



BUSHWACK BULLETIN

VOLUME 43 - No 3

SEPTEMBER-NOVEMBER 1997

OUR OBJECTIVES:

GROUP HIKING + TRAIL MAINTENANCE + OUTDOOR RECREATION

IMPORTANT NOTICE!

CHECK YOUR LABEL! DOES IT HAVE A RED "X?"

**IF A RED "X" APPEARS ON YOUR LABEL,
YOUR DUES HAVE NOT BEEN PAID!**

**THIS, THEN, WILL BE YOUR LAST ISSUE
OF THE BUSHWACK BULLETIN
UNLESS YOUR DUES ARE PROMPTLY REMITTED**

August 30
Saturday

1:00 PM

The Amazing Maize Maze

A/Walking distance will vary depending on your ability to find the exit.
Admission adults \$6, children \$4. Other stops may be made if desired.
Leader: Frank Bohn, 234-5169

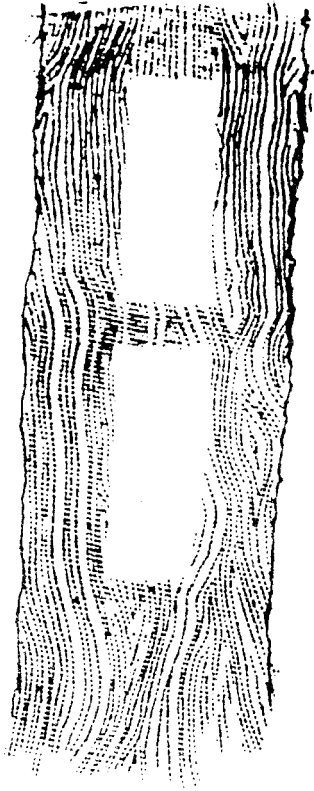
[100 miles hwy]

August 31

1:00 PM

Milton Hershey Ramble

6 miles



TRAIL BLAZES

BERNHEISEL'S BRIDGE PART II

Bernheisel's Bridge over the Conodoguinet Creek in the Cumberland Valley has always been a key point on the Appalachian Trail, from the time of Earl Shaffers 69 mile relocation in the mid-1950's.

At that time, it was a covered bridge, with a minimum of traffic. And the Trail across the Cumberland Valley was partly on roads and partly on the Ironstone Ridge.

During the ensuing years, two events took place that the Conference and the Maintaining Club choose to ignore. The first involved the replacement of the covered bridge with the current concrete span. An effort should have been made to either move the bridge a few hundred feet or relocate the highway.

The second was the construction of I-81, which lead to relocating the Trail onto the roads, with an ever increasing traffic. Again, an effort should have been made to bridge I-81 with a foot-bridge similar to the one in Maryland over I-70.



*Trail Blazes to indicate
Trail loops under Bernheisel's Bridge
Photo by Ralph Kinter*



When no effort was made to counteract this second inroad on the Trail, it eventually lead to the recent Cumberland Valley Problems.

The only thing that saved the Trail in this area was the issue of safety. This won the day for Appalachian Trail across the Valley.

Therefore, it is only fitting that ceremony on May 31, opening the newly constricted footbridge on the side of Bernheisels Bridge should point up this safety factor.

And we are indeed pleased that the Cumberland Valley Management Group went a step further by rerouting the Trail an additional 75 feet by looping it under the bridge, thus

SUSQUEHANNA APPALACHIAN TRAIL CLUB, INC.

LIST OFFICERS - 1997-1998

PRESIDENT	Jane E Greber	
		80
VICE-PRES	Kathryn H Jones	
SECRETARY	Richard A Martin	
TREASURER	Clarence V Fredlund	

DIRECTORS

CLASS OF 1998	Bonnie Booth	
	Jane M Keeney	
CLASS OF 1999	Jon Kohn	75
		055-2577
	Wm B Webster	
IMMEDIATE PAST PRES	Jeffrey R Buehler	712

COMMITTEE CHAIRPERSONS

AUDIT	Ronald M Leik
BUSHWACK BULLETIN	Ralph H Kinter
CONSERVATION	Richard Martin
HIKE LEADERSHIP PROGRAM	Susanne Donmoyer
PUBLIC RELATIONS	Katherine H Jones
TRAIL MASTER	William B Webster
WILDERNESS EMERGENCY	Jeffrey R Buehler
	Dr Randolph Greber

DELEGATES TO AFFILIATED ORGANIZATIONS

APPALACHIAN TRAIL CONFERENCE, INC.	Jeffrey R Buehler Jane E Greber Kathryn H Jones Richard A Martin
KEYSTONE ASSOCIATION, INC	Clarence V. Fredlund

BUSHWACK BULLETIN

EDITOR	Ralph H Kinter
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September 11,12,13,14,15
Thursday - Monday

Maintenance with the Mid-Atlantic Trail Crew

Bring lunch, water and work gloves. *Meet at the junction of Routes 225 and 325 each day at 9:00 AM* or proceed to the shelter on your own. We'll be working with the crew to finish the spring trail at the shelter. Bring food for picnic with the crew on Sunday. See article on page 7 for more information. Leaders: (Thurs) Jon Lenahan, 737-7675; (Fri) Carl Lorence, 234-1521; (Sat) Jane Greber, 766-1913; (Sun and Mon) Jeff Buehler, 657-8281

September 20
Saturday 8:00 AM

Caledonia State Park / Michaux Forest

E+/Loop hike over various trails. Four steep climbs. Fast pace. Bring lunch and water.
Leader: Tom Scully, 671-8241

18 miles

[125 miles hwy]

September 21
Sunday 9:00 AM

Pete Wilshusen Memorial Hike

C+/Stone Tower Trail/Sandy Springs Trail. Medium pace with geology stops. Bring lunch and water.
Leader: Dick Martin, 975-5532

7 miles

[65 miles hwy]

September 24
Wednesday 9:00 AM

State Game Land 229 Hike

B/Follow woods road through fall colors. Slow to moderate pace. Bring water. Lunch at Scotty Lynn's. *Meet at Nell's parking lot on Route 22.*
Leader: Susanne Donmoyer, 545-5308

5-6 miles

[70 miles hwy]

September 26-28
Friday -- Sunday

Keystone Trails Association Fall Meeting

Accommodations at Camp Nawakwa. Hikes at Gettysburg. Call Clarence Fredlund, 564-1447, for more information.

September 27
Saturday 8:00 AM

Appalachian Trail, Route 443 to Route 183

E+/Hike "one percent" of the AT. Includes recently relocated section. Fast pace. Bring lunch and water.
Leader: Jon Lenahan, 737-7675

21 miles

[90 miles hwy]

September 28
Sunday 8:00 AM

Link Trail -- Jacks Mountain Fire Tower to US 22

D+/Part VI in a series. Rugged with scenic views. Moderate-fast pace. Bring lunch and water. Optional dinner stop.
Leaders: Jeff Buehler, 657-8281 and Jane Greber, 766-1913

10 miles

[200 miles hwy]

October 5
Sunday 1:00 PM

Mt. Gretna Hike

C+/Bring snacks and water.
Leader: Bob Keyes, 763-7743

6-7 miles

[50 miles hwy]

October 8
Wednesday 9:00 AM

One Pancake at Dottie's (or Pot Pie??)

B/Back by popular demand. Come and bring your appetite. Slow to moderate pace. Bring water. *Meet at Hill's parking lot on Rt. 22.*
Leader: Susanne Donmoyer, 545-5308

4-5 miles

[70 miles hwy]

October 12 Sunday	10:00 AM	<u>Gettysburg Battlefield Circle Hike</u>	12 miles
		D/Mostly easy terrain. Moderate pace. One short climb. Bring lunch and water. Optional dinner stop in Gettysburg. Leader: Frank Bohn, 234-5169	[90 miles hwy]
October 14 Tuesday	6:15 PM 7:30 PM	<u>Board Meeting</u> <u>Program Meeting for All Members and Guests</u>	
		Come, help plan your favorite hikes for the Dec - Jan - Feb quarter. Meet at the Senior Citizen's Center, 122 Geary St., New Cumberland, PA Program: "Angels of the Sea" Joyce O'Neal of the Ocean Mammal Institute will educate us about the marvelous humpback whale.	
October 16 Thursday	9:00 AM	<u>Mason Dixon Trail -- Whiskey Springs Road to Hickory Road</u>	5.7 miles
		A/Moderate pace. Lunch at a local restaurant. Bring water. Meet at McDonald's/Dillsburg Giant shopping area, Rt. 15, 2nd traffic light after PA Turnpike. Leader: Thyra Sperry, 258-5261	[20 miles hwy]
October 18 and 19 Saturday and Sunday		<u>14th Annual Halloween Happening with the Harrisburg Biking Club</u>	
	Saturday's hike 2:00 PM	Event includes bike rides, hiking, great food, pumpkin carving, square dancing and overnight accommodations at the Pine Grove State Park Hostel. <i>Must make reservations by October 11.</i> Call Ron Lott, 540-8871, for registration information. <u>Pole Steeple Hike</u> (B+, steep climb with rocks and great view)	5 miles
	Sunday's hike 9:00 AM	Meet at Pine Grove State Park furnace parking lot. Bring snacks and water. Leader: Mark Mullen, 243-5661	[0 miles hwy]
		<u>Sunset Rocks Hike</u> (B+, steep climb with rocks and overlook)	3 miles
		Meet at Pine Grove State Park furnace parking lot. Bring snacks and water. Leader: Katie Jones, 249-6727	[0 miles hwy]
October 18 Saturday	8:30 AM	<u>River of Rocks at Hawk Mountain</u>	7 miles
		C+/One steep climb. Bring lunch, water, binoculars and \$ for admission to sanctuary. Optional dinner stop. Leaders: Bonnie Booth, 533-3566 and Susanne Donmoyer, 545-5308	[80 miles hwy]
October 19 Sunday	9:00 AM	<u>East of Gold Mine</u>	8 miles
		C+/Two climbs. Bring lunch and water. Leaders: Susanne Donmoyer, 545-5308, and Ray Swingholm	[70 miles hwy]
October 25 Saturday	8:00 AM	<u>Mid-State Trail: Seven Mountains to Poe Paddy State Park</u>	14 miles
		E+/Moderate - fast pace. Three steep climbs. Some very rocky stretches. Wear bright clothing. Bring lunch and water. Leader: Tom Scully, 671-8241	[150 miles hwy]
October 26 Sunday	8:30 AM	<u>Tuscarora Trail, PA 16 to Cowan's Gap State Park</u>	8.6 miles
		C+/Moderate pace. Bring lunch and water.	

November 6 Thursday	9:00 AM	<u>Mason Dixon Trail -- Hickory Road to Mt. Zion Road</u> A/Meet at McDonald's/Dillsburg Giant shopping area, Rt. 15, 2nd traffic light after the PA Turnpike. Moderate pace. Bring water. Lunch at a local restaurant. Leader: Thyra Sperry, 258-5261	5.3 miles [20 miles hwy]
November 9 Sunday	10:30 AM (longer hike)	<u>Roundhead Roundabout</u> D+/Balloon hike includes a new AT relocation and Shower Steps. Some very rocky stretches. Three climbs. Moderate - fast pace. Bring lunch and water. Leader: Tom Scully, 671-8241	11 miles [75 miles hwy]
November 9 Sunday	9:30 AM (shorter hike)	<u>Through the Woods and Over the Mountain</u> B+/Scott Farm to Rt. 850. One strenuous climb, one short climb. Moderate pace. Bring lunch and water. Leader: Janet Eshleman, 774-1318	6.5 miles [40 miles hwy]
November 15 Saturday	5:00 PM	<u>Clarks Valley, Stoney Mountain Night Hike</u> D+/Bring snacks and water, a flashlight or two, extra batteries, and warm clothing. Leader: Jon Lenahan, 737-7675	11 miles [35 miles hwy]
Wednesday SUNDAY November 16	9:00 AM	<u>Clarks Valley Circle Hike</u> C+/Visit the Mystery Tower and see the General. One long climb and rough downhill. Moderate pace. Bring lunch and water. Leader: Susanne Donmoyer, 545-5308	8 miles [60 miles hwy]
November 23 Sunday	1:00 PM	<u>Cumberland Valley Hike</u> B/Boiling springs furnace to York Road (Rt. 74). Easy pace, easy terrain. Bring snacks and water. Leader: Janice Slaybaugh, 774-7686	6 miles [35 miles hwy]
November 30 Sunday	10:00 AM 10:45 AM	<u>King's Gap Vista</u> Meet at Fisher Plaza Meet at the Mansion at King's Gap Environmental Education Center. B+/Moderate pace, moderate terrain. Bring lunch and water. Leader: Janet Eshleman, 774-1318	5 miles [60 miles hwy]
December 6 Saturday	7:00 PM	<u>ANNUAL SATC CHRISTMAS PARTY</u> at West Shore Sr. Citizen Center A/Hike from your table to the pot luck buffet tables. Hiking mileage varies. See article on page 9	

UNLESS OTHERWISE NOTED, all hikes leave from FISHER PLAZA,

(ENTRANCE TO THE STATE LIBRARY) behind the State Capitol Building.
Should Fisher Plaza be closed, the alternate meeting site will be the parking island
in front of the East Gate Office Center on 7th St. opposite the Herr St. underpass
will be allowed at the alternate site.

FROM THE PRESIDENT

MOU

After board approval, I signed the Memorandum of Understanding between SATC and the Appalachian Trail Conference (ATC). It was written by the ATC and attempts to clarify and formalize the working relationship between the ATC and the maintaining trail clubs.

If you are interested in reviewing this two page document, our Secretary, Dick Martin has it on file.

Individual Trail Maintainers Adopt a Mile (or Two)

The board voted in April to divide the 9+ miles of the Appalachian Trail that we maintain into smaller sections to care for. The intent is not to replace club work trips, but to augment them. Jeff Buehler will be working on this project.

If you are interested in adopting a section of the trail, contact Jeff. He'll also be contacting a list of members who expressed interest in this project two years ago in the SATC survey.

Oregon Bound?

If you are interested in hiking in the Columbia Gorge, the Southern Washington / Northern Oregon Cascades, or the Oregon High Desert Area, you're in luck! An SATC member moved to Oregon not too long ago and has offered to help with planning your trip. Contact:

Eric Hildebrand
1006 East 12th St - Apt #3
The Dalles, OR 97058
Tel (541) 506-1671

or Idaho Adventure?

Similarly, if you are interested in an adventurous vacation in Idaho's Sun Valley and/or the Sawtooth Wilderness, another SATC member, now living in that

Volunteer Alert

There are three areas that volunteers are specifically needed in the near future:

Mid-Atlantic Trail Crew - The crew will need assistance from club volunteers when they are here working on the trail to the spring at the Peters Mountain Shelter from September 11-15th (see related article.)

Jeff Buehler mentioned that there is another project to work on, should we run out of work for the crew.

Please contact Katie Jones, 249-6727, or myself, 766-1913, if you can help bring the picnic lunch into the shelter on Sunday, September 14th.

SATC Holiday Party - The Holiday Party will be on Saturday, December 6. We always have great food and lots of fun. Please Contact Katie Jones or myself if you can help set up before the party and/or clean up after the party. The more, the merrier, and the quicker the job gets done!

Bushwack Bulletin / Assistant Editor - An interested member is needed to work with Jeff Pinsler as assistant Editor. Jeff has been working with Ralph Kinter since last year, and thinks it would be a good idea to have another person learn the ropes also. It's not a job you will be doing alone--there is a group of people involved in collating and getting the bulletin ready for mailing. It is more of a training assignment to acquaint any future editor with the postal requirements. Contact Jeff Pinsler, 566-8265, or myself if you'd like more information.

Jane Greber
President, S.A.T.C.

NEW MEMBERS

JUN 1997

Please join us in welcoming these new members:

NAME	ADDRESS	POST OFFICE	PHONE
Morgan Baker Jr Jill C Bolze Paul E Brinkman Betty L Campbell George DiCarlantonio			
Todd E & Janice L Elgin George W Fohs Gail Forney Richard G W & Jane L Gingerich Donald Harvey			
Joan Hillegas Dawn Little Debra Martin Peter M & Janet Naclerig Janice T Reich			
Sandy J & Becky Rome Donald R Schultz Angela Seitzinger Kirit Shah Katie Shernwell			
Elizabeth G Shirey Charlie Smith Janice C Staines Pamela Still Roberta Z Strickler			
Connie & Bruce Tichenor Jennifer L Weaver Craig W Zindler			

CODES FOR THE HIKES

- | | | |
|-----|-----------------|--|
| A - | Easy | - Hikes of up to six miles with very little hill climbing [Excellent for beginners.] |
| B - | Fairly Easy | - Hikes of up to six miles with some climbing. [Good for beginners.] |
| B+ | Moderate | - Hikes of up to six miles with more difficult climbs. |
| C - | Fairly moderate | - Hikes of 7 to 9 miles with very little climbing. |
| C+ | Strenuous | - Hikes of 7 to 9 miles with several significant climbs. |

In addition the leaders should describe the pace and footing, where this is essential, such as: "Easy with moderate or fast pace;" or "Easy with nature stops;" or "Good footpath;" or "Rocky and rough;" etc.

SMOKING GUIDE LINES

the BULLETIN BOARD

TRAIL WORK PROJECT with the MID-ATLANTIC CREW

Once again our club will host the Appalachian Trail Conference's Mid-Atlantic crew for one week of trail work.

The dates for this year's work project are **Thursday-Monday, September 11-15, 1997**. This schedule allows the "**crew**" to work with volunteers from the host club on weekends.

Last year, in early September, Hurricane Fran devastated sections of the A.T. south of us, particularly in the Shenandoah National Park. As a result, the crew was diverted there to help with trail clearing during the week they were scheduled to work with our club.

Our project this year will be to continue the reconstruction work begun two years ago on the blue-blazed spring trail at our Peter's Mountain Shelter. The steep trail to the shelter's only spring has benefited from the addition of many well-built rock steps. This past work made the trip easier and safer for hikers. The work will continue with laying more rock steps using winch techniques for moving the heavy rocks into place. There will be much digging and back-filling for us to do.

Please try to come out and work with the crew, if you can. Our club has consistently been one of the best represented over the years, in terms of number of volunteers working with the crew. There will be a club-leader to take volunteers to the work site each day. (See hike schedule for leader, meeting time and place.) Or you may walk to the work site at your convenience. Volunteers should wear proper clothing, including leather work gloves and eye protection, if available. Tools will be provided. Don't forget lunch and water!

We will again reward both club and crew volunteers with a picnic at the shelter on Sunday, Sep 14, at about 12:30 pm. The club will provide sandwiches. Members wishing to come out and join in the fellowship and camaraderie are asked to bring covered dish, dessert, or snack suitable for carrying into the shelter.

For more information about the work involved or directions to the work site, please call the Trailmaster, Jeff Buehler, 657-8281.

Jeff Buehler
Trailmaster, S.A.T.C.

OUR FAVORITE HIKES

We have had several members and non-members query us about whether copies of the Green Belt map was available, and how they can obtain a copy. I think the Green Belt Association sends a copy to all members, when they join. To join you can send \$10 with your name and address, telling you want to join and would like a map.

Their address is Capital Area Greenbelt Association, P O Box

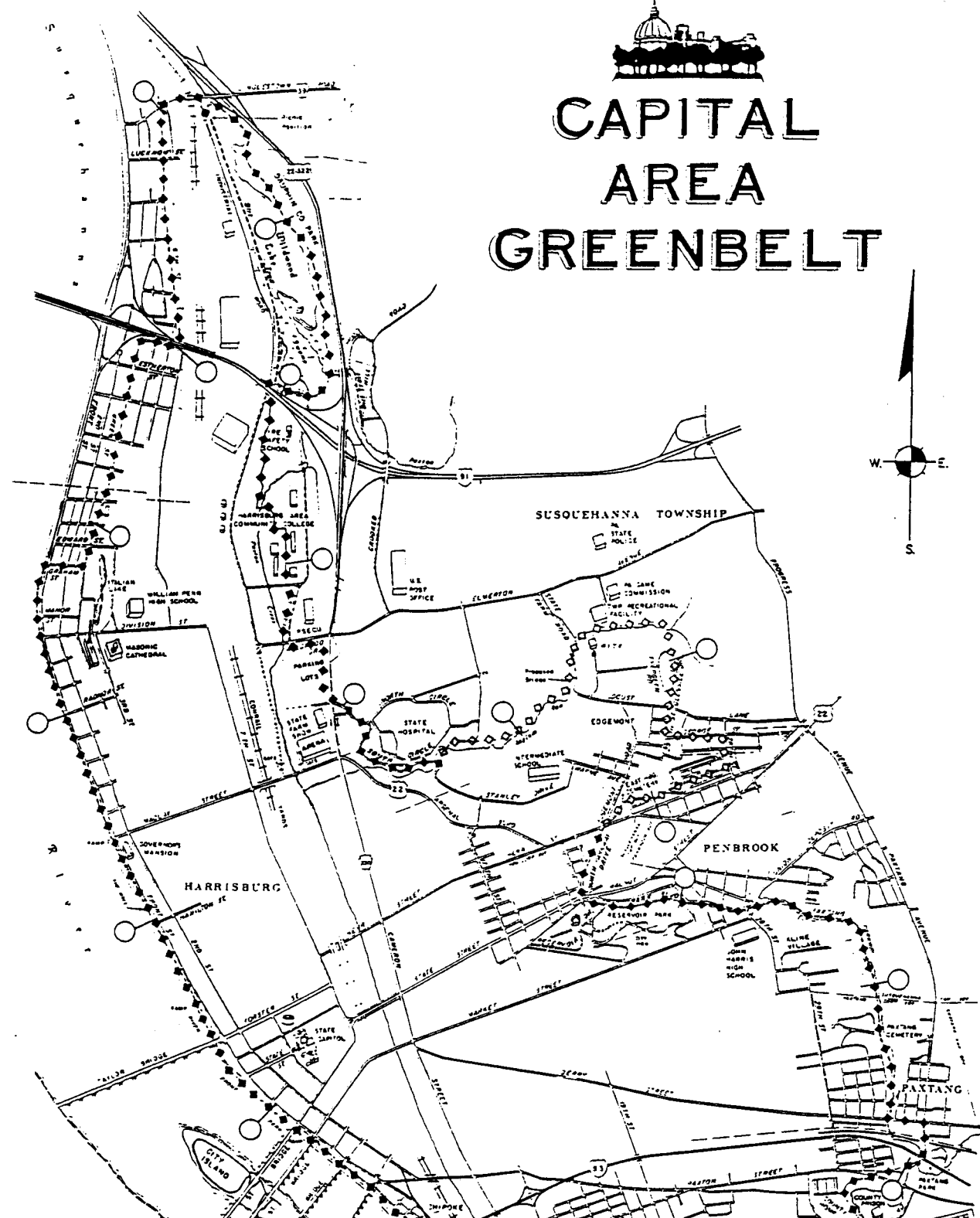
DEADLINES FOR THE NEXT BUSHWACK BULLETIN

ARTICLES Oct 17, 1997
HIKE SCHEDULE: Oct 24, 1997

Oct 24 is the absolute deadline, beyond which no articles can be accepted. Once the Bulletin is set up, it is too much work to



CAPITAL AREA GREENBELT





HOLIDAY PARTY



WHEN: SATURDAY, DECEMBER 6, 1997, at 7:00 PM

WHERE: The West Shore Senior Citizens' Center
122 Geary St., New Cumberland PA

BRING: COVERED DISH TO SHARE

The Party Committee for this year will be:
Katie Jones, 249-6727 Jane Greber, 766-1913

Contact the Committee if you need help in deciding what to bring, or to let us know what you plan to bring.

Members are asked to bring along some of their favorite slides taken on this year's hikes and/or vacations. Please limit your presentation to 10-15 minutes and identify your slides with your name.



ATTENTION! ALL HIKE LEADERS!

We send you five copies of the *BUSHWACK BULLETIN* for you to pass out to visitors or new-comers on your hike.

This is important to keep the Club growing. It is one way to obtain new members. And new members spell *strength* for the club. Not only the club but for the ideals, the ideas for which we stand.

I can remember well that one of our most active members joined the club because I thrust a copy of the *Bushwack Bulletin* into his hands. Not only did he become active, but he found his wife in the Club, and while they have since moved to another area, both served the Club well while living in this area.