snacks and water. Leader: Norman LaCasse, 783-0385 day or 652-4079 evening	7 miles [0 miles hwy]
September 9 Wednesday	9:00 AM	<u>Hike to Dottie's for a Pancake, #3</u> B+/One climb, moderate pace, moderate terrain. Meet at Hill's shopping center parking lot, Route 22. Leader: Susanne Donmoyer, 545-5308	5 miles [70 miles hwy]
September 13 Sunday	10:00 AM	<u>7th Annual Pete Wilshusen Memorial Hike</u> C+/ Bring lunch and water. Leader: Dick Martin, 258-5261	8 miles [40 miles hwy]
September 18-20 Friday - Sunday		<u>The Last Wave of Summer</u> Weekend at Chincoteague, Virginia. Activities could include hiking (salt marsh and woodland trails or shoreline), biking, bird watching, photography, and the beach! Two cautionary notes: there are no beach lifeguards at that time of year. You'll need a good insect repellent in the woodlands and salt marsh. For information call Frank Bohn, 234-5169, no later than September 10.	
September 19 Saturday	7:30 AM	<u>Delaware Water Gap</u> E+/Bring lunch and water. This fast paced figure eight hike climbs both sides of the Gap (vertical ascent of 2400 feet). Leader: Tom Scully, 671-8241	14 miles [250 miles hwy]
September 20 Sunday	9:00 AM	<u>Lehigh Gap "Hope for Hawks" Hike</u> B+/Balloon hike using the Appalachian Trail. Includes one long, significant climb and descent. If raptors are flying there will be an extended stop on an exposed hillside to watch them. Bring lunch, water, binoculars, extra warm/windproof clothing. Leaders: Will and Jane Webster, 838-9629	6 miles [150 miles hwy]
September 24 Thursday	9:00 AM	<u>Conestoga Trail</u> C/Zooks Mill Road Route 772 to Butter Road. Moderate country road hike through three covered bridges. Bring lunch and water. Meet at Camp Hill Mall at Arby's parking lot or call leader. Leader: Thyra Sperry, 258-5261	7.4 miles [80 miles hwy]
September 25-27 Friday - Sunday		<u>Keystone Trails Association Fall Meeting</u> Accommodations and hiking at Crystal Lake. Choose from a variety of hikes while club officers sit and discuss Pennsylvania hiking trail policy. Call Clarence Fredlund, 564-1447, for more information.	
October 3 Saturday	7:30 AM	<u>Tuscarora Trail</u> E+/Cowpens Road to Hemlocks Road and back. Climb and descend four ridges then turn around and do it again. Some climbs are steep and rocky. Bring lunch and sufficient water. This hike is more difficult than its distance implies. Optional fifth descent/ascent will add three miles. Fast pace. Leader: John Lenahan, 737-7675	17 miles [100 miles hwy]

October 4 Sunday	9:00 AM	<u>Stone Tower and Sand Spring Trails Circle Hike</u> D+/Rocky and rough in sections, includes two significant climbs and one rugged descent. Bring lunch and water. Moderate pace. Leaders: Randy and Jane Greber, 766-1913	10 miles [50 miles hwy]
October 9 Friday	9:00 AM	<u>Messiah College/Grantham Area Hike</u> B+/Meet at Messiah College's Starry Field parking lot near the covered bridge. We'll have lunch at the College cafeteria. Bring water. Leaders: Melanie DeMartyn, 795-8209 and Louise Sis, 774-0196	6 miles [0 miles hwy]
October 10 Saturday	8:00 AM	<u>Clarks Valley/Stoney Valley Water Tank Trails Circle Hike</u> E+/A fast-paced hike over rough, rocky, steep terrain. Bring lunch and water. Leader: Gail Guers, 787-4642 day or 232-0387 evening	14 miles [70 miles hwy]
October 13 Tuesday	6:15 PM 7:30 PM	<u>Board Meeting</u> <u>Program Meeting for All Members and Guests</u> Come, help plan your favorite hikes for the Dec - Jan - Feb quarter. Meet at the Senior Citizen's Center, 122 Geary St., New Cumberland, PA Program: "Bluebirds on the Return" Join former York Audubon President Karen Lippy and learn about bluebird habitat and the measures being taken to restore bluebird numbers all across America.	
October 9-12 Friday - Monday Columbus Day Weekend		<u>Fall Foliage Hiking/Camping Weekend at World's End State Park</u> C+ hikes on Saturday, Sunday and Monday. Saturday's hike will be a photo-scavenger hike, leaving from the park and wending its way to Forksville, to the Flaming Foliage Festival at the fairgrounds. Admission \$2. Saturday's dinner will be a covered dish/pot luck at Dan's in Forksville, so bring a dish to share. There will be freezer or refrigerator space to keep your dish from Friday to Saturday nights. Let leader know as soon as possible so he can be sure to reserve enough campsites. Sites 58 and 59 have already been reserved. Call leader for more information and reservations. Leader: Dan Jackson, 924-3931	
October 15 Thursday	9:30 AM	<u>Maurice Goddard Trail</u> A/Meet at the Camp Hill Mall, near the theater. Bring water. Lunch will be at a local restaurant. Leader: Loretta Cairo, 737-7551	3-4 miles [3 miles hwy]
October 16 - 18 Friday-Sunday		<u>Elk State Forest Weekend</u> Camping at Sizerville State Park (\$17) - or stay at local motel. Saturday: long and short hike options. 8 mile Elk Trail hike on Sunday. See remains of the 1911 Austin flood. Call leader for more information and to reserve a campsite. Leader: John Stein, 533-3679	
October 17 Saturday	8:00 AM	<u>Appalachian Trail - Maryland</u> D+/Pen Mar Park to Wolfsville Road. Excellent view from High Rock. Two steep climbs and some rocky sections. Moderate pace. Bring lunch and water. Leader: Rob Shaw, 697-4618 ext. 233	9.3 miles [125 miles hwy]
October 21 Wednesday	9:00 AM	<u>Conestoga Trail</u> A/Road hike from Butter Road to Conestoga Dr. and Conestoga River. Bring lunch and water. Meet at Camp Hill Mall at Arby's parking lot or call leader. Leader: Thyra Sperry, 258-5261	5.7 miles [80 miles hwy]

October 22-26 Thursday - Monday	9:00 AM	<u>Maintenance with the Mid-Atlantic Trail Crew</u> Bring lunch, water and work gloves. <i>Meet at the junction of Routes 225 and 325 each day at 9:00 AM.</i> We'll be working with the crew to finish the spring trail at the shelter. Bring side dish for picnic with the crew on Sunday. See article on page <u>6</u> for more information. Leaders: (Thurs) Susanne Donmoyer, 545-5308; (Fri) Carl Lorence, 234-1521; (Sat) Jane Greber, 766-1913; (Sun and Mon) Jeff Buehler, 657-8281	
October 24 and 25 Saturday and Sunday		<u>Halloween Happening with the Harrisburg Biking Club</u> This annual event includes bike rides, hiking, great food, pumpkin carving, square dancing and overnight accommodations at the Pine Grove State Park Hostel. Since most of us SATC folks will be out helping the Mid-Atlantic Crew on both these days, a good option is to register just for the Saturday evening activities. This \$16 package includes the dinner, pumpkin carving, and the 8:00 pm square dance at the furnace stack pavilion. <i>Must make reservations in advance.</i> Call Amy Adams, 972-0213 evenings or 361-9838 day or John Donahue, 774-5073 for registration information.	
November 1 Sunday	1:30 PM	<u>Joint Hike with the Capitol Area Council for the Blind</u> A/Assist blind hikers on this Peter's Mountain hike. Bring water and snacks. Leader: Susanne Donmoyer, 545-5308	3 miles [30 miles hwy]
November 7 Saturday		<u>Half of Maryland</u> E+/US 40 to Weverton on Appalachian Trail. Outstanding views from Washington Monument and Weverton Cliffs. Some moderate climbs however, the last eight miles are fairly level or downhill. Fast pace. Bring lunch and sufficient water. This is a joint hike with PATC therefore call leader for meeting place and time. Leader: Rob Shaw, 687-4618 ext. 233	19 miles [150 miles hwy]
November 8 Sunday	9:00 AM longer hike	<u>Rattling Run Circle Hike</u> D+/Two significant climbs, one rough descent. Rough and rocky in sections. Moderate pace. Bring lunch and water. Leaders: Randy and Jane Greber, 766-1913	11 miles [40 miles hwy]
November 8 Sunday	9:00 AM shorter hike	<u>Mason Dixon Trail</u> B+/Greenbranch Road to Shenks Ferry Road. One mile of very rocky terrain and three short uphill. Bring lunch and water. Leader: Thyra Sperry, 258-5261	6.2 miles [80 miles hwy]
November 10 Tuesday	9:00 AM	<u>Conestoga Trail</u> A/Road hike from Conestoga Drive through Lancaster Park, through covered bridge to Buchmiller Park. Bring lunch and water. <i>Meet at Camp Hill mall at Arby's parking lot or call leader.</i> Leader: Thyra Sperry, 258-5261	5.7 miles [80 miles hwy]
November 14 Saturday	8:00 AM	<u>Antietam Battlefield</u> D/Bring lunch and water. Optional dinner stop. Leaders: Rick Sis, 774-0196 and Bonnie Booth, 533-0500	10 miles [120 miles hwy]
November 15 Sunday	9:00 AM	<u>Route 72 to Route 117</u> C+/Moderate pace. Bring lunch and water. Leaders: Susanne Donmoyer, 545-5308 and Ray Swingholm	3 miles [80 miles hwy]

November 22 Sunday	10:00 AM	<u>Piney Mountain Circle Hike</u> C+/Bring lunch and water. Two climbs. Slow to moderate pace. Leader: Bob Keyes, 763-7743	8 miles [70 miles hwy]
November 29 Sunday	10:00 AM	<u>Two Tunnels at Williamstown</u> B+/ Slow to moderate pace. Bring lunch and water. One climb, moderate terrain. Leader: Susanne Donmoyer, 545-5308	5 miles [80 miles hwy]
December 5 Saturday	7:00 PM	<u>ANNUAL SATC HOLIDAY PARTY</u> at West Shore Sr. Citizen Center See article on page 7	

UNLESS OTHERWISE NOTED, all hikes leave from FISHER PLAZA
(ENTRANCE TO THE STATE LIBRARY) behind the State Capitol Building.
Should Fisher Plaza be closed, the alternate meeting site will be the parking island in front of the East Gate Office Center on 7th St. opposite the Herr St. underpass will be allowed at the alternate site.

If you ride with someone, you should give the driver 4¢ times the highway mileage shown, to help defray the cost of gas.

NO PETS ALLOWED **CODES FOR THE HIKES ARE SHOWN Below**

CODES FOR THE HIKES

A -	Easy	- Hikes of up to six miles with very little hill climbing [Excellent for beginners.]
B -	Fairly Easy	-Hikes of up to six miles with some climbing [Good for beginners.]
B+-	Moderate	-Hikes of up to six miles with more difficult climbing. [Good for beginners]
C -	Fairly moderate	-Hikes of 7 to 9 miles with very little climbing.
C+-	Strenuous	-Hikes of 7 to 9 miles with several significant climbs.
D -	More strenuous	-Hikes of 10 to 12 miles with very little climbing.
D+-	Very strenuous	-Hikes of 10 to 12 miles with several significant climbs.
E -	Difficult	-Hikes of over 12 miles.
E+-	Very difficult	-Hikes of over 12 miles on very rugged terrain.

In addition, the leaders should describe the pace and footing, where this is essential, such as "Easy with moderate or fast pace," or "/Easy with nature stops," or "Good footpath," or "Rocky and rough," etc.

SMOKING GUIDE LINES

The S.A.T.C. prefers that hikers refrain from the use of tobacco products during club activities.
Smokers are responsible for damage to the forests.
Pack out all waste materials.

VOLUNTEERS WORKING ON THE TRAIL

During this past spring and summer, SATC conducted our annual maintenance trips on our section of the Appalachian Trail on Peters Mountain. Work included cutting out blow downs, clearing the trail of invading vegetation, repainting trail blazes, removing unwanted fire rings, etc.

We also had some routine maintenance work to do on the privy. Hopefully, this should not require attention for the next 3-4 years.

The following volunteers came out on club trail maintenance trips so far this season and we extend a big thank you for your efforts in keeping the trail cleared for everyone using it. Your efforts are much appreciated:

- | | |
|-------------------|---------------|
| Jeff Buehler | Dick Martin |
| Frank Bohn | Lynda Martin |
| Clarence Fredlund | Stan Rudisill |
| Bethany Gould | Tom Scully |
| Jane Keeney | Thyra Sperry |
| Scott Kline | John Stein |

In addition, some of our dedicated retired members did some much needed trail clearing between work trips. Thanks go out to the following volunteers for their efforts to keep the trail open after this particularly wet spring and early summer weather that had the vegetation growing profusely:

- | | |
|------------------|-------------------|
| Carl Donmoyer | Clarence Fredlund |
| Susanne Donmoyer | Walt Natishyn |
| Mary Drury | |

More volunteers are always needed for our trail maintenance work.

Jeff Buehler
SATC Trail Master

The BULLETIN BOARD

ELK STATE FOREST WEEKEND

October 16-18, 1998

Camp at Sizerville State Park - hot showers
(or use Motel - 814-486-0522)

Restaurants nearby
6 miles to Emporium

Meet at Sizerville Park, walk-in camp site #23,
Friday by 5 PM or Sat by 8 AM
Bring all required supplies & Equipment

See remains of the 1911 Austin Flood
& Look for elk.

SCHEDULE:

Saturday, Oct 17, 9:00 am
14 mile difficult loop hike
plus a separate group short hike

Sunday, Oct 18, 9:00 am
8 mile "Elk Trail" hike.

To reserve camp site send \$17.00 by Oct 12,
to J W Stein, P O Box 9, Hershey PA 17033-0009
717 533-3679 102544.627@compuserve.com

DEADLINES FOR THE NEXT BUSHWACK BULLETIN

ARTICLE: Oct 18, 1998
HIKE SCHEDULE: Oct 26, 1998

Oct 26, is the absolute deadline, beyond which no articles can be accepted. Once the Bulletin is set up, it is too much work to go back, make revisions and have to spend hours redoing the setup.

The next issue of the BUSHWACK BULLETIN is scheduled to arrive about Nov 29, 1998. Should you fail to receive your copy by Nov 30, call Clarence Fredlund, 564-1447.

TRAIL WORK PROJECT

With the MID-ATLANTIC TRAIL CREW

SATC will once again host the Appalachian Trail Conference *Mid-Atlantic Trail Crew* for one week of trail work.

The dates for this year's project are **Thursday - Monday, October 22-26, 1998**. This schedule allows the "crew" to work with volunteers from the host club on weekends.

This year the crew will continue, and hopefully complete, its work on the blue-blazed spring trail at our Peter's Mountain Shelter. There will also be plenty of work for club volunteers.

Please try to come out and support the crew. There will be a club leader to take volunteers to the work site each day. (See hike schedule for leader, meeting time and place.) You may also walk to the work site at your convenience. Volunteers should wear proper clothing and **bring work gloves**. Tools will be provided. Bring lunch and water.

We will again reward both club and crew volunteers with a picnic at the Shelter on **Sunday, October 25**, at about 12.30 p.m. The Club will provide subs. Members wishing to come out and join in fellowship and camaraderie are asked to bring a covered dish:-- dessert, salad, snack, or drink -- suitable for carrying to the shelter.

For more information about the work involved, or directions to the work site, please call the Trailmaster, Jeff Buehler, (717)-657-8281, or Jane Greber, (717)-766-1913.

DON'T MISS WALKIN' JIM STOLTZ

See Page 7

HOLIDAY PARTY



WHEN: Saturday, December 5, 1998, at 7:00 p.m.

WHERE: The West Shore Senior Citizens' Center
122 Geary St., New Cumberland, PA.

BRING: Covered Dish to Share.

The Party Committee for this year will be:
Katie Jones, 249-6727 Jane Greber, 766-1913

Members are asked to bring along some of their favorite slides taken on this year's hikes and/or vacations. Please limit your presentation to 10-15 minutes and identify your slides with your name.



FOREVER WILD: A CELEBRATION OF WILDERNESS

Singer / Songwriter / Hiker **Walkin' Jim Stoltz** returns to Central Pennsylvania, Saturday night, **October 17, at 7:30 PM at the Unitarian Church of Harrisburg**, for a return engagement of his **unique multimedia show, *Forever Wild: A Celebration of Wilderness***.

Walkin' Jim gets his name from the more than 24,000 miles and 26 years he has trekked through the wild country of North America, carrying a guitar and writing his songs along the way. Walkin' Jim expresses in his lyrics a great love and respect for the Earth and the wild places he knows so well. Known for his powerful baritone and emotion-packed vocals, Walkin' Jim combines live music and poetry with multi-image slides. The show promotes preservation of America's last wild places.

In his over 23 years of performing, Walkin' Jim has toured extensively throughout the country and is the recipient of the Environmental Protection Agency's Outstanding Achievement Award for his sharing of nature and wilderness across America.

Walkin' Jim Stoltz has seven recordings which get regular air play on National Public Radio and will be on sale at the concert.

The multimedia presentation will be about 2½ hours in length, including an intermission.

Walkin' Jim's personal interviews have been featured in the Wall Street Journal, Los Angeles Times, Backpacker Magazine and Variety.

Tickets for the concert will be available at the door of the Unitarian Church of Harrisburg, 1280 Clover Lane, just off Eisenhower Blvd., one block south of Chambers Hill Rd. Adult ticket prices are \$8.00, students under age 17, \$4.00. The event is cosponsored by the Governor Pinchot Group of the Sierra Club and Dauphin County Parks & Recreation for the benefit of local conservation efforts. For more information, call (717) 599-5188.

CAUTIONARY ON USE OF DRINKING WATER ON THE TRAIL

GIARDIASIS

The National Park Service recently has provided an update on giardia, a microscopic protozoan parasite that infects humans and other warm-blooded animals. People become infected when they ingest the cysts of the parasite in contaminated water or food. Giardiasis is the most prevalent waterborne disease in the United States. The parasite is widespread in the United States, including Alaska.

Symptoms of giardiasis typically last for about two weeks and usually include severe diarrhea, nausea, abdominal cramps, fatigue, and weight loss. The onset of symptoms normally occurs within seven to ten days after exposure to the parasite. Symptoms are more severe in children. Persons with compromised immune systems, including AIDS patients and persons receiving chemo- or radiation therapy, are at greatest risk.

Humans and warm-blooded domestic and wild animals, particularly beaver and muskrats, are the reservoir of this parasite. Giardia parasites are excreted in the feces. The environmentally resistant cysts can last for several months in water and can even withstand freezing for a short period of time. The primary sources of this disease are surface waters contaminated by animals and water supplies contaminated by human sewage. Large community outbreaks have occurred from drinking treated but unfiltered water. Smaller outbreaks have resulted from contaminated food and person-to-person transmission in day-care centers. Giardiasis also is frequently transmitted by ingesting untreated surface water and water from shallow wells. Giardiasis is a common disease among hikers and campers who drink untreated surface water from lakes, streams and springs.

Exposure to this parasite can be minimized through the following actions:

- Avoid ingesting water from lakes, rivers, streams, and shallow wells (less than 25 feet deep.)
- Bring untreated water to a rolling boil or at least one minute (three to five minutes at higher elevations). Filters are less reliable for removing the parasite unless they are certified as at least an "absolute" one-micron filter. Chemical disinfectants work well against most waterborne bacteria and viruses but are not reliable for killing giardia cysts. However, in conjunction with the use of absolute filters, the addition of eight drops of household bleach (or 20 drops of tincture of iodine) per gallon of water is strongly recommended. Treated water should be allowed to stand for a minimum of 30 minutes (60 minutes if the water is cloudy) before using.
- Practice good personal hygiene, particularly proper hand washing before handling food or eating and after changing diapers or using the toilet.

More information can be found at the Public Health Program's Web page at <www.nps.gov/public_health>.

Courtesy of *The Register* / June 1998

H. PYLORI

A Penn State research team has found a bacterium in Central Pennsylvania lakes and rivers which can cause chronic gastritis, peptic ulcer disease and certain types of stomach cancers. The bacteria, *Helicobacter pylori*, (*H. pylori*) was first described in the early 1980's by Australian Researchers; it is found in about half the people in the world, but had never been discovered before in surface water in the United States.

Although *H. pylori* causes problems in only a small percentage of infected individuals, the organism does cause serious consequences. It is now accepted that *H. pylori* is the cause of most duodenal ulcers and between 70 and 80 percent of gastric ulcers. In the late 1980s, a link between *H. pylori* and certain types of stomach cancers was shown by researchers at Stanford University.

Penn State Harrisburg researchers John Hegarty and Assistant Professor of Environmental Microbiology Katherine Baker stated that the bacterium was found in more than 75 percent of the surface water samples tested. The organism was found in both surface water and untreated well water from shallow wells where surface water contamination is likely. There is no evidence that *H. pylori* is found in municipal or treated water supplies and research by the EPA indicates that chlorine disinfection kills the bacterium

The National Park Service recently provided an update on Giardia (See article on left) clearly reinforcing the dangers of ingesting untreated water; this new study gives you one more very good reason to purify your water while you're out on the trails.

News item on the Internet,
furnished by Dick Martin

FROM THE PRESIDENT

PRESIDENTS RETREAT / TELECOMMUNICATIONS TOWERS

On June 20-21, Katie and I attended the biannual retreat for maintaining club presidents, held at the National Park Service training center at Harpers Ferry.

We attended many interesting workshops, but one in particular stands out in my mind. It's also one that an interested volunteer could help with. You've noticed that telecommunication towers are popping up all over the countryside. As unsightly as they are, there is very little that can be done as far as their existence is concerned. However specific sites and designs can be influenced. ATC is looking for representatives from each AT maintaining club to be a liaison between ATC, the townships, and the telecommunication companies and help to locate these towers in the least obtrusive location possible and, as much as possible, out of the view shed of the Appalachian Trail. If interested, contact me at 766-1913.

THREE RELOCATIONS

Three possible relocations have been approved by the SATC Board in recent months. They are:

1. The blue-blazed replacement of the Victoria side-trail. As proposed, this trail will start at the Game Commission parking lot on Route 325 and join the AT where the old Victoria Trail does. Benefits would be: safer parking; a more scenic trail; a footpath that is not eroded; and a trail that discourages mountain bikers. A meeting with the Game Commission is set for August 3.

2. Peter's Mountain Relocation will start at the Route 225 parking lot and meander for about ½ mile until it joins the present AT. It will replace the walk along the wide woods road and views of the concrete Fish Commission building, with a lovely hike through mountain laurels and southerly views from rock outcroppings on the side of Peter's Mountain. The proposed relocation is being reviewed by ATC.

3. A relocation of the section of the Horseshoe Trail that SATC maintains is necessary due to a change of heart of one of the landowners. The relocation has been scouted and permission has been obtained from the landowners. The Board gave their support at the last quarterly meeting.

FALL HIKING

Fall is a great time for hiking and SATC has a full schedule. Hope you take advantage of the beautiful weather and join us on a hike!!!

CALENDAR OF SPECIAL EVENTS

September 25-27 - KTA Annual Meeting and Fall Hiking Weekend at Crystal Lake. The weekend includes accommodations, meals, evening programs, hikes, and meetings. For more information, call Clarence Fredlund, 564-1447

October 17 - *Forever Wild: A Celebration Of Wilderness* at the Unitarian Church. For more information: Call 599-5188

October 17-18 - ATC Mid-Atlantic Meeting, at Boiling Springs. This is a great introduction to the ATC and National Park Service oversight of the AT. For more information call Jane Greber, 766-1913

October 22-26 - ATC Trail Crew. See hiking schedule and related article for more information.

October 25 - SATC Picnic for trail crew - at Peter's Mountain Shelter.

December 5 - SATC Annual Holiday Party

Jane Greber
President