



BUSHWACK BULLETIN

VOLUME 41 - No. 1

MARCH — MAY 1995

OUR OBJECTIVES:

GROUP HIKING + TRAIL MAINTENANCE + OUTDOOR RECREATION

NOTICE: ALL MEMBERS

DUES ARE DUE APRIL 1, EACH YEAR.

ARE YOUR DUES PAID? CHECK YOUR LABEL!

DOES THE TOP LINE OF YOUR LABEL SHOW ~~XXXXX~~ - 10495 OR ~~XXXXX~~ - 20495?

IF SO, THEN YOUR DUES ARE DUE TO BE PAID ON APRIL 1, 1995.

FOR INSTRUCTIONS AND WHERE TO MEET, SEE PAGE 4

- | | | | | |
|-------------------|----|-----------|--|-----------------------------------|
| March
Saturday | 4 | 8:30 A.M. | <u>WATER TANK TRAIL LOOP HIKE</u>
E+ / Bring lunch & water. This will be a fast paced hike! in State Game Lands #211, climbing Sharp & Stony Mountains, from both Stony Valley and Clark's Valley. Some very rocky terrain is involved. Heavy snow conditions will shorten the route.
Leader: Gail Guers, 232-0387 | <u>14 miles</u>
[40 miles hwy] |
| March | 5 | 9:00 A.M. | <u>PETER'S MOUNTAIN CIRCLE HIKE</u>
↑ C+ / Bring lunch & water. Expect a steep climb and rocky ridgetop footpath. We'll be using the Appalachian Trail and a blue blazed side trail. Heavy snow conditions will shorten the route.
Leaders: Jeff Buehler & Phil Day, 657-8281 | <u>8 miles</u>
[30 miles hwy] |
| March
Saturday | 11 | 9:00 A.M. | <u>HORSE SHOE TRAIL MAINTENANCE</u>
U B+ / Bring lunch, water, and sturdy boots.
<u>Meet at the Shell Gas Station</u> at the intersection of I-81 and Rte 39.
Leader: John Stein, 533-3679 | <u>5 miles</u>
[8 miles hwy] |

- March 12 12:30 P.M. **CONEWAGO TRAIL HIKE** 6 miles
 A / Bring snacks and water. This will be an "IN AND OUT" hike, on part or all of a RAILS-TO-TRAILS in Lancaster County, near Elizabethtown.
 Leader: Clarence Fredlund, 564-1447 [50 miles hwy]
- March 18 8:00 A.M. **APPALACHIAN TRAIL, PA RT 225 to PA RT 850** 18.5 miles
 Saturday **↑** E+ / Bring lunch & water and fortitude? This will be a fast paced hike over two mountains, a river, and through a town.
 Leader: John Lenahan, 737-7675 [60 miles hwy]
- March 19 1:00 P.M. **CHICKIES ROCK COUNTY PARK, LANCASTER COUNTY** 6 miles
 B+ / Bring snacks and water. One climb involved along otherwise fairly easy terrain near Columbia, PA.
 Leader: Gail Guers, 232-0387 [90 miles hwy]
- March 21 9:00 A.M. **MIDDLETOWN RESERVOIR LOOP HIKE** 5 miles
 Tuesday B / Meet at the Harrisburg East Mall, light post #1. We will be eating in a local restaurant.
 Leaders: John Stein, 533-8061 and Clarence Fredlund, 564-1447. [40 miles hwy]
- March 25 5:30 P.M. **ANNUAL BANQUET AND ELECTION OF OFFICERS**
 Saturday 6:00 P.M. Social Time - Cash bar Hershey Italian Lodge
 7:00 P.M. Dinner 128 Hillcrest Rd
 Program Hershey, PA
 See Page 7 in the BULLETIN for details. Reservation form on reverse of the address panel.
- March 26 9:00 A.M. **APPALACHIAN TRAIL MAINTENANCE - PETER'S MOUNTAIN** 5-10 miles
↑ Bring lunch, water and work gloves. You may have the option to work half or full day. We'll be clearing trail of winter storm damage primarily, with possible additional parking lot work.
 Leaders: Craig Dunn, 761-7723 and Jeff Buehler, 657-8281. [30 miles hwy]
- March 31--April 2 **KEYSTONE TRAILS ASSOCIATION SPRING MEETING**
 WEEKEND This meeting will be held at Camp Hebron, just north of Peter's Mountain, off PA Route 225. S.A.T.C. will sponsor the hiking program at this years meeting. See Page 5.
 Friday, Saturday, Sunday For more information, contact: Thyra Sperry, 258-5261.
- April 2 **DAYLIGHT SAVING TIME BEGINS - SET YOUR CLOCKS AHEAD!**
- April 2 1:00 P.M. **SHENK'S FERRY WILDFLOWER WALK** 3 miles
 Meet at Light Post #1, Harrisburg East Mall.
 Join with Appalachian Audubon to see a floral splendor.
 Leader: Ralph H. Kinter, 545-4089 [80 miles hwy]
- April 8 9:00 A.M. **APPALACHIAN TRAIL - VICTORIA TRAIL TO RT 325 & RETURN** 12 miles
 Saturday **↑** D+ / Bring lunch and water. This will be a fast paced hike, climbing Peter's Mountain twice!
 Leader: Gail Guers, 232-0387 [30 miles hwy]

- April 9 1:00 P.M. **A** INSTALLATION OF OFFICERS AT HAWK ROCK 3-6 miles
B+ / Bring snacks and water. You may have the option of hiking to Hawk Rock and back, or of continuing on to the Thelma Marks Shelter and returning. Initial steep climb to Hawk Rock.
Leaders: Thyra Sperry, 258-5261, and Jeff Buehler, 657-8281
[30 miles hwy]
- April 11 9:00 A.M. **S** LITTLE BUFFALO STATE PARK 6 miles
P **Tuesday** **B+** / Bring lunch & water. Meet at the Camp Hill Mall near the theatres.
Leaders: Louise Sis, 774-0196 and Clarence Fredlund, 564-1447
[60 miles hwy]
- April 11 6:15 P.M. BOARD MEETING
Tuesday 7:30 P.M. PROGRAM MEETING FOR ALL MEMBERS AND GUESTS
Come, help plan your favorite summertime hikes for the Jun-Jul-Aug Quarter. Meet at the Senior Citizens' Center, 122 Geary St., New Cumberland, PA.
PROGRAM: Lyme Disease Update: Dr. Randolph Greber will give us the latest information on Lyme Disease just in time for our warm weather activities.
- April 15 1:00 P.M. WILDWOOD LAKE WILDFLOWER WALK 3.2 miles
Saturday **B** / Join with the Friends of Wildwood on their spring flower foray. Meet at the Pavilion in Wildwood Park.
Leader: Ralph Kinter, 545-4089.
- April 16 11:00 A.M. RAUSCH GAP CIRCLE HIKE 8 miles
EASTER **C+** / Bring lunch & water. Located in State Games Lands #211, north of Harrisburg.
Leader: Bob Keyes, 763-7743. [60 miles hwy]
- April 23 8:30 A.M. SCHUYLKILL COUNTY LOOP HIKE 10 miles
D+ / Bring lunch and water. Expect a strenuous hike with Henry Knauber!
Leaders: Susanne Stambaugh, 564-2335 and Henry Knauber.
[120 miles hwy]
- April 28 DEADLINE FOR RESERVATIONS FOR LUNCH ON SPRING FLING WALK AT H.A.C.C ON MAY 5, 1995.
- April 30 1:00 P.M. **A** BLUE BELL HIKE 6 miles
APPALACHIAN TRAIL - Rt 850 to SCOTT FARM
B+ / Bring snacks and water. This hike will include a climb over Blue Mountain down to the Conodoguinet Creek, where hopefully the Blue Bells will be blooming!
Leader: Frank Bohn, 234-5169 [50 miles hwy]
- May 5 10:00 A.M. SPRING FLING 4 miles
Friday **A** / Tour the gardens at H.A.C.C. with lunch at the Culinary Institute on campus. Meet at Industrial Rd and I-81 Overpass. Call the leader by April 28, 1995, to arrange lunch reservations.
Leader: Loretta Cairo, 737-7551.
- May 7 8:30 A.M. ANTIETAM NATIONAL BATTLEFIELD SITE, MD 8.5 miles
C / Bring lunch and water. Optional dinner stop on the way home.
Leaders: Bonnie Booth, 533-3566 & Rick Sis, 774-0196.
[200 miles hwy]

- May 7 1:00 P.M. **S** GIFFORD PINCHOT STATE PARK 4 miles
P B / Join with Appalachian Audubon on their wildflower walk to see the Golden Seal. Meet behind the Country Kitchen, (formerly Howard Johnson's), Camp Hill Mall.
 Leader: Ralph Kinter 545-4089. [35 miles hwy]
- May 10 10:00 A.M. ZARTMAN LOGGING RAILROAD HIKE 6 miles
 Wednesday B / Bring lunch and water. This is an in and out hike. Meet at the parking area at the intersection of Rts 325 and 225, north of Dauphin.
 Leader: Susanne Stambaugh, 564-2335
- May 13 5:30 P.M. FULL MOON ANNIVERSARY HIKE - STONY MOUNTAIN FIRETOWER 9 miles
 Saturday C+ / Bring flashlight, water, and hors d'oeuvres to share. Plan to stay a while and watch the moon rise over the firetower. One long, very strenuous climb involved.
 Leaders: Randy and Jane Greber, 766-1913 [30 miles hwy]
- May 14 9:00 A.M. PRETTY BOY DAM LOOP HIKE 10 miles
 D+ / Bring lunch and water. This hike will be along Gunpowder Creek in Gunpowder Falls State Park, Maryland. Trail will be rocky.
 Leader: Susanne Stambaugh, 564-2335 [150 miles hwy]
- May 21 9:00 A.M. **A** PETER'S MOUNTAIN SHELTER WORKTRIP 3 miles
 B+ / Bring lunch, water and work gloves. A few construction details remain to be done on the shelter. Meet at the parking area at the junction of PA Rtes 325 and 225 north of Dauphin.
 Leader: Jeff Buehler, 657-8281.
- May 23 6:00 P.M. **V** ICE CREAM HIKE - LAWTON AREA 4 miles
 Tuesday A / Meet at Dauphin Deposit Bank, East Park Center, East Park Dr. and Derry St.
 Leaders: Clarence Fredlund, 564-1447 & Louise Sis, 774-0196.
- May 28 No Volunteers. Please come prepared at our April 11 Planning Memorial Day Weekend meeting.
- June 4 8:00 A.M. PINCHOT TRAIL - (SOUTHERN HALF) 13 miles
 E+ / Bring lunch and water. Location: Lackawanna State Forest in the Poconos, in Lackawanna County. We will circle hike the south half of this beautiful but little known trail. Pace will be average, due to the rugged and sometimes swampy conditions.
 Leader: John Lenahan, 737-7675 [250 miles hwy]

UNLESS OTHERWISE NOTED, all hikes leave from FISHER PLAZA, [ENTRANCE TO THE STATE LIBRARY] behind the State Capitol Building. Should Fisher Plaza be closed, the alternate meeting site will be the parking island in front of the former Greyhound Bus Terminal on 7th St. Five additional minutes will be allowed at the alternate site.

If you ride with someone, you should give the driver 4¢ times the highway mileage shown, to help defray the price of gas.

WE LEAVE, PROMPTLY, AT THE TIME SHOWN.

NO PETS ALLOWED

CODES FOR THE HIKES ARE SHOWN ON PAGE 8

PETERS MOUNTAIN SHELTER WINTERIZED

The Peters Mountain Shelter has been prepared for winter winds and snow, with the addition of a rubberized material to fit the window opening on the north side of the shelter.

Ron Kutz, his son Ron, Carl Lorence, John Stein and Clarence Fredlund carried all of the materials into the shelter and fitted the rubber materials to fit the window.

The rubberized covering will be permanent and will be rolled up to welcome the spring weather.

We thank these members for weatherizing our shelter.

T-SHIRTS AVAILABLE

The S.A.T.C. T-Shirts are available in all sizes, in Royal Blue, at a cost of \$12.00 per shirt. The design represents the Susquehanna River and the surrounding mountains. The shirt itself is a Hanes Beffy-T, 100% cotton, normally costing around \$14.00 with design, but is available to our members for \$12.00.

All members interested in purchasing a T-shirt should contact Clarence Fredlund.

MEMBERSHIP REPORT

The Treasurer reports that a total of 555 members joined or paid their dues between Dec 1, 1993 and Nov 30, 1994, which constituted the Fiscal year ending April 1995.

"OUR FAVORITE HIKES" was omitted this issue because of space limitations.

FROM YOUR PRESIDENT

My expectations were met! I have thoroughly enjoyed serving as President and Vice President of the S.A.T.C. for the last four years.

The most challenging projects were the building of the Peter's Mountain shelter and privy. Our club members were phenomenal in responding at every phase of construction. It was awesome.

With the officers and Board of Directors, we have planned programs for quarterly meetings, annual banquets, picnics and Christmas parties.

Our hiking schedule and Bushwack Bulletin newsletter are outstanding. We continue to draw new members and retain a high level of membership and respect in the hiking community. Our membership offers a wide variety of outdoor activities from hiking on every trail in Pennsylvania, to hiking trips out west and abroad, weekend camping and backpacking, to whitewater rafting and eating ice cream.

I have worked with and met many wonderful hikers. I want to thank Jeff Buehler, Jane Greber, Katie Jones, Dick Martin, Clarence Fredlund, Craig Dunn, Ron Baker, Ralph Kinter, Ron Leik, Bob Keyes, Perry Moreau, Walt Natishyn, Randy Greber and Susanne Stambaugh for all of your expertise and all that you give to the club and the community of hiking.

Above all I thank you for the fun and friendship during the last four years.

Thyra Sperry
President 1993-1995

KTA MEETING SCHEDULED

The Annual KTA spring meeting is scheduled for Saturday and Sunday, April 1 and 2, at Camp Hebron, north side of Peters Mountain.

S.A.T.C. members are planning and leading all of the hikes for the weekend. Contact Clarence Fredlund or Thyra Sperry for more details.

You may join us for all or part of the weekend.

REPORT OF THE NOMINATIONS COMMITTEE

ELECTION OF OFFICERS

The ANNUAL ELECTION OF OFFICERS is held at the Annual Dinner Meeting. The Annual Dinner, this year, is scheduled for Saturday, March 18, 1989. See announcement in this issue of the BUSHWACK BULLETIN.

The BY-LAWS of the Club provide for the election as follows:

- BY-LAW I - ELECTION AND QUALIFICATION OF OFFICERS AND DIRECTORS:
- Section 1 - NOMINATIONS: The President shall appoint a Nominating Committee, which shall be chaired by a non-officer member of the Board of Directors, not later than sixty [60] days before the next succeeding Annual Meeting. The Nominating Committee shall notify all Club Members at least thirty [30] days before the Annual Meeting of the nominated persons. The Nominating Committee is limited to one nomination for each office and non-officer directorship. Additional nominations, which are reserved to the membership at large, may be submitted in writing to the Nominating Committee, until one week prior to the Annual Meeting. No nominations are to be made nor accepted from the floor at the Annual Meeting.
- Section 2 - ELECTION OF OFFICERS AND NON-OFFICER DIRECTORS: Election shall be at the Annual Meeting. If there are more than one nominee for any office or non-officer directorship, the election shall be by secret ballot and by plurality vote.
- Section 3 - TERM OF OFFICE: Officers shall be elected annually, but the President and Vice-President shall in no event serve more than two consecutive terms in their respective offices. The Secretary and Treasurer may serve successive one year terms without limitation. Non-officer members of the Board of Directors shall be elected by class to serve a two year term, but they shall in no event serve more than two consecutive elected terms.

As directed by the Constitution and By-Laws of the SUSQUEHANNA APPALACHIAN TRAIL CLUB, the Nominating Committee, appointed by the President, offer the following candidates:

PRESIDENT: Jeffrey R. Buehler
VICE PRESIDENT: Jane E. Greber
SECRETARY: Katherine H. Jones
TREASURER: Clarence V. Fredlund

DIRECTORS: Jon Kohn
(for 2 yrs) Perry Moreau

In accord with Sec 1, BY-LAW I, any member desiring to submit additional nominations may do so by submitting such nominations in writing to any member of the Nominating Committee prior to **March 18, 1995**.

The Nominations Committee
Richard Martin, Chair
Perry Moreau
Walt Natishyn

WINTER CAUTIONARY

At this time of year, those of us who enjoy outdoor activities, are prone to suffer from over exposure, particularly, if the weather turns too severe and we are caught in it.

The secret to protecting ourselves is in the wise choice of winter clothing. Your winter clothing should be fairly loose, not extremely heavy, but rather in layers. This type of clothing tends to trap layers of insulating air between them.

Above all, protect your head. Never be out too long without a head covering. A heavy percentage of heat loss occurs though the head--which is our least protected part of the body. A knit cap, particularly one that can be turned down to cover the ears and back of the neck is the best.

Properly dressed you can survive the most severe winter weather.

ANNUAL BANQUET AND ELECTION OF OFFICERS

SATURDAY, MARCH 25, 1995

SOCIAL 6:00 P.M. (CASH BAR) - DINNER 6:30 P.M.,

HERSHEY ITALIAN LODGE
128 HILLCREST ROAD
HERSHEY, PA 17033
534-1765

~~ENTREE: BAKED HAM WITH BAKED POTATO - FRUIT CUP - TOSSED SALAD -~~
ROLLS - VEGETABLE OF THE DAY ICE CREAM
\$12.00 per person includes tax and gratuities

or

VEGETARIAN PLATTER WITH BAKED POTATO - FRUIT CUP - TOSSED
SALAD, ROLLS AND ICE CREAM \$10.00 PER PERSON includes tax and
gratuities.

PROGRAM: FRANK FELBAUM - ENDANGERED FOREST FLOWERS
EACH PERSON WILL RECEIVE A FREE PACKET OF MATERIALS
MR. FELBAUM IS DIRECTOR OF WILDLIFE RESOURCE CONSERVATION

LIVE MUSIC TO LISTEN AND DANCE TO WILL BE AT 9:00 P.M.
DEADLINE: MARCH 13, 1995 SEND CHECK TO CLARENCE V. FREDLUND
WITH THE RESERVATION FORM.

NEW MEMBERS

Please, join us in welcoming the following new members:

A. Vincent Barbush
Jennifer J. Cappetta
Johnnee Cunningham
S. Grace Desormeaux
Nancy L. Haugh

Libbie Hitch
Edward M. & Dorothy M. Hall
Gordon D. Lewis
Wendy Lindstrom
Connie M. Long

Frank J. Luksay
Ray Osif
Roy Rekus
Nicole A. Tomaschik
Bernadette M. Warman

Edward J. Webber
Debra L. Witherow

COMING EVENTS

YELLOWSTONE NATIONAL PARK GRAND TETONS NATIONAL PARK

VOLUNTEERS NEEDED

The Mid-Atlantic Regional Office of the APPALACHIAN TRAIL CONFERENCE, located in Boiling Springs, needs volunteers on weekends from May to September to greet thru-hikers stopping at the Office.

This would require only 4 to 8 hours or whatever time you can spare.

A planning meeting will be held at the A.T.C. office in Boiling Springs on April 20, 1995, at 7:00 P.M. For those wishing to attend, contact Clarence Fredlund, 564-1447, for further information.

It should be noted that volunteers at the Office are from many different hiking clubs, organizations and walks of life. Because many of our members are knowledgeable about the APPALACHIAN TRAIL in this area, they would be most helpful to the many long distant hikers passing through on the A.T.

This summer I will return to Yellowstone and The Tetons National Parks, and would like to invite those who are interested in exploring these two spectacular regions to join me.

The trip is scheduled between July 15th and 29th, with specific dates and details to be determined during the group meetings.

These areas make for exciting family vacations for non-hikers as well as providing some outstanding opportunities for unforgettable hiking and backpacking experiences. We will be visiting the towns of Jackson (Hole), Cody, and West Yellowstone. The camping at Yellowstone is excellent, as are the motel and lodge accommodations, which come in all price ranges.

If you are interested in the trip, call me at 737-2173. I will arrange a meeting of those interested shortly.

John Kohn.

If you are desirous of planning a vacation trip with other SATC members, feel free to use this column to advertise your trip.

It has been the policy of this club since it was founded in 1954 to take vacations together.

CODES FOR THE HIKES

- | | | |
|-----|------------------|--|
| A - | Easy | - Hikes up to six miles, with very little hill climbing.
[Excellent for beginners.] |
| B - | Fairly easy | - Hikes up to six miles, with some climbing. [Good for beginners.] |
| B+ | Moderate | - Hikes up to six miles, with more difficult climbs. |
| C - | Fairly moderate | - Hikes of 7 to 9 miles, with very little climbing. |
| C+ | Strenuous | - Hikes of 7 to 9 miles, with several significant climbs. |
| D - | Fairly strenuous | - Hikes of 10 to 12 miles, with very little climbing. |
| D+ | Very strenuous | - Hikes of 10 to 12 miles, with several significant climbs. |
| E - | Difficult | - Hikes of over 12 miles. |
| E+ | Very difficult | - Hikes of over 12 miles on very rugged terrain. |

In addition, the leader(s) should describe the pace and footing, where this is essential, such as: Easy with a moderate or fast pace; or, Easy with nature study stops; or, Good footpath; or, Rocky and rough; etc.

SMOKING GUIDELINES

The S.A.T.C. prefers that hikers refrain from the use of tobacco products during Club activities.

Smokers are responsible for damage to the forests.

Pack out all waste products, including butts.

DEADLINES FOR THE NEXT BUSHWACK BULLETIN

ARTICLES: APRIL 17, 1995

HIKE SCHEDULE: APRIL 24, 1995

SUSQUEHANNA APPALACHIAN TRAIL CLUB, INC.

LIST OF OFFICERS - 1994-1995

PRESIDENT: Thyra C. Sperry

VICE PRES: Jeffrey R. Buehler

SECRETARY: Kathryn H. Jones

TREASURER: Clarence V. Fredlund

DIRECTORS

1995 Perry Moreau

1995 Walter Natishyn

1996 Jane E. Greber

1996 Richard A. Martin

IMMEDIATE PAST PRES: Robert W. Keyes

COMMITTEE CHAIRPERSONS

AUDIT Ronald M. Leik

BUSHWACK BULLETIN Ralph H. Kinter

CONSERVATION Richard Martin

HIKE LEADERSHIP PROGRAM Susanne Stambaugh
Jeffrey R. Buehler

PUBLIC RELATIONS Ronald A. Baker

TRAIL MASTER Craig C. Dunn

WILDERNESS EMERGENCY Dr. Randolph Greber

DELEGATES TO AFFILIATED ORGANIZATIONS

APPALACHIAN TRAIL CONFERENCE, INC. Jeffrey R. Buehler
Craig C. Dunn
Kathryn H. Jones
Thyra C. Sperry

KEYSTONE TRAILS ASSOCIATION, INC. Clarence V. Fredlund

BUSHWACK BULLETIN

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