



# BUSHWACK BULLETIN

VOLUME 43 - No 2

JUNE-AUGUST 1997

OUR OBJECTIVES:

GROUP HIKING + TRAIL MAINTENANCE + OUTDOOR RECREATION

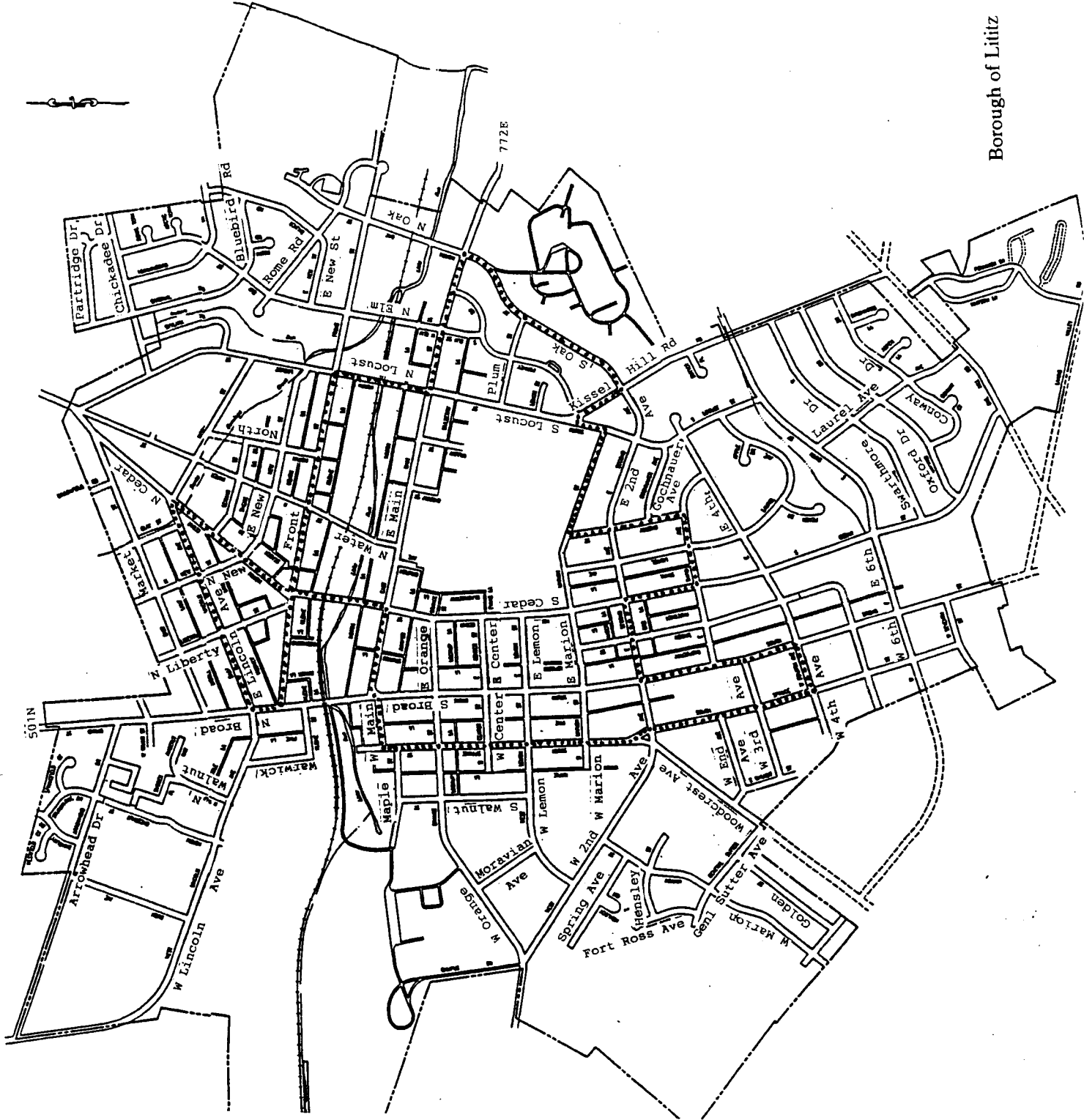
## IMPORTANT NOTICE

### DUES WERE DUE AND PAYABLE APRIL 1

### HAVE YOUR DUES BEEN PAID? CHECK YOUR LABEL!

If the digits 10497 or 20497 appear above your name, your dues are NOT CURRENT!

May	31		<b><u>Dedication of Bernheisel Bridge AT Walkway</u></b>	
Saturday		9:00 AM	Meet at Fisher Plaza	
		9:30 AM	Meet at Bernheisel Bridge Road baseball field parking lot.	
			A/Hike 1.5 miles to the Bridge.	
		11:00 AM	Dedication ceremony at Bernheisel Bridge, followed by refreshments and short hikes. Donations of baked goods or snacks welcome.	
			Bring lunch and water.	
			Leader: Jane Greber, 766-1913	[50 miles hwy]
June	1	8:00 AM	<b><u>Link Trail -- Greenwood Furnace to Frew Road</u></b>	10.4 miles
Sunday			D+/Part IV in a series. Bring lunch and water. Rocky terrain.	
			Moderate-fast pace. Optional dinner stop.	
			Leaders: Jane Greber, 766-1913 and Jeff Buehler, 657-8281	[180 miles hwy]



Borough of Litzitz

**SUSQUEHANNA APPALACHIAN TRAIL CLUB, INC.**

**LIST OFFICERS - 1997-1998**

<b>PRESIDENT</b>	Jane E Greber	
		80
<b>VICE-PRES</b>	Kathryn H Jones	
<b>SECRETARY</b>	Richard A Martin	
<b>TREASURER</b>	Clarence V Fredlund	

**DIRECTORS**

<b>CLASS OF 1998</b>	Bonnie Booth	
	Jane M Keeney	
<b>CLASS OF 1999</b>	Jon Kohn	75
		055-2577
	Wm B Webster	
<b>IMMEDIATE PAST PRES</b>	Jeffrey R Buehler	
		712

**COMMITTEE CHAIRPERSONS**

<b>AUDIT</b>	Ronald M Leik
<b>BUSHWACK BULLETIN</b>	Ralph H Kinter
<b>CONSERVATION</b>	Richard Martin
<b>HIKE LEADERSHIP PROGRAM</b>	Susanne Donmoyer
<b>PUBLIC RELATIONS</b>	Katherine H Jones
<b>TRAIL MASTER</b>	William B Webster
<b>WILDERNESS EMERGENCY</b>	Jeffrey R Buehler
	Dr Randolph Greber

**DELEGATES TO AFFILIATED ORGANIZATIONS**

<b>APPALACHIAN TRAIL CONFERENCE, INC.</b>	Jeffrey R Buehler
	Jane E Greber
	Kathryn H Jones
	Richard A Martin
<b>KEYSTONE ASSOCIATION, INC</b>	Clarence V. Fredlund

**BUSHWACK BULLETIN**

<b>EDITOR</b>	Ralph H Kinter
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June Tuesday	10 6:00 PM	<b><u>Ice Cream Hike</u></b> <i>B/Meet at Dauphin Deposit Bank, East Park Drive, 4200 Derry St. in Harrisburg.</i> Leader: Clarence Fredlund, 564-1447	4 miles [0 miles hwy]
June Wednesday	11 9:00 AM	<b><u>Caledonia - Hike - Picnic - Hike</u></b> <i>B+/Meet at Camp Hill Theatres. One good climb. Slow pace. Bring picnic lunch.</i> Leader: Susanne Donmoyer, 545-5308	4-5 miles [80 miles hwy]
June Sunday	15 10:00 AM 10:45 AM	<b><u>Kings Gap Trails</u></b> Meet at Fisher Plaza Meet at Pine Plantation Area at King's Gap <i>B+/Moderate pace. Bring lunch and water.</i> Janet Eshleman, 774-1318	6 miles [60 miles hwy]
June Wednesday	18 5:30 PM	<b><u>After Work Strenuous Hike - Water Tank Trail</u></b> <i>B+/Meet at Game Lands 211 parking lot, Stony Creek Valley.</i> Moderate-fast pace. One very strenuous ascent and descent. Rugged terrain. Bring snack, water and flashlight. Leaders: Jane and Randy Greber, 766-1913	5-6 miles [0 miles hwy]
June Sunday	22 9:00 AM	<b><u>Appalachian Trail Maintenance</u></b> Cut back seasonal growth along the trail. Bring lunch, water and work gloves Morning or full day option. Hiking mileage varies. Leader: Jeff Buehler, 657-8281	[30 miles hwy]
June Tuesday	24 9:30 AM	<b><u>Mt. Holly Marsh Trail System</u></b> <i>B/Home of the endangered Bog turtle and the Spurge Glade plant.</i> Bring lunch and water. <i>Meet at McDonald's in Dillsburg, Route 15, second traffic light south of the PA Turnpike, near Giant Market.</i> Leader: Thyra Sperry, 258-5261	5 miles [25 miles hwy]
June Wednesday	25 6:00 PM	<b><u>Search for the Water Tank</u></b> <i>A/Ice Cream Hike. Meet at Ellendale Gate, east of Dauphin at the end of Stony Creek Road.</i> Slow pace. Flat terrain. Kids, strollers, bikes and pack mules welcome. Leader: Will Webster and family, 671-5913	5 miles [0 miles hwy]
June Saturday	28 9:00 AM	<b><u>Hunt for the Rhododendrons</u></b> <i>C+/Caledonia State Park. Two significant climbs. Moderate to easy pace. Bring lunch and water.</i> Leader: Bob Keyes, 763-7743	7 miles [120 miles hwy]
July Thursday and Friday	3-4	<b><u>Lost Turkey Trail Backpacking Trip</u></b> <i>E+/Hike this entire 27-mile trail in two days, one night on the trail.</i> Must be in top physical shape. Optional stay at Blue Knob State Park campground Wednesday night. Call leaders for more details. Leaders: Tim and Jennifer Helppala, 834-6550	27 miles

July Tuesday	8	6:15 PM 7:30 PM	<b><u>Board Meeting</u></b> <b><u>Program Meeting for all Members and Guests.</u></b> Come, help plan your favorite hikes for the Sept - Oct - Nov quarter. Meet at the Senior Citizen's Center, 122 Geary St., New Cumberland, PA. <b><u>Program:</u></b> "Rainforest Research Realities" Dickinson College anthropologist and chimpanzee specialist Ellen Ingmanson's adventures in Africa give new meaning to the term "bushwhack."	
July Wednesday	9	5:30 PM	<b><u>After Work Strenuous Hike - Hawk Rock</u></b> B+/Meet at base of Hawk Rock, Duncannon. Moderate-fast pace. One very strenuous ascent and descent. Bring snack, water and flashlight. Leaders: Jane and Randy Greber, 766-1913	4-5 miles [0 miles hwy]
July Sunday	13	8:30 AM	<b><u>Tuscarora Trail -- C&amp;O Canal to Hancock Maryland</u></b> C/Flat terrain. Bring lunch and water. Optional dinner stop. Leader: Thyra Sperry, 258-5261	8.2 miles [200 miles hwy]
July Tuesday	8	6:00 PM	<b><u>Ice Cream Hike</u></b> B/Meet at Fox's Market in Hershey Leader: Clarence Fredlund, 564-1447	4 miles [0 miles hwy]
July Sunday	20	8:00 AM	<b><u>Link Trail -- Butler Knob to PA Route 475</u></b> E+/Part V in a series. Pleasant walk on game lands roads and six miles on paved roads. Moderate-fast pace. Optional dinner stop. Leaders: Jane Greber, 766-1913 and Jeff Buehler, 657-8281	14 miles [180 miles hwy]
July Wednesday	23	5:30 PM	<b><u>After Work Strenuous Hike - Peters Mountain</u></b> B+/Meet at base of Peters Mountain at Clark's Ferry Bridge. Moderate-fast pace. One very strenuous ascent and descent. Bring snack, water and flashlight. Leaders: Jane and Randy Greber, 766-1913	4-5 miles [0 miles hwy]
July Wednesday	23	9:00 AM	<b><u>King's Gap Ramble</u></b> B+/Meet at Camp Hill Theatres. Moderate terrain. Bring lunch and water. Leader: Susanne Donmoyer, 545-5308	4-5 miles [70 miles hwy]
July Saturday	26	5:30 PM	<b><u>Hershey History Hike #4</u></b> B/Ice cream hike. Meet at Bonnie's house (39 Maple St., Hershey). From Hbg, turn right at square in Hershey onto Cocoa Avenue. Go several blocks and turn right onto Maple (brick house/yellow trim). Leaders: Bonnie Booth, 533-3566 and Clarence Fredlund, 564-1447	5 miles [0 miles hwy]
July Sunday	27	10:00 AM	<b><u>Blueberry Trail and Tumbling Run</u></b> C+/Slow to moderate pace. Some climbing over rocks. Bring lunch and water. Leader: Bob Keyes, 763-7743	7 miles [70 miles hwy]
August	1-8		<b><u>Appalachian Trail Conference, Bethel, Maine</u></b>	

August Sunday	3	9:30 AM	<b><u>Sunset Rocks Circle Hike</u></b> C+/One significant hill climb, plus an area of large boulders to climb over and around. Copperhead habitat. Bring lunch and water. Optional swim and dinner stop after hike. Leader: Frank Bohn, 234-5169	8 miles [75 miles hwy]
August Tuesday	5	6:00 PM	<b><u>3 B's Ice Cream Hike</u></b> B/Meet at the intersection of PA routes 225 and 325. Bring water. Leader: Clarence Fredlund, 564-1447	3-6 miles [1 mile hwy]
August Saturday	9	1:00 PM	<b><u>Beautiful Chambers Hill Lemonade Hike</u></b> A/Explore Chambers Hill Leader: Carole Martin, 561-2475	4 miles [15 miles hwy]
August Wednesday	13	9:00 AM	<b><u>Blue Mountain In-And-Out Hike</u></b> B/Meet at Hbg East Mall lamp post #1. Lunch at a local restaurant. Leader: Susanne Donmoyer, 545-5308	6 miles [10 miles hwy]
August Sunday	17	9:00 AM	<b><u>Clark's Ferry Loop Hike</u></b> D+/One significant climb. Bring lunch and water. Leader: Susanne Donmoyer, 545-5308	12 miles [40 miles hwy]
August Sunday	24		<b><u>S.A.T.C. Annual picnic</u></b> Pine Grove Furnace State Park. See page <u>7</u> for details.	[80 miles hwy]
August Sunday	31	1:00 PM	<b><u>Milton Hershey Ramble</u></b> B/Bring snacks and water. Carole Martin, 561-2475	6 miles [20 miles hwy]

**UNLESS OTHERWISE NOTED, all hikes leave from FISHER PLAZA**  
 (ENTRANCE TO THE STATE LIBRARY) behind the State Capitol Building.  
 Should Fisher Plaza be closed, the alternate meeting site will be the parking island  
 in front of the East Gate Office Center on 7th St. opposite the Herr St. underpass  
 Five additional minutes will be allowed at the alternate site.

If you ride with someone, you should give the driver 4¢ times the highway mileage  
 shown, to help defray the cost of gas.

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**NO PETS ALLOWED** **CODES FOR THE HIKES ARE SHOWN ON PAGE: 6**

**THOSE NUMBERS ON THE LABEL, ABOVE YOUR  
NAME, WHAT DO THEY MEAN?**

These numbers read like this 11203-041997-10498

The first five digits: 11203 tells us where to locate your  
address in our files.

**DEADLINES  
FOR THE NEXT  
BUSHWACK BULLETIN**

## FROM THE PRESIDENT

I am looking forward to being the president of the S.A.T.C. for the next two years. I have a super board to work with; one that is very active and interested in the club. I am confident that we can continue the tradition of good leadership that S.A.T.C. has known since it began in 1954. Jeff Buehler is a hard act to follow and I am thankful that I had the opportunity to work with him for the two years he was president. I am also thankful for all the hard work and volunteer effort that is accomplished by many other dedicated club members. You are what keeps S.A.T.C. energetic and growing!

### Local Management Plan

Jeff Buehler, Thyra Sperry, Katie Jones, Tom Scully, and I continue to work on the club's management plan for the Appalachian Trail Conference. Barring unexpected delays, draft copies of this somewhat lengthy document will be available by the July quarterly meeting for members to review. Please take the time look over a copy as there are many important club issues being addressed.

### Ridge-runner Program

This summer SATC will again support the ridge-runner program for our section of the AT. This paid individual hikes on supporting sections of the trail - educating hikers, assisting in emergencies, and reporting trail conditions to the clubs and unlawful acts to the proper authorities. Essentially they are SATC's eyes and ears when we can't be there. We have been pleased in past years with the results of this program and hope that this year goes as well.

### KTA Trail Crew

The board voted to contribute \$100 to this worthy cause being organized by the Keystone Trails Association. Work trips will be run for one week each on the Donut Hole, Gerard, and Mid-State Trails from June 11 - 30. The KTA is still looking for volunteers interested in participating in one or more of the trips. Meals and lodging are furnished. It would be a great opportunity for college students or other people over the age of 18 who are looking for some worthwhile volunteer work. I have additional information if you are interested.

### Thank You

KTA spring meeting held April 4 - 6 at Camp Hebron, Halifax. You helped make the meeting a real success! And an extra BIG THANK YOU to Jeff Buehler for coordinating the effort.

### ATC Trail Crew

SATC hopes to get the Appalachian Trail Crew for a week in September to assist SATC in finishing the trail from Peter's Mountain Shelter to the spring. As always your help is needed and appreciated in assisting the crew while they are here.

### ATC Conference

The Appalachian Trail Conference will be held August 1 - 8, 1997, at the Sunday River Ski Resort in Bethel, Maine. The conference includes hiking, sight-seeing trips, outdoor excursions, workshops, meetings, and entertainment. Several lodging and meal options are available. Call Clarence Fredlund or me for additional information and reservation forms.

### Bernheisel Bridge Walkway Celebration

On May 31, 1997, there will be a ribbon cutting ceremony for the newly constructed Bernheisel Bridge Appalachian Trail Walkway which was constructed for hiker safety. Come show your support for a major Appalachian Trail project! A good turn-out shows our elected officials that there is a large and interested trail community. At this point a distinguished speaker is being sought for the ceremonies. We will be meeting at Fisher Plaza or the Bernheisel Bridge Road baseball field parking lot in Cumberland County (see hike schedule for more information). There will be a 1.5 mile hike on the AT from the parking lot to the bridge. Light refreshments at the Scott Farm and short hikes will follow the ceremony. It would be helpful for you to bring a baked item or other snack (which you can carry in your pack) to share at the Scott Farm.

### Annual SATC Picnic

We're returning to Pine Grove Furnace State Park this year for our summer picnic. Hope to see you there. It will be a day of fun! Hiking, Food, Volleyball, Swimming, More Food!

## CODES FOR THE HIKES

<p>A - Easy</p> <p>B - Fairly Easy</p> <p>B+- Moderate</p> <p>C - Fairly moderate</p> <p>C+- Strenuous</p> <p>D - More strenuous</p> <p>D+- Very strenuous</p> <p>E - Difficult</p> <p>E+- Very difficult</p>	<p>- Hikes of up to six miles with very little hill climbing [Excellent for beginners.]</p> <p>- Hikes of up to six miles with some climbing. [Good for beginners.]</p> <p>- Hikes of up to six miles with more difficult climbs.</p> <p>- Hikes of 7 to 9 miles with very little climbing.</p> <p>- Hikes of 7 to 9 miles with several significant Climbs</p> <p>- Hikes of 10 to 12 miles with very little climbing.</p> <p>- Hikes of 10 to 12 miles with several significant climbs.</p> <p>- Hikes of over 12 miles.</p> <p>- Hikes of over 12 miles on very rugged terrain.</p>
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In addition the leaders should describe the pace and footing, where this is essential, such as: "Easy with moderate or fast pace;" or " Easy with nature stops;" or "Good footpath;" or "Rocky and rough;" etc.

### SMOKING GUIDE LINES

The S.A.T.C. prefers that hikers refrain from the use of tobacco products during club activities.

Smokers are responsible for damage to the forests.

Pack out all waste materials.

## NEW MEMBERS

Please join us in welcoming these new members:

NAME	ADDRESS	POST OFFICE	PHONE
<p>Beverly Aunkst                      Timothy C Bachman                      Wilda A Botts                      Suzanne &amp; Joseph Brezina                      Mary B Burton</p> <p>Jeffrey D Gipe                      Steve &amp; Janie Guhin                      Jim Hardy                      Patricia &amp; James Kline                      Kay K Kreider</p> <p>Michelle B Laskoski                      Mark &amp; Gail Lepley                      Jack R Leshner                      Jean M Lewis                      Mr Allison T &amp; Elaine E Mayhew</p> <p>Sherry Morgan                      John C Oliver                      Timothy C Orner                      Barbara Park                      Frank Payer</p> <p>Minna (Jill) Pulgar                      Patricia H. Query</p>			



# ANNUAL PICNIC

**Sunday, August 24, 1997  
Brickyard Pavilion  
Pine Grove Furnace State Park**

8:30 am Meet at Fisher Plaza, for car pool  
9:30 am Hike starts at the Brickyard Pavilion  
Pole Steeple Circle Hike, 4-5 miles (B+)  
Leader: Jane Greber, 766-1913  
12:30 pm Picnic at the Brickyard Pavilion  
2:00 pm Afternoon hike, swim, volleyball or your choice

**Everyone, come on out and bring your favorite picnic dish!  
The Club furnishes the barbeque and buns.**

**Picnic Committee: Bonnie Booth, 533-3566  
Jane Greber 766-1913**

**Call a member of the Picnic Committee:  
if in doubt about what to bring, and,  
to let the Committee know what you are bringing.**

## *the* BULLETIN BOARD

### IN NEED OF A BACKPACK?

Have a classic 1930's Abercomry & Fitch canvas rucksack.  
This is a comfortable design, and still serviceable.

If interested, call Donn Williams, 232-8300  
and make an offer.

### KUDOS

Special thanks are in order for the following club hike leaders who volunteered to lead hikes at the **KTA Spring Meeting**, held at Camp Hebron on the weekend of April 5-6, 1997, S.A.T.C. planned the hike program which consisted of eleven (11) hikes, attracting 150 participants.

Bonnie Booth  
Jeff Buehler  
Susanne Donmoyer  
Clarence Fredlund  
Dan Jackson

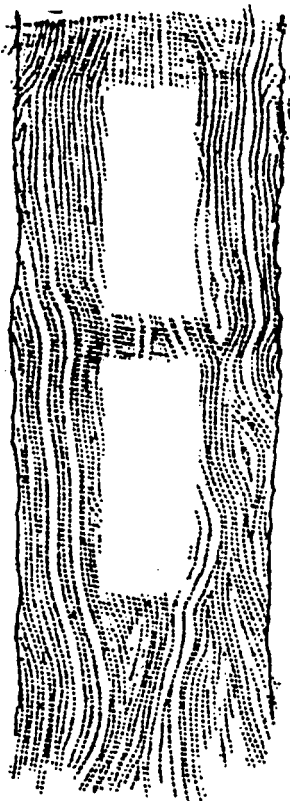
Katie Jones  
Jim Oxley  
Thyra Sperry  
John Stein

### IF YOU HAVE A

CHANGE OF ADDRESS

# TRAIL BLAZES

## BERNHEISEL'S BRIDGE



When the Appalachian Trail was relocated, back in 1955, it was routed along the Ironstone Ridge for about half of the distance across the Cumberland Valley, crossing the Conodoguinet Creek on Bernheisel's Bridge.

Bernheisel's Bridge, in those days, was a King's Truss covered bridge, and was the only covered bridge on the entire Appalachian Trail.

Your editor made a 4x5 photo of the bridge, had it enlarged to 8x10 and took it to the Appalachian Trail Conference at Mt. Moosilauk, where it was a big hit with the attendees

Items of historic interest add greatly to the esthetics of the Trail, and aid tremendously when it comes to seeking public support to obtain legislative action.

Nevertheless, when Don Brady was President of the Susquehanna Appalachian Trail Club, the Highway Department decided to replace the Bernheisel Covered bridge with a new concrete structure.

Don wrote to the Conference alerting them to the plan to replace this bridge, hoping, at least to have it mentioned in the *Trailway News*. In response, he received a letter telling him that the Appalachian Trail Conference was only interested in the Appalachian Trail **and not in covered bridges!**

It was but a matter of a few years, when the Highway Department again made a move that affected the Trail adversely by constructing I-81. This resulted in moving the Trail from the Ironstone Ridge to adjacent highways.

Both of these moves affected the esthetics of the Trail and related hiking experiences in an adverse fashion, and gave credence to the opposition, when the Cumberland Valley controversy surfaced.

What we must realize is that the Appalachian Trail is not all that important in itself, but rather in what it has to offer in a partnership with the rest of the community. Never has this been so graphic as it has been in the Cumberland Valley, and the Cumberland Valley Management Committee is to be commended for their work in making the Appalachian Trail a Community Project.

Ralph H. Kinter, Editor



## HIKING and OUTDOOR WEB SITES

Computers appear to be the way of life for many of us this day. It started out with word processors, which became more sophisticated as additions were made to the word processors, and they became computers. From simple computers, we began to hook one computer to another, and we came up with web sites, with its home pages, which those with computers in their homes, can browse.

In view of this, Karen Balaban has kindly come up with a list of web sites, dealing with hiking/walking, and general outdoor web sites for the use of our members.

**The Appalachian Trail Conference**  
(Information on this summer's conference in Maine.)  
<http://www.atconf.org>

**The Appalachian Trail Home Page**  
(A host of information & E-mail exchange.)  
<http://www.fred.net/kathy/at.gtml>

**Keystone Trails Association**  
(Fairly thorough info site on PA trails & hiking clubs.)  
<http://www.reston.com.kta/kta.html>

**Mountain Club of Maryland**  
(Hike schedule & links. Maintains 55 miles of AT in PA.)  
<http://pw2.netcom.com/~sburket/mcm.html>

**A Cyberspace Guide to Hiking**  
<http://www.netxpress.com/users/jwmoore/>

**AdventureZine**  
(Need I say more?)  
<http://www.4x44u.com/pub/k2/adventurezine/adventtur.htm>

**American Council on Exercise**  
(News about fitness and exercise.)  
<http://www.acefitness.org>

**Backpacker Magazine Base Camp**  
(A sibling of Backpacker Magazine.)  
<http://www.bpbasecamp.com>

**Get Lost Adventure Magazine**  
<http://www.itsnet.com/home/getlost/mag.ktml>

**Great Outdoors Recreation Page**  
(The top web site for outdoor adventure lovers.)  
<http://www.gorp.com>

**Hiking & Walking Home Page**  
(Great volksmarch information.)  
<http://elaine.teleport.com/~walking/hiking.html>

**Outside On Line**  
(Contains articles from the monthly magazine and much more.)  
<http://web2.starwave.com>

**The Backpacker**  
<http://www.thebackpacker.com>

**Yahoo: Recreation-Outdoors**  
(Don't forget to scroll down for the "cool" outdoor sites.)  
<http://www.yahoo.com/Recreation/Outdoors>

## HIKER ALERT

Hikers planning on using the Tuscarora Trail are advised the color of the blazing on the trail is in the process of being changed from orange to light blue.

The P.A.T.C. - North Chapter, which took over the maintenance and management for the Tuscarora Trail from the Keystone Trails Association a few years ago, have been given permission to make the change by the Pennsylvania Bureau of Forestry.

The Tuscarora Trail actually ends at Sterretts Gap but connects with the Appalachian over a portion of the Darlington Trail. The Darlington Trail will continue to be orange blazed, but that portion between Sterretts Gap and the Appalachian Trail will bear dual blazes.

What remained of the original Darlington Trail, ran for 12 miles from Overview to Sterretts Gap, but has had to be terminated at its eastern end at Tower Road due to private landowner problems. The Darlington Trail is older than the Appalachian Trail, dating from about 1908, and originally ran from Overview on the Susquehanna River to the Kings Trail, west of